

Spirit

Serving Sun City Anthem Since 1999

AUGUST 2024

**We All Scream
For Ice Cream**

Photo by Phyll Perry



Stop by our office with any questions regarding your real estate needs. We are happy to help you!

We are your locally owned and operated neighborhood real estate office, serving our Sun City Anthem community since 2005.



2152 Idaho Falls

Lincoln model, 2096 sqft, 2-bd+Den, 2-ba \$634,900

Best Lincoln model on the market today! Pride of ownership shows inside & outside of this home! Attractive curb appeal with an inviting courtyard. Spacious and open side yard on a tranquil corner lot. 3 tubular skylights for added brightness inside. Numerous upgrades including newer upgraded Kitchen appliances, Quartz counter w/ lowered bar counter. Newer A/C and HVAC system.



2146 Sawtooth Mountain

Carolina model, 1712 sqft, 2-bd+Den, 2-ba \$499,000

New paint inside and out! Primary bedroom impresses w/ its spacious layout & ensuite, w/ dual sinks, a walk-in shower & walk-in closet. The heart of the home is the large great room that seamlessly flows into the open kitchen & dining area. The kitchen features black appliances, an island w/ seating, granite countertops, complemented by lower cabinets featuring pull-out drawers.

SOLD



2275 Cordaville Dr

Lovely Delaware model, 1496 sqft, 3-bd, 3-ba \$489,000

Move-in ready, immaculate home with casita, with new paint inside and out. Gated courtyard and covered porch leads into an open-concept great room illuminated by abundant natural light. Great room connects to an outside covered patio through a sliding door to the back yard with views of the mountains, offering a perfect blend of indoor & outdoor living. The kitchen w/ stainless appliances, natural maple cabinets w/ convenient pull-out drawers, granite countertops w/ counter seating.

Windermere Anthem Hills
12231 S. Eastern Ave, STE 150
Henderson, NV 89052
(702) 212-1900

See all of our featured listings:
WindermereAnthemHills.com

Di Wolfgram
Owner/Broker | Lic. #B.60651
702-596-8389

Chris Wolfgram
Broker/Salesperson | Lic. #BS.145157
702-802-8606





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SUN CITY ANTHEM Community Association

For full details on current hours of operation,
please visit the SCA website, SCA-HOA.org.

ANTHEM CENTER

2450 Hampton Road
Henderson, NV 89052
702-614-5800 phone
702-614-5813 fax
SCA-HOA.org
Hours: 6 a.m. to 9 p.m., 7 days a week

FITNESS CENTER

702-614-5885
Hours: 6 a.m. to 9 p.m., 7 days a week

INDEPENDENCE CENTER

702-614-5803
Hours: 6 a.m. to 9 p.m., 7 days a week

LIBERTY CENTER

2211 Somersworth Drive
Henderson, NV 89044
702-638-5780
Hours: 6 a.m. to 9 p.m., 7 days a week

Community Service/Assistance (CSC)

702-614-5862 • CSCHelp4U.org

Community Patrol

702-614-6751

Emergency Preparedness Service Group (EPSG)

SCAEPSPG.org

Neighborhood Watch

702-614-5819
NeighborhoodWatch@scacai.com

The Revere Golf Club

702-259-4653

Yorktown Grill

702-847-6290 • SCA-Yorktown.com



MEMBERSHIP SERVICES

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Supervisor

Debbie Green702-614-5816

Customer Service

Vianca Mertes

Customer Service

Ginger Lynes

Customer Service

Lisa Lynn Backus

Membership Desk located in Anthem Center and open
M-F, 8 a.m. to 5 p.m. and Saturdays, 9 a.m. to 1 p.m.

ANTHEM CENTER

Administration Offices Hours

Monday – Friday, 8 a.m. to 4 p.m.

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Lisa Nilsson

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James Arteaga

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Sherrill Middleton.....702-614-5860

Sherrill.Middleton@scacai.com

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A/R Specialist

Kate Leary702-614-5877

Kate.Leary@scacai.com

Realtors, general community inquiries

CondoCerts800-310-6552

Condocerts.com

Realtors and Financial Institutions:

*All requests for documents or information
needed for resale or refinancing are to be
directed to Kate Leary by phone or email.*

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The *Spirit* is a monthly publication of Sun City Anthem Community Association, Inc. (SCACAI). Its primary mission is to provide nonpolitical community information and news to SCACAI members and to build community awareness. Advertising does not influence editorial decisions or content. We reserve the right to refuse advertising for any reason or cause. Information, services, products and materials contained in the *Spirit* Magazine are provided on an "as is" basis with no warranty. SCACAI disclaims all representations and warranties, expressed or implied, with respect to such information, services, products and materials including, but not limited to, warranties of merchantability, fitness for a particular purpose, title, non-infringement and implied warranties arising from course of dealing or course of performance. In no event shall SCACAI be liable for any damages whatsoever whether in an action arising out of or in connection with the use, inability to use, or performance of the information, services, products and materials available from this publication.

Spirit

Serving Sun City Anthem Since 1999

AUGUST 2024

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Board Corner



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Living Life at SCA: What It Takes *The Budget Process*

The budget process will be well underway by the time this magazine arrives in your mailbox. The budget's purpose is to maintain Sun City Anthem's value and lifestyle. Preparing the annual budget is the Board's most important task. Under Nevada law, the budget has two major components: 1) an operating budget and 2) a reserve budget.

The operating budget is the estimated assessment required to fund SCA's day-to-day operations. The reserve budget is the annual contribution required to adequately fund the reserves. Adequately funded means that the projected cash flow over 30 years (annual contributions minus annual expenditures for replacement and repairs) indicates funds are always available when needed, i.e., the cash balance never drops below zero. The independently prepared reserve study, which includes the 30-year forecast, is the basis for the annual reserve contribution.

The SCA budget is complicated because it includes 12 operating and reserve budgets for six accounting groups comprised of the Main Association (7,144 homes), Pinnacle Village (227 homes) and four Villa Duplex neighborhoods totaling 162 homes.

In March, the Board adopted budget guidelines recommended by the Finance Committee. The guidelines include an inflation rate of 3.75%, an investment interest rate of 3.6%, and a 4.0% cost-of-living increase for employees. We plan to use four years of historical data to better forecast the revenue and expenses for a variety of services. Payroll and benefits accounted for 45% of last year's budget. The assessment SCA pays to Anthem Community Council to maintain the loop was 11% of our budget last year. Other expenses include utilities, landscape, insurance, and the subsidy for the restaurant.

Yorktown Grill has been operating for almost a full year. The subsidy in 2024 exceeded what was budgeted. The board is looking at every aspect of the restaurant operations to make sure the subsidy in the 2025 budget is realistic. We also want to determine what an acceptable subsidy is for residents to pay to help fund the restaurant.

We expect the 2025 budget will be adopted at our September 26, Board meeting. Before that, the Board and Finance Committee will hold workshops and meetings, so the community is informed and able to contribute to the process. A member budget ratification meeting will be held on November 21, 2024.

Pamela Williams, Director
Forrest Quinn, Treasurer

HENDERSON, NV

SUN CITY ANTHEM

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2724 Goldcreek St.
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JUST SOLD

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**LISTED 1805 Prichard Ave -
ANTHEM MODEL - \$959,000**

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BOD Meeting Summary/Upcoming Meetings

BOD Meeting Summary

June's Board Meeting was held on Thursday, June 27, at 1:30 p.m. in the Delaware Room, Anthem Center, via GoToMeeting Webinar, as well as in-person.

June 27, 2024 - Board Meeting Summary

- Approved the June 27, 2024, Board Meeting Agenda
- Approved the May 6, 2024, Organizational Meeting Minutes
- Approved the May 23, 2024, Board Meeting Minutes
- Accepted the Consent Calendar for Committees & Service Committees
- Approved Shawn Hicks as Chairperson of the Election Committee
- Approved the Communications Governance Committee Print Guidelines
- Approved Ben Rosen as a member of the Facilities & Landscape Committee
- Approved Neal Matzkin as a member of the Facilities & Landscape Committee
- Approved the amended charter for Community Lifestyle Committee
- Approved Clara Lau as a member of the Finance Committee
- Approved BAI 28-06-27-2024-01 VoIP Phone System
- Accepted the updated Canyon Crest Villa Reserve Study
- Accepted the updated Clubhouse Villa Reserve Study
- Accepted the updated Mesa Villa Reserve Study
- Accepted the updated Mountain View Villa Reserve Study
- Approved Notice of Fee Change for Clarkson, McAlonis & O'Connor
- Approved the Engagement letter for Michael Schulman, Esq. as additional legal counsel
- Approved the updated Board Policy Manual
- Approved the updated Committee & Club Policy Manual (CCPM) reserve Assessment for the 3rd and 4th Quarter of 2024

For more Board meeting information please visit the SCA website at SCA-HOA.org.

MEETING SCHEDULE

August through November 2024

*In accordance with NRS116.31083, notice of a meeting of the Board of Directors shall be given to the Association members no less than ten (10) days prior to the meeting. Dates are listed below for upcoming Board meetings. Meeting notices will also be sent electronically to owners who have authorized the Association to communicate with them by electronic means. Please check the website and make sure you are registered for the **Community Chronicles eBlasts** to receive updates. Meeting agendas and virtual meeting log-in information will be made available to Association members five (5) days prior to the meeting via the **SCA-HOA.org** website, on the bulletin board in the Anthem Center at 2450 Hampton Rd., Henderson, NV 89052, or by contacting the management office.*

Tuesday, August 20, 2024 – Executive Session

9 a.m., Penn Room

Thursday, August 22, 2024 – Open Session

5:30 p.m., Freedom Hall

Tuesday, September 24, 2024 – Executive Session

9 a.m., Arlington Room

Thursday, September 26, 2024 – Open Session

1:30 p.m., Freedom Hall

Tuesday, October 22, 2024 – Executive Session

9 a.m., Penn Room

Thursday, October 24, 2024 – Open Session

1:30 p.m., Freedom Hall

Tuesday, November 19, 2024 – Executive Session

9 a.m., Penn Room

Thursday, November 21, 2024 – Open Session

1:30 p.m., Freedom Hall

Thursday, November 21, 2024 - Budget Ratification

5:30 p.m., Freedom Hall

Management will keep you informed via the website, eBlasts, and possibly mailers, if needed. Please contact staff should you have any questions.



Coffee
WITH THE
Board

Join SCA Board for coffee & conversation.

Friday, August 23
8:30 a.m. to 10 a.m.

Independence Center
Morris & Nelson Room

All owners are encouraged to attend the Board meetings. GoToMeeting information will be available for members who cannot attend in-person. The log-in information will be printed at the top of the meeting agendas and can be found in the **Community Chronicles eBlast** the Monday before the Board meeting.

All Board of Directors meetings are recorded. Unit owners can request a copy of the audio recording. They can also request a copy of the meeting minutes or summary of the meeting. Electronic copies will be sent at no charge. Alternatively, a printed version will be available at a cost not to exceed 25 cents per page for the first 10 pages, and 10 cents per page thereafter.

Unit owners have a right to speak to the Board during the BOD meeting unless the Board is meeting in Executive Session. There are two comment periods set aside for homeowners to speak: one at the end of the first section of the agenda regarding agenda items only, and the other at the end of the meeting for general comments.



If you're buying or selling in the Las Vegas and Henderson markets --
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I consider working with Sellers as being part of a team and now more than ever, you need a trusted advisor who knows how to get your property sold. From getting the property ready for market, to negotiating an offer, and then keeping everything and everyone on track for the Closing -- these are just some of the reasons you absolutely need an experienced agent. I have been helping Buyers and Sellers in Las Vegas for the past 21 years -- call me today and let me help you next!

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Interim Chief Operating Officer Report



Hello residents!

Happy summer!

I want to recognize all the SCA clubs and our Activities Department. It is so great to see the many clubs we have. There are so many active clubs that one can jump into anything that you have an interest in. Please take a look at all the club options and get involved, it's also a great place to meet new friends!

The Activities Department is busier than ever before. More shows, more variety, more entertainment! With all the entertainment choices, what a fantastic opportunity to enjoy some of the best entertainment in the Valley! We are so proud of the Freedom Hall Theater and for everyone to enjoy. Come check it out if you haven't yet had a chance to be entertained.

Big shout out to the club leaders and the Activities Department. Thank you for keeping it fun!

Projects completed:

- Anthem locker room tile
- Anthem indoor pool filter
- Anthem billiard tables recovered

The biggest question I receive is what is happening with the waterfall?

The waterfall has a broken pipe or pipes, so it is unable to operate. To find the broken pipe we must excavate and dig to find the leak. The delay is before you can dig you must shore up the walls to dig.

There is a risk of collapse and to ensure that does not happen we have been looking specifically for a company that provides this service of securing the walls while we dig. This service is specific and has very few operators in this field. Once we determine the leak, we will be able to move forward and correct the issue. I realize it has been down and has been down a while, but we are making all efforts to bring our beautiful waterfall back.

We continue to strive to "be the best." My team is here to assist you and looks forward to making your experience the BEST every day! Stay cool this summer and let us know if we can help.

James McNamara, *Interim Chief Operating Officer*

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 702-354-3479
 jim@jamesmarrs.com
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Laura Au-Yeung
 Realtor, ABR[®] SRES[®]
 702-885-4904
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 Lic. # S.0173299

OUR CURRENT LISTINGS.....

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2205 Stony Prairie 1160 Sq. Ft.
 9148 Sq. Ft. elevated back yard with no neighbors in the back. Immaculate property in cul-de-sac, with new HVAC, New washer and dryer, new kitchen appliances, and new security system. A very unique property that is move-in ready. **\$459,900**



2217 Merrimack Valley 1610 Sq. Ft.
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Committee Reports

ARCHITECTURAL REVIEW

Bill Williams, Subcommittee Chair

ARC-Committee@scacai.com

Plan review: second and fourth Thursdays, 9 to 10:30 a.m.

Emerson/Franklin Rooms, **no in-person attendance**

Please remember all exterior modifications, upgrades and improvements require written ARC approval prior to starting any project.

We strongly encourage homeowners to review the Design Guidelines and the Rules and Regulations before submitting a request to modify their residence. You should get approval for your project before entering into a contract and placing a deposit with a contractor.

How to submit your request

To make ARC approval as painless as possible and in lieu of homeowners attending the ARC meetings, residents can email their applications and plans to ARC-Committee@scacai.com, or send them by UPS or mail, or drop them off at one of the lockboxes located outside of all our centers. To facilitate the processing of your project, we now only require one copy of your submittal; once received, it will be reviewed at the next scheduled meeting and the results will be mailed/emailed back to the homeowner.

If you are submitting plans for review, **please sign and date the site plan** and be available by phone during the plan review time as listed above. If you will not be available at the listed phone number, it is very important that you submit a phone number where you may be reached during this time period. Be aware that the ARC member may be calling you from an area code other than 702, so you should answer all incoming calls during the plan review period. If you cannot be reached by phone, they will reject your project or return your submitted paperwork by mail or email with a request for further information and your project will not be revisited until the next scheduled meeting.

An ARC member will perform a final site check approximately 90 days after approval of your project to verify adherence to the approved plans.

As always you can email us at the above address or contact the Community Standards Department with any questions or concerns.

The Community Standards staff and volunteers look forward to continuing assisting the members of SCA in maintaining the aesthetics of our community.

COMMUNICATIONS

Joan Roth, Chair

Communications.Committee@scacai.com

Next meeting Wednesday, August 14, 9:30 a.m., Concord Room

This committee's mission is to enhance residents' knowledge of all aspects of Sun City Anthem life, encourage participation in community activities, improve the two-way flow of information between members and management, and foster a sense of belonging to the community.

The committee has three sub-committees:

1. Print and Social Media – tasked with assisting with proposed changes to the *Spirit* and *Relay* and to assist with layout and article reviews for these publications. Additionally, the committee will assist with reviewing and editing policy and procedure documents as warranted.
2. Video/Multi-Media – tasked to assist with producing short SCA news features and longer production quality news programs as well as instructional, educational and informational videos and helping to develop informative social media activities.
3. Website – Tasked with working on improving content on the current SCA website and contributing to the format and feature requirements of a new SCA website. Once completed, the sub-committee will monitor the new website and evaluate its functionality and usability for SCA residents.

The committee will optimize the use of volunteer resources by establishing a continuing task force of SCA volunteers, as part of the committee, to work on ad-hoc projects and assist with ongoing projects as needed. We welcome your input.

COMMUNITY LIFESTYLE

Carol Mehrhoff, Chair

Lifestyle.Committee@scacai.com

Next Meeting Friday, August 9, at 9:30 a.m., Arlington Room

The Community Lifestyle Committee (CLC) thanks club members for all you do to help make this a great community to live in. As you know, the CLC monitors and supports the many chartered clubs and assists with the formation of new clubs. The CLC advises clubs on membership policies, procedures, rules, guidelines, and the use of Association facilities.

Meetings and Workshops. The CLC typically meets on the second Friday of the month, where the committee may discuss and vote on club requests, club public events, or other relevant issues. The CLC also schedules workshops to help club leaders understand their roles and responsibilities, and to discuss issues of concern to



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Committee Reports

the clubs. Notices of CLC meetings are made via the weekly SCA e-blasts and may be contained in this monthly article. Learn more about what the CLC does by attending our monthly sessions.

CLC Club Liaisons. When a club's leadership has questions about the club's activities or special events, has financial issues or complaints, or has any other issue of concern to your members, your club liaison should be your first contact. The CLC homepage on the SCA website lists the committee's liaison for each club and provides contact information.

Documentation. The Committees and Clubs Policy Manual (CCPM) and Charters for all SCA Clubs can be found on the SCA website (sca-hoa.org). Navigate to **Governance** and click on Governing Documents. A revision of the CCPM has been approved and will be effective starting September 1.

Clubs are the *lifeblood of our community*. With your help, the CLC will continue to work diligently to serve our wonderful community and help maintain and improve our vibrant lifestyle. Send us an email at Lifestyle.Committee@scacai.com or attend our monthly meeting to learn more about the CLC or if you have questions or suggestions about clubs. We welcome your input and interest!

COVENANTS

The Board of Directors, as required in Article 5.2 of the Bylaws, established a Deed Restriction Enforcement Committee. At Sun City Anthem, this committee is called Covenants.

The Covenants Committee is the hearing tribunal of the Association and conducts hearings pursuant to Section 3.26 of the Bylaws and Article 7.4 of the Declaration of Covenants, Conditions and Restrictions.

Hearings are normally scheduled once a month. Should you have any questions, please contact **Compliance@SCACAI.com**. A hearing is scheduled when a case cannot be resolved during the enforcement process.



The Covenants Committee hearing tribunal reviews the information regarding an alleged violation and determines whether a violation of the standards set forth in the Governing Documents occurred. This committee is responsible for imposing fines and/or sanctions. Following a hearing before the Covenants Committee, the alleged violator has the right to appeal the decision to the Board. Covenants meetings are not open to residents unless invited.

ELECTION

Shawn Hicks, Chair

shawnhicks@att.net

Next meeting: On hiatus until September

Electronic voting is coming. Over the next several months the Election Committee and SCA staff will work on procedures to implement electronic voting. You will soon be asked to designate your email address for electronic voting.

FACILITIES AND LANDSCAPE

Kathleen Mundy, Chair

mundykathleen1@gmail.com

Next meeting Tuesday, August 6, 10 a.m., Arlington Room

Frank Kolman Tennis and Sports Services LLC has completed their inspection of all tennis, pickleball, and paddle tennis courts for condition, needed repairs, and a maintenance schedule for future years. Their report will be presented in August. The report will focus on the immediate repairs needed and future methods to extend the life of the courts in the most cost-effective manner.

The Villa turf removal project continues. Canyon Crest has had their pine and other diseased trees removed. Clubhouse has had its trees identified for removal.

Some residents have reported that non-residents not authorized to do so are using our sports courts. We would like to continue to remind all to call the Henderson Police Department whenever you see anyone trespassing after hours. The association cannot cite or sanction non-members. The association will continue to research "member access only" methods as we learn Global Northstar's potential compatibility with such devices.

The Facilities and Landscaping Committee is recruiting new members to its committee. We are looking for members with landscaping experience or a strong interest in the area. We also welcome others with ideas in keeping Sun City Anthem one of the premier 55+ communities in the nation. If interested, please fill out a volunteer application at SCA-HOA.org.

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Committee Reports

FINANCE

David Levey, Chair

Finance.Committee@SCACAI.com

Next meeting: Wednesday, August 14, at 9 a.m., Arlington Room, Anthem Center

The Finance Committee is pleased to have unanimously approved the application for committee membership of Clara Lau. Clara has master's degrees in economics and business administration and a significant amount of finance and budget experience at the top management level. Clara also has direct restaurant management experience. Our recommendation for her appointment to the Finance Committee was provided to the Board for their approval.

The 2025 budget process is underway and the initial meeting of the Finance Committee, Board Treasurer Forrest Quinn and the Administration team took place on June 14. Based on the meeting, the Administration team will provide additional details and more analysis of certain income and expense items for the next budget meeting.

Because the Villa turf and tree removal project costs will be significantly less than originally expected, the Board requested and received updated Villa Reserve Studies. In addition to the reduced

project costs, the updated studies reflect the postponement of the Villa stucco repairs and painting until 2026, a deferral of one year.

SCA's 2023 income tax return has not been completed yet but is expected to be completed by the end of August. Due to the change in CPA firms, Frazier & Deeter is conducting a thorough analysis of our income and expenses to ensure that we do not pay any more tax than we are legally required to pay.

Our monthly meetings are open to the public, where a current SCA financial update is presented by Management before its submission to the Board. Residents are encouraged to attend these meetings to better understand the financial operations of the community. This is also the best time and place to ask detailed questions about SCA's financial activities.

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Infrastructure Investments Keep Southern Nevada's Drinking Water Flowing

Whether you live in the northwest Las Vegas Valley or Henderson, the Las Vegas Valley Water District (LVVWD) and the Southern Nevada Water Authority (SNWA) are planning and building infrastructure facilities to continue providing safe, reliable service to meet the community's water needs for decades to come.

New reservoirs in the Northwest

Construction on several new reservoir and pumping station projects is currently underway by the LVVWD, including the Rome Reservoir and Pumping Station in the northwest valley.

Located near West Deer Springs Way and Conquistador Street, the Rome Reservoir—with the capacity to store up to 10 million gallons of drinking water—will bolster service reliability for residents and businesses while providing critical redundancy to reduce the risk of largescale interruptions in water service.

The LVVWD is also working to complete the 5-million-gallon Centennial Reservoir near Centennial Parkway and Fort Apache Road and the 10-million-gallon Cougar Reservoir near Blue Diamond Road and Hualapai Way. These facilities will further enhance our community's storage and pumping needs.

Bolstering reliability in Henderson

In the south valley, the Southern Nevada Water Authority (SNWA) is developing plans for the Horizon Lateral Program, which will boost system reliability by adding a dual feed for the area and protecting water delivery for nearly a million existing customers.

The Horizon Lateral will help maintain reliable water deliveries if major repairs are needed on the existing South Valley Lateral—which delivers roughly 40 percent of Southern Nevada's drinking water—or if a system outage occurs. Both pipelines will work together to ensure our water system remains one of the most dependable in the nation.

The program's primary component is approximately 30 miles of large pipe up to 10 feet in diameter. Additional components include improvements to existing infrastructure and a phased approach to the construction of new transmission facilities.

The SNWA is exploring two potential pipeline routes—a preferred “south alignment” through mostly undeveloped areas, including tunneling under a portion of the Sloan Canyon National Conservation Area, and a “north alignment” through developed portions of Henderson.

No matter where you live in Southern Nevada, these and many other investments in capital improvements will help ensure safe and dependable drinking water is constantly flowing whenever you turn on the tap.

Your investment. Your water. Use it responsibly.

For more information, visit lvvwd.com and snwa.com.

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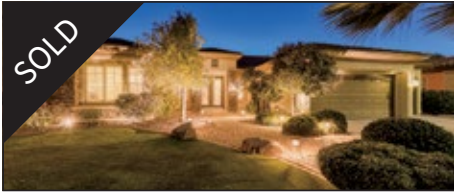
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Community Standards



Because You Asked...

The Community Standards Department has received various reports of noise pollution from different sources. This article is a friendly reminder about certain requirements and how to avoid potential friction with neighbors in our shared living environment.

HVAC System

If you have an older air conditioning unit and can hear it in your home, your neighbors can probably hear it from inside or the back patio. In general, if your air conditioner is abnormally loud, it is probably a good idea to check it out for repairs or look for options for blocking the noise. One of the easiest solutions for reducing noise is to install a sound blanket around the compressor to function as an air conditioner noise barrier. A universal sound blanket is a cost-effective solution, and it only takes a few minutes to install, but you will be able to notice the noise reduction immediately. A sound blanket can aid the overall functioning of your air conditioner. The blanket will help with air circulation, keeping the air conditioner from overheating. In some cases, the reason for the noise can be an uneven surface (air conditioner condenser pad) or a loose leaf-guard screen cover.

Pool Equipment

Pool pumps are tasked with circulating thousands of gallons of water through your pool system, which inevitably generates noise ranging from 60 to 80 decibels, comparable to a vacuum

cleaner or a loud conversation. Some older or poorly maintained pumps can reach even higher decibel levels, making them a significant source of noise pollution. The Design Guidelines require all equipment to be thoroughly screened from the street and neighbor's view. All screening walls must be at least five feet tall and extend three feet beyond the equipment. Another way to limit noise is to ensure the base is not moving or vibrating when the pool pump is operating. If the vibrations continue, have your pool maintenance crew check the bolts or insert a piece of rubber pad under the pool pump motor.



We will continue with other sources of noise pollution, like construction, landscape maintenance, and barking dogs, in our next Spirit article in September.

It is important to remember that every action we take has an impact on our neighbors.

~ A Good Neighborhood, Anne Fowler

Desi Rafailova, Community Standards Manager

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Are you one of the brave residents who stays here through the hot, hot summer? I actually did a pretty poor job of planning my trips this year because they all seemed to occur during our cool weather. I will be one of the many who jump from air conditioner to air conditioner, wondering why some people love to lay in the sun.

Fortunately, there is still plenty to do during the summer whether you enjoy one of our 50-plus clubs or volunteer for one of our committees. I even know folks who do volunteer work from their summer homes in northern states! Our governing and service committees do not stop because it is summertime.

It truly takes a village to keep SCA the premier development it is today. Every committee is comprised of resident volunteers and a good number of us travel at any given time. Traveling should not stop you from considering a volunteer position – or two!

All the service committees need additional help, and you can belong to as many as you want. Three of our governing committees: Covenants, Facilities & Landscape, and Finance are looking for applicants now.

I can personally guarantee that all our service committees would welcome your interest and figure out how best you can mutually support SCA. You can find contact information for each of our service committees in this magazine or on the SCA website. Reach out to them or me.

Volunteer applications for committees can be completed online. Application packets are also available in the membership office of the Anthem Center. Completed applications should be deposited in the Volunteer Coordinator mailbox at the entrance to the Anthem Fitness Center or emailed to volunteer@scacai.com.

As an alternative, I am happy to email you an application that you can complete and then email back to me or drop it in the Volunteer Coordinator mailbox. You can also send me an email to discuss any of the volunteer opportunities. I would be thrilled to help you decide what works best for you.

Pat Prevosto, Volunteer Coordinator
Volunteer@scacai.com

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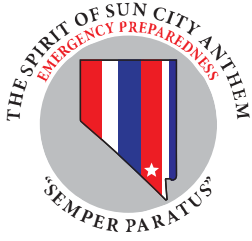
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Emergency Preparedness (EPSG)

Individual Preparation – Who’s at the Ready?



The March 2024 power outage affecting many Sun City Anthem villages initiated some discussion regarding who would help us and what considerations could be made should a similar event occur. With the threat of heat emergencies, power disruptions from cyberattacks, or rolling

brownouts from high demand, outside assistance may not be as immediate as you might expect. **Ultimately, it is individual preparation that will give us the best chances of survival.**

To receive federal and state assistance after a disaster, states must go through a Declaration of Emergency process. This is not an immediate process, and any federal response would potentially take at least 72 hours to arrive. State of Nevada and Clark County resources could also take 24 to 72 hours to fully mobilize and be deployed. It is worth reiterating that neither federal nor state agencies keep stockpiles of civilian emergency supplies in Las



Vegas. Additionally, any resources or supplies transported in would be subject to accessibility of roads, railways, and airports as well as available facilities to receive them. It must also be anticipated that any event of such magnitude requiring state or federal assistance, Henderson resources would be overwhelmed and not available to immediately aid Sun City Anthem residents. Conversely, as was seen during the last power outage, thresholds for the City of Henderson or Red Cross resource activation and mobilization may not be met.

While this may change in the future, SCA currently does not maintain emergency food or water supplies, and facilities are not configured to receive influxes of residents during a power outage or disaster. Furthermore, Anthem and Independence Centers emergency generators have limited capacity to meet resident needs in the event of an emergency. All this means that SCA residents should have plans to be on their own and whether you have power-dependent medical devices, **individual preparation is key to emergency preparedness.**

Previous articles have discussed what can you do to be individually prepared and what to plan for in a power outage, but here are some additional actions to consider:

1. Sign up for NV Energy Green Cross Program. This program will provide advance notice of planned outages. While it does NOT allow for prioritization in power restoration, data from the program is provided to the City of Henderson 911 dispatchers, which allows their computer-assisted-dispatch system to automatically prioritize service calls based on medical condition. Note: Obtaining Green Cross application forms from NV Energy may be difficult, so application forms can be downloaded from the EPSG website home page at scaepsg.org.
2. Report power outages to NV Energy at 702-402-2900. The recent power outage was underreported, and NV Energy was unaware of the extent of the SCA outage.
2. Make provisions for backup power such as an Uninterrupted Power Supply (UPS) or generator. This will all depend on the power requirements your device needs, the duration of use, and how frequently you use it.

Community resilience succeeds when the community prepares.

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Community Service <

Services Provided by Sun City Anthem Volunteer Residents for Sun City Anthem Residents.

The mission of the Community Service Committee (CSC) is to provide limited home maintenance, delivery of durable medical equipment for short-term loan, transportation services, external resources contact information, and support groups to assist residents to maintain their independence and to live in their own homes for as long as possible.



CSCHelp4U.org
702-614-5862

Weekdays 9 a.m. to 4 p.m.,
closed weekends and holidays

How Can We Help You?

Residents can request CSC's services by using our website, CSCHelp4U.org, seven days a week, or by calling our Assistance Line, **(702) 614-5862**. Clearly state your telephone number when leaving messages on CSC's Assistance Line and ensure availability for CSC to leave messages on your answering machine. As a reminder, your SCA Activity Card number will be needed to request services.

- Our **Medical Equipment** team maintains and delivers durable medical equipment for short-term loan including canes, crutches, wheelchairs, walkers, shower chairs, and more.
- The **Home Maintenance** team performs certain tasks that residents may not be able to safely do themselves, such as replacing batteries in smoke detectors and carbon monoxide alarms, light bulbs, house address bulbs, HVAC filters, adding salt to water softeners, and lubricating garage doors.
- CSC's **Transportation** team provides, with certain parameters, rides locally to healthcare appointments, pharmacies, grocery stores, and all SCA community centers.
- **Support Groups** provide residents and their families and friends with a forum to share individual experiences, concerns, challenges, and successes. Check the SCA weekly **Community Chronicles** eBlast for dates, times, and locations.
- Our **Communications** team maintains the Assistance Line and connects residents and their requests with the appropriate service and/or support groups.
- **Resources** maintains a list of a variety of fee-based service vendors and their contact information. CSC does not recommend or endorse any business, person, or service.
- The **Public Relations** role focuses on informing you of CSC's activities through SCA's weekly **Community Chronicles**, monthly **Spirit**, and via collateral materials, such as brochures, pamphlets, and fliers.

Donations

All services provided by the Community Service Committee are free of charge. Donations are greatly appreciated and benefit CSC directly so that volunteers can continue to provide services and sponsor support groups. Please make checks payable to "Sun City Anthem Community Association, Inc." On the "Memo" line write "CSC" and deposit them into the CSC mailbox at the Anthem Fitness Center or mail them to: **SCA Community Service Committee, 2450 Hampton Road, Henderson, NV 89052.**

Support Groups

Friends of Bill W.

Mondays, 6:30 to 8 p.m.
Saturdays, 9 to 10 a.m.
Greene Room, Anthem Center

Bereavement Support

First and third Monday, 5 to 6:30 p.m.
Arlington Room, Anthem Center

Caregivers Support

First Wednesday, 10 a.m. to noon
Greene Room, Anthem Center

For more information about these and other support groups in SCA, go to CSCHelp4U.org.

Reminders

- Call or go online to schedule a mutually agreed day and time window for CSC to change your disposable air filters.
- CSC's trifold brochure lists those Home Maintenance services that the team will provide. Any services outside of the stated list should be directed to our Resources team.
- CSC's trifold brochure lists its services. Copies of the brochure can be viewed in the weekly Community Chronicles and on CSC's webpage, as well as available in the SCA community centers.

Volunteers

Volunteering with CSC allows you to help your neighbors throughout our community. Volunteers are always needed because you can make a difference. There are many positions to suit your skills. Visit CSC's website.

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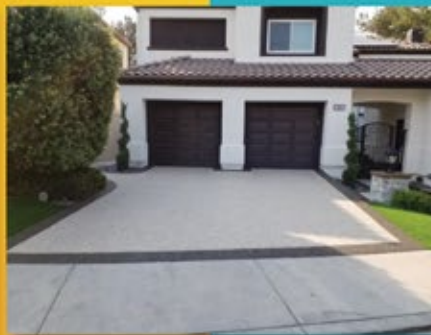
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Community Patrol

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SCACP702-614-6751

Chief Chat



Chief Gene Freeze

Community Patrol Needs Volunteers

You hear that all the time, but you may wonder: “What it is the volunteers do?” I’m glad you asked. This month we’ll cover the first three types of tasks we have available. Next month we’ll cover the other two.

Drivers: You may have seen our cars go by your house on patrol. We try to have drivers out 24 hours a day, seven days a week. So if you’re an early bird or night owl we have a shift for you. Some like to drive alone, and others do it in teams where one drives and the other is the observer. We ask our drivers to volunteer at least four hours a week, either as one four-hour shift or two two-hour shifts. Of course, if you want to drive more, that’s great!

Dispatchers: The dispatchers are the heart of the operation and the face of the Patrol to anyone who comes to our office. They answer the phone when you call Patrol, take in new house check requests, organize the house checkbooks, file the various logs, and keep the office organized. Dispatchers are on duty from 8 a.m. to 4 p.m. seven days a week. The first shift is from 8 a.m. to noon, second shift is from noon to 4 p.m. We ask our dispatchers to volunteer at least four hours a week.



Walkers and bikers: You may have also seen people walking or biking past your house with Community Patrol vests on. Our walkers and bikers are people who like to get exercise while also keeping an eye on things around their neighborhood. If you regularly walk or bike, why not get credit for those volunteer hours? We ask our walkers and bikers to patrol their neighborhoods a minimum of four hours total per week. That could be eight half-hour walks, four one-hour bike rides, or anything that adds up to at least four hours a week.

Gene Freeze, *Chief, SCA Community Patrol*

Member of the Month



Logan Alexander

Our Member of the Month is Logan Alexander. Born and raised in Honolulu, Logan is the youngest of three children. After graduating from the University of Hawaii, she worked as a civil litigation paralegal and then as a bankruptcy paralegal until retirement in 2016.

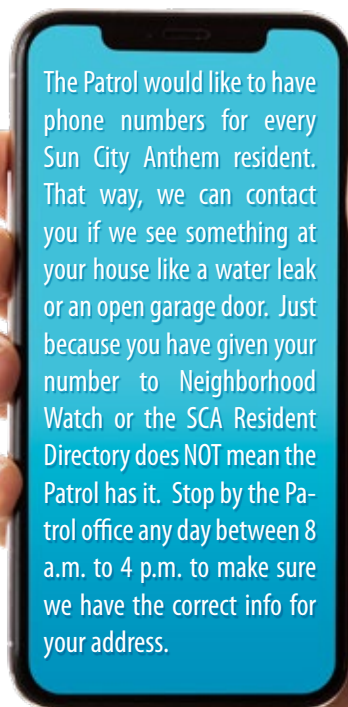
In 2017, Logan and her husband, Elliott, moved to SCA. Logan has embraced retirement from day one, never looking back. Living in SCA is the frosting on the cake.

Logan and Elliott are foodies and enjoy scouting out new restaurants and old faves. She also loves exercising, socializing with friends, reading, some travel, and dogs (not necessarily in that order).

Logan has been part of the Patrol “Friday crew,” as a dispatcher, since 2019. The feeling of giving back to our community is significant to her.

Please Give Us

Your Number!



The Patrol would like to have phone numbers for every Sun City Anthem resident. That way, we can contact you if we see something at your house like a water leak or an open garage door. Just because you have given your number to Neighborhood Watch or the SCA Resident Directory does NOT mean the Patrol has it. Stop by the Patrol office any day between 8 a.m. to 4 p.m. to make sure we have the correct info for your address.

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Neighborhood Watch

SCA NEIGHBORHOOD WATCH SERVICE COMMITTEE (NWSC)



NEIGHBORHOOD WATCH WE LOOK OUT FOR EACH OTHER™

Help with Aging in Place

As we get older, we all want to stay independent as long as possible. There are several services that can help us stay healthy and happy in our own homes. Family members and friends may be able to help with some personal and household tasks. But you might want to hire professionals to assist with others. The ideas and resources below can help you find the services you need.

Home Health Care

Home health care services may be available to help with many aspects of health care such as medications, wound care, medical equipment, and physical therapy. The provider may come for a few hours each day or stay twenty-four hours a day, seven days a week.

Home health care services may include in-home nursing care to help a person recover from surgery, an accident, or an illness. If the person just left the hospital and still needs nursing care at home for a brief time, the hospital can help arrange for a home health aide. In-home health services can also help manage long-lasting (chronic) conditions such as diabetes, for example, by testing a person's blood sugar or giving insulin through a pump.

What to know about costs:

- Home health services charge by the hour.
- Medicare has limited coverage of home health service costs. The services must be short-term and provided by agencies certified by Medicare.
- Medicaid also provides coverage for home health service costs, but these benefits vary by state.
- Most private health insurance plans do not cover these costs.
- You must pay all costs not covered by Medicare, Medicaid, or private insurance.

To find a home health care service, ask your doctor or other health care professional about good options in your area. You can also ask friends or neighbors for referrals.

Help with Everyday Activities

Do you need help with chores, such as grocery shopping, or laundry? Some grocery and drug stores will take orders over the phone or online and deliver the items to your home. Laundry and dry-cleaning services that pick up and deliver clothes are another option.

You may also need help with personal care. This includes everyday activities such as bathing, dressing, grooming, etc. To provide support for personal care, a relative, friend, or trained aide could help for a brief time each day.

Some people who live alone simply need someone to check on them. You can ask family, neighbors, or nearby friends to drop by regularly to make sure you have everything you need.

Some organizations have volunteers who regularly pay short visits (less than two hours) to your home. The volunteer can provide support, assistance, and companionship.

What to know about costs:

- Volunteer services are available at no cost. You can also get this type of service from home health agencies for a fee.
- Medicare, Medicaid, and private health insurance generally do not cover these services. Some long-term care insurance plans help pay for companion visits.

Nearby senior centers can help connect you with volunteers near you.

Randy Buck, NWP Board Member

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Friday Forum: Go Solar & Save

Hosted By: Jim the Solar Guy
Friday, September 6, 9 a.m.
Delaware Room, Anthem Center Free Admission, Registration Encouraged



Facts & Snacks: Genealogy 101

Hosted By: The Clark County Nevada Genealogical Society
Friday, September 20, 11 a.m.
Delaware Room, Anthem Center
Free Admission, Registration Encouraged



Thursday Talks: Q & A with West Henderson Hospital CEO Chris Loftus

Hosted By: West Henderson Hospital
Thursday, September 19, 2 p.m.
Delaware Room, Anthem Center
Free Admission, Registration Encouraged



Q & A session with Chris Loftus, CEO, West Henderson Hospital. Learn about our new hospital facility and services. West Henderson Hospital is located at 1155 Raiders Way and is currently under construction. They are scheduled to open in late 2024.

“The \$385 million, 40-acre medical campus will initially feature a 36-bay emergency department, surgical suites including heart and hybrid suites, endoscopy suites, cardiac catheterization labs, an electrophysiology lab to treat heart rhythm disorders, an interventional radiology/special procedures lab to treat neurological diagnoses, and inpatient nursing care units.”

Genealogy is one of the most popular hobbies for senior citizens. Genealogy is the process of hunting down records to confirm and fill out your family tree. Before the internet, such research meant scanning microfiche at the library and scouring paper records in your county records office. Now, with the internet, most of these records and archives have been digitized and are searchable.

If you're interested in completing a family tree and passing on the family stories and traditions on to your children and grandchildren, join us for an introduction to genealogy research. You will learn about free research tools and the different organizations in the Las Vegas Valley that offer free classes and expert guidance.

COMING SOON

October 2: SCA Variety Show starring Mark OToole, Wednesday at 3 p.m.
On sale September 19

October 5: Parking Lot Sale, Saturday from 8 a.m. to 12 p.m.
Tables go on sale August 8

October 5: Tribute to Celine ... starring Elisa Furr, Saturday at 7 p.m.
On sale August 8

October 14: Comedy Tonight, Monday at 7 p.m. • On sale August 15

October 16: SCA Variety Show starring Mark OToole, Wednesday at 3 p.m.
On sale September 19

October 18: Giada Valenti... Songs from the Movies, Friday at 7 p.m.
On sale August 22

October 20: Doobie Brothers Tribute, Sunday at 3 p.m. • On sale August 22

October 21: The Rendezvous... These Guys, Monday at 7 p.m. • On sale August 29

Events

Concert on the Lawn – Fairchild Blues Tribute...

A Tribute to the Blues Brothers

Friday, August 23, 8 p.m.

Anthem Center North Lawn

Free for SCA Residents.

Bring your own chairs and blankets



With over 32 years of experience in the entertainment business, FAIRCHILD BLUES TRIBUTE has entertained political leaders, celebrities, the US Military, major corporations and general audiences of every age and nationality around the world. When these two men step on stage together, their combined combustion of energy creates a show that sets them apart from any other tribute to THE BLUES BROTHERS! Combining a good mix of raw comic talent and great music, FAIRCHILD BLUES TRIBUTE breathes new life into "The Blues" by creating a hip, fun and cutting-edge party atmosphere. It's an experience that will send audiences young and old into a frenzy!

Fall Arts & Crafts Fair

Saturday, September 21, 9 a.m. to 1 p.m.

Anthem Center Ballroom & Foyer

Free to Attend



Decorate your home in colorful fall décor, delight yourself with something unique or surprise family and friends with an intriguing gift for the holidays!

Browse the displays of resident artisans, clubs of Sun City Anthem, and local craftspeople who work year-round designing and creating their exceptional items.

This is a free event for everyone so invite your friends and neighbors, from Anthem and beyond to attend.

If you would like to be a vendor, then please contact the Activities Department for more information.

Registration forms (if applicable) and ticket purchasing links for all events are on the SCA Shows, Activities, and Special Events page, linked from the Welcome page of SCA-HOA.org. You may call **702-614-5822**, or come into the Activities Office, located across from the Fitness Center in Anthem Center, with cash, check, or credit/debit card. Tickets go on sale eight weeks before the show date and are released on Thursdays at 8 a.m. for both online and in-office purchases. Refunds are given two weeks prior to a show, unless otherwise noted. No refunds are given after that time. Freedom Hall is in Independence Center at 2460 Hampton Road. For additional information, call **702-614-5822**.



Shows

Sun City Anthem Presents...

Sun City Anthem Variety Show starring Mark OToole

Wednesday, August 7, 3 p.m.

Wednesday, August 21, 3 p.m.

Freedom Hall Theatre, Independence Center • Tickets: \$15



The Sun City Variety Show starring Mark OToole continues in Freedom Hall Theatre on the first and third Wednesday of each month at 3 p.m. This is a live afternoon show, with your MC Mark bringing top local and Las Vegas Strip performers to showcase their talents, ranging from singing to comedy, and well, you name it! Mark's career has spanned 30 years headlining on the Strip, and he attributes success to his appearances on Star Search in 1994. He has performed at some prestigious locations including the Smith Center.

Mistinguett Productions Presents...

Dennis Blair's...POP GOES THE 70's!

Friday, August 9, 7 p.m.

Freedom Hall Theatre, Independence Center • Tickets: \$30



Hey, you dudes and foxes, get off your Naugahyde love seat, step into your AMC Pacer and pop a mixtape of your favorite songs into the player as we head on back to the good times with Dennis Blair's next in the Singer Songwriter Series, Pop Goes the '70's. Featuring some of the greatest pop hits of Carly

Simon, Donna Summer, the Village People, Elton John, Billy Joel, Linda Ronstadt and many more! With songs that we all love like Crocodile Rock, You're So Vain, Blue Bayou, Last Dance, YMCA, American Pie, I Will Survive and a host of others. If you enjoyed Blair's other sold out tribute shows, you will love this one as well. Starring some out-of-sight singers backed by a slammin' band (and special guests), you won't want to miss this blast from the past. We're letting' it all hang out, so come join us. Can you dig it?

Sun City Anthem Presents...

Janien Valentine...The Music of Broadway Hits & Silver Screen Flicks

Saturday, August 17, 7 p.m.

Freedom Hall Theatre, Independence Center • Tickets: \$30



Janien Valentine's powerful voice and stage presence has thrilled Las Vegas audiences for more than two decades. She is prolific in jazz, musical theatre, pop and even opera, and has become a favorite performer wherever she goes. Join Janien and her guest singer, the wonderful powerhouse, Michelle Johnson, for a memorable evening of the best music from Broadway shows and hit movies. We're guessing you will know them all! If you love musicals and the Silver Screen, this is the show for you!



Shows

Mistinguett Productions Presents...

Comedy Tonight!

Monday, August 19, 7 p.m.

Delaware Lounge, Anthem Center • Tickets: \$20



Stand-up Comedy, one of the most original forms of entertainment, differs from other performing arts in that a skilled comedian can artfully expose humor in everyday life to an audience's amusement. Spending 90 minutes with three talented comedians can create laughter where you least expect to find it. With a very successful four year run and counting, *COMEDY TONIGHT* continues to bring laughter to the Anthem community. An assortment of drinks will be available at the bar. Come join the night of laughter.

Mistinguett Productions Presents...

The Rendezvous...starring PATTY ASCHER "NY, Paris, Rio: The songs of Burt Bacharach, Michel Legrand, and Tom Jobim"

Monday, August 26, 7 p.m.

Delaware Lounge, Anthem Center • Tickets: \$20



Experience the transcendent magic of Patty Ascher as she brings to life the timeless melodies of Burt Bacharach, Michel Legrand, and Tom Jobim in an electrifying showcase spanning from the bustling streets of New York to the romantic allure

of Paris and the vibrant rhythms of Rio. Revered for her unparalleled vocal prowess, Patty's ethereal voice captivates with every note, seamlessly blending precision, perfect pitch, and heartfelt expression. Endorsed by the legendary Michel Legrand himself, Patty Ascher, a Grammy nominee, takes center stage at the Delaware Lounge, enchanting audiences with a meticulously curated repertoire of iconic hits that have defined generations.

Mistinguett Productions Presents...

The Rendezvous...starring Julian Miranda & Friends

Monday, September 9, 7 p.m.

Delaware Lounge, Anthem Center • Tickets: \$20



JULIAN MIRANDA producer of *SINGERS LA & LV* and as seen on *Star Search & AGT* sings the best of classic Soul, Jazz & R&B along with his phenomenal guest singers performing a selection of the greatest hits from the music of R&B stylings of Stevie Wonder, Al Green and Donny Hathaway to the soulful blues of B.B. King, with a dash of pop of Kenny Loggins & Lenny Welch and so very much more. Don't miss a chance to see this amazing performer deliver his debut, showing here at the Delaware Lounge.

COMING SOON



Activities

Shows

Mistinguett Productions Presents...

SERPENTINE FIRE...The Ultimate Tribute to Earth, Wind & Fire

Friday, September 13, 7 p.m.

Freedom Hall Theatre, Independence Center

Tickets: \$30



Don't Miss SERPENTINE FIRE: The Ultimate Earth, Wind & Fire Tribute Band!

Prepare for an unforgettable musical journey as highly acclaimed tribute band SERPENTINE FIRE brings exceptional renditions of the signature style and sound of the legendary R&B, soul, and funk group Earth, Wind & Fire. This ultimate tribute act honors a band whose music and style have stood the test of time.

SERPENTINE FIRE delivers the greatest hits and sounds of this iconic band like no other. With favorites such as "September," "In the Stone," "After the Love Is Gone," "Let's Groove," "Fantasy," "Shining Star," "Reasons," and many more, you're in for a night of pure musical delight.

Fronted by Tyriq Johnson's smooth falsetto, this amazing all-star band promises a performance you will truly enjoy and not want to miss. Make sure to get your tickets early for a night of incredible music and nostalgia!



Show tickets may be purchased online at **SCA-HOA.org**. Scroll down under "SCA Shows, Activities and Special Events", and click

on that link or purchase tickets in-person at the Anthem Center Activities Office, located across from the Fitness Center, with cash, check, or credit/debit card. Tickets go on sale eight weeks before the show date and are released on Thursdays at 8 a.m. for both online and in-office purchases. Refunds are given two weeks prior to a show, unless otherwise noted. No refunds are given after that time. Freedom Hall is in Independence Center at 2460 Hampton Road. For additional information, call **702-614-5822**.

Excursions

Colorado Rockies & Roaring Trains Tour

September 6 to September 13; 8 Days & 7 Nights

\$3,399 Per Person Double Occupancy; \$3,999 Per Person Single Occupancy

Purchase deadline is on August 6, 2024; No Refunds; Trip Insurance Encouraged



The tour includes a deluxe motorcoach and hotel accommodations. A professional tour guide will lead you on a tour of Albuquerque City Tour, Old Town Santa Fe, Georgia O'Keefe Museum, El Santuario de Chimayo, Royal Gorge Route Railroad, Durango-Silverton Railroad, Pike's Peak Cog Railway, Scenic Colorado Amtrak ride, Air Force Academy, Garden of the Gods, Mesa Verde National Park, seven breakfasts and three dinners.

Please see the Activities Department for more information.



See the Activities Department for a full itinerary for all bus trips.

Bus Trip/Excursion tickets may be purchased online at **SCA-HOA.org** or by calling/visiting the Activities Office in Anthem Center. Refunds are given THREE weeks prior to an excursion departure date, unless otherwise noted. No refunds are given after that time. For additional information, call **702-614-5822**.

*Dates, times, and performers are subject to change.



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Nutrition When Dining Out



Dillon Martin, RDN

Maintaining a balanced diet when dining out can be challenging but possible. Here are practical tips for healthier choices:

- 1. Plan Ahead:** Check the menu online for nutritional info and decide in advance.
- 2. Portion Control:** Share a dish, ask for a half portion, or set aside half for later.
- 3. Choose Wisely:** Opt for grilled, baked, or steamed dishes over fried.
- 4. Load Up on Veggies:** Start with a salad or vegetable appetizer to fill up on fiber and nutrients.

5. Watch Beverages: Choose water, unsweetened tea, or low-calorie drinks over sugary or alcoholic ones.

6. Mind the Extras: Request dressings, dips, and sauces on the side to control intake.

These tips help you enjoy eating out without compromising your nutritional goals.

A Registered Dietitian can help you understand how to make important decisions regarding nutrition and supplementation. Contact me at 702-723-8618 to set up a consultation and together we can create a plan that helps meet your daily needs.

There are also monthly nutrition classes available. Our next class, on Monday, August 19, will discuss "Nutrition Wisdom When Dining Out." Registration is available on the SCA website or through Fitness Registrations by calling 702-638-5756 or emailing FitnessReservations@scacai.com

Get To Know Your Monitors Lori Padleski



Please welcome one of our new fitness monitors, Lori!

Where are you from? Lori was born in Allis, Wisconsin but moved to Las Vegas in 1972 at two years old. She moved to Boise for 12 years, then

moved back to Las Vegas in early 2018. She currently lives in Henderson. It is safe to say that she has spent well over 40 years here in Vegas.

What is your favorite food? Her favorite food is a great piece of protein. Filet steak, Chilean sea bass, and wild caught salmon are her top choices.

What is your favorite social activity? Boating out on Lake Mead. She loves and swears by grounding or earthing in the great outdoors.

What do you like most about working at SCA? The friendly environment is what she likes most about working at SCA.

She is very appreciative of the members and her co-workers and feels grateful to be a fitness monitor. Believing we are a product of our surroundings, being in the fitness center just makes sense considering her passion for fitness and work history.

What is your secret talent? Her secret talent is more of a skill. This amazing 54-year-old female does 100 push-ups a day and has been doing it for many years.

That is awesome, Lori! We are happy to have you as part of the team.

Lori's Journey

Lori Padleski is a 54-year-old self-proclaimed "fitness junkie." She has beaten obesity and now has a wonderful relationship with food, exercise, and more importantly herself. Since joining a gym, 14 years ago, she became a certified fitness class instructor, cycle class instructor, and a NASM Personal Trainer. While earning her certifications, along with teaching classes and coaching clients, she has lost 100 pounds and gained a ton of muscle while significantly improving her fitness and nutrition knowledge, health, and all-around life.

"I try to share my story along with my LOVE, ENERGY, and HAPPINESS with everyone that I meet." ~ Lori

CENTER HOURS OF OPERATION

All centers are currently open from 6 a.m. to 9 p.m. daily.
Check the SCA website for any changes.

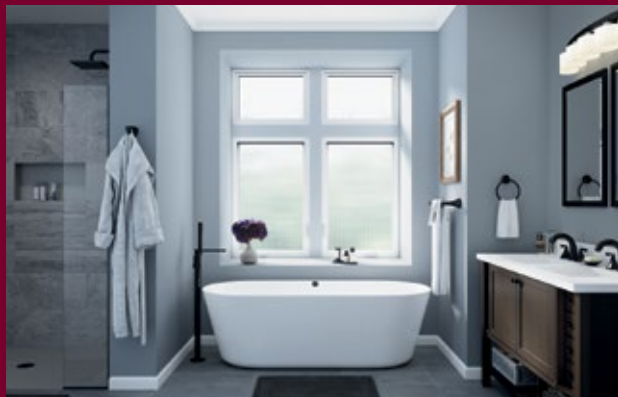
- Bring water • Showers available for use • Lockers are available for day use only • No gym bags on fitness floors

Anthem Fitness Center	702-614-5885
Independence Center	702-614-5803
Liberty Center	702-638-5780
Group Fitness Reservations	702-638-5756



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Pool Fun and Pool Rules



Summer is in full swing and Anthem's gorgeous outdoor pools are the place to be! While enjoying this amenity, here are some important things to remember:

- Hours are 6 a.m. to 9 p.m.
- Be respectful of others.
- No alcohol, glass containers allowed in the pool areas.
- Children are permitted in the Anthem Center aquatic facilities from 10 a.m. to noon in the outdoor pool and noon to 2 p.m. in the indoor pool.
- Appropriate swimwear is required.
- All residents and guests must shower before entering any of the pools or spas.
- Guests are allowed, but must remain with their sponsoring residents.

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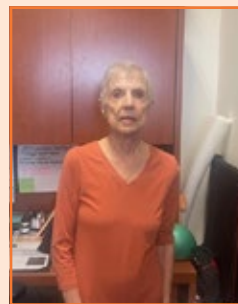
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GROUP FITNESS

Be sure to check the *Relay* for our updated Group Fitness schedule!

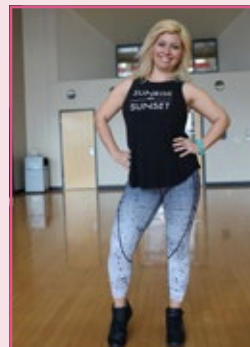
Fitness Superstar Gloria Saccoliti



Our August Superstar, Gloria, is part of our early morning workout crew. She's been in town for 35 years and has seen many changes in the Las Vegas Valley. Twenty-five of those years have been spent here in Sun City Anthem. Being one of our first members, she waited and watched it being developed and was so excited to

join. The people (members and staff) are what she enjoys most about SCA. Many of them become friends. She played golf for many years and now loves using the elliptical machine, doing pull-ups, and using other equipment in the strength room. She also adds balance work to her routines. When the weather is nice, she loves to walk outside. Way to inspire us all to get moving, Gloria! Thankful for you.

Instructor Spotlight Gloria Yanez



Born in Chile and raised in Spain, Gloria is passionate about fitness and music and began teaching Zumba two years ago here in the USA. Gloria taught Zumba in Spain prior to that. She is also a certified Medical Interpreter in Spanish and English. Her main goal is to help others. Some of her continuing education courses are Dementia Care and Management, Exercise Type 2

Diabetes, Managing Menopause, Optimum Performance Training Program for Seniors and Speed, Agility, and Quickness (SAQ) for adult clients. Her mission is to give, by promoting activities and coping methods that transform unhealthy habits and fuel healthy minds and bodies.

Welcome to SCA, Gloria!

Class Spotlight: Pilates on the Ball

This is a fantastic way to enhance your Pilates practice. A stability ball or workout ball is used in Pilates exercise routines to increase your strength, and flexibility, improve balance, enhance posture, and most importantly your confidence; to stay physically active so you can live a healthier, happier, and stronger life, doing what you want to do!

AFRICAN AMERICAN HERITAGE



The African American Heritage Club has worked tirelessly over the first half of the year with the

Black Film Festival, Black History Month celebration and the annual All-White party. Now comes the time for a much-needed break. Summer has arrived and as she passionately shares her profusion of sunshine, most of us will find ourselves basking in the coolness of air conditioning. Ahhh! Thank you, NV Energy.

Our All-White Party on June 15 was a great success. Thanks to all of you who supported the AAHC through your ticket purchases. We could not have done it without you.



The AAHC All-White Party on June 15



The AAHC All-White Party on June 15



The AAHC All-White Party on June 15

On June 19, our own Maurice Robertson did an outstanding job of presenting and educating the Democrat Club on the significance of Juneteenth. This celebration is a national holiday that marks the end of slavery after the Civil War in 1865. Black Americans have celebrated it for decades, but it wasn't until three years ago that it was recognized as a federal holiday. Slavery officially ended by the

signing of The Emancipation Proclamation in 1863, but in Texas, it didn't end until the announcement reached Galveston on June 19, 1865. "Juneteenth" signifies the true Emancipation Day from slavery. It is also called "Freedom Day" — the day all slaves were granted their freedom.

On June 22, the AAHC supported the Bid Whist Club at their annual Juneteenth celebration. What a fun time among friends with food, games, laughter, and yummy ice cream. There is nothing better than enjoying the company of friends.

After vacation ends, we will begin planning our "Welcome Back" event. It's going to be absolutely F-A-B-U-L-O-U-S and we hope that you will join us. Keep your eyes open for more information coming soon in next month's issue.

Are you looking to join a club? We welcome EVERYONE. To become a member just pick up a membership envelope at the kiosk across from the Activities office. Complete the information, include the \$20 annual membership fee, and drop it in the AAHC mailbox located in the Anthem Center across from the Fitness check-in. For more information contact Carolyn Fortune, vice president at 702-235-6039.

The next AAHC General Meeting is Thursday, September 12 in the Morris Room at Independence Center from 3 to 6 p.m. Please update your calendar to reflect this change.

Some August historical dates remembered:

- August 1619: The first group of enslaved Africans were brought to Virginia.
- August 1833: The Slavery Abolition Act was put in place, abolishing slavery in many British colonies, resulting in more than 800,000 enslaved Africans in the Caribbean, South Africa, and Canada becoming free.
- August 28, 1955: Fourteen-year-old Emmett Till was brutally murdered by a group of white men in Mississippi.
- August 28, 1963: Dr. Martin Luther King Jr. gave his "I Have a Dream" speech.
- August 28, 2008: America's first Black president, then-Senator Barack Obama accepted the Democratic Party nomination for president.

AMATEUR RADIO



Amateur Radio Field Day is an annual event where amateur radio operators (also known as "hams") across North America set up temporary radio stations in public locations to demonstrate their skills and capabilities. The event typically takes place over a weekend, usually in June, and

Clubs

serves several purposes: emergency preparedness, community outreach and skill building.

During Field Day, participants strive to make as many contacts (communications with other stations) as possible over a 24-hour period. They earn points for each contact made, with bonuses for using alternative power sources (like solar or batteries) and for setting up in public locations. The event encourages teamwork, technical creativity, and camaraderie among amateur radio enthusiasts. Many clubs and individual operators eagerly anticipate and prepare for Field Day each year, making it a highlight of the amateur radio calendar.

On Saturday, June 22, the Sun City Amateur Radio Club had a fantastic Field Day with 12 members participating and contributing. Numerous visitors joined us, asking questions and observing Rob (W6RF), Don (KEBXT), and Rex (KK7NSU) as they operated CW (Morse Code), Mesh (Digital Computer), and FT8 (Digital Voice) systems. Rob successfully made contacts ranging from Washington state to Maine and down to Florida, totaling 31 contacts. Rex made impressive international contacts in Sweden, the Netherlands, Vietnam, China, and the Philippines. Don showcased his Mesh network with a camera, sharing videos of members operating different stations.

Later in the day, Steve (KK7NST) connected his Icom 7300 High Frequency (HF) radio to his portable antenna, enabling voice communications with other amateur radio operators. Throughout the event, members utilized various amateur radio bands including 12 meters, 15 meters, 17 meters, 20 meters, and 40 meters for communication.

Our meetings are on the third Wednesdays of the month at 10 a.m., but the location varies.

For more information, contact Al Gettier at al@gettier.us.

You can also find more information at anthemhams.com.

ANTHEM AUTHORS



Please feel free to join us on Tuesday afternoons at 1 p.m. in the Anthem Community Center. Writers read eight minutes of what they are presently working on, followed by critiques from the other members. Reviewed are novels, memoirs, poetry, screenplays, and historical fiction to name a few. Listening to the efforts of other authors might inspire you to start your writing journey. We look forward to seeing you.

AQUACIZE CLUB



On Wednesday, August 21 at 11:30 a.m., the Aquacize Club will be having our monthly luncheon at Claim Jumpers. Look for additional details in the club president's email, arriving in your inbox around the first of the month. To RSVP for the luncheon, prepayment is required and must be received by Thursday, August 15. Payment may be made by cash or check. If paying by check, leave the PAY TO line blank. Drop your payment in an envelope in the Aquacize mail slot across from the Fitness Center desk in Anthem Center. Full refunds will be accepted until Friday, August 16. We will be celebrating the birthdays of Barbara Long, Jodi Silow, Ronnie Fox, and Susie Koury. If you have any questions about the luncheon, or are not getting emails from the club, contact our secretary, Sharon Barnum, at 702 -675-7365 or sharonbarnum@gmail.com.



Lucky prize winners – Irene, Ronnie, Rose, Kris, Linda, and Bev



Happy June birthday to Kathleen and Dolores

Anyone who enjoys water aerobics is invited to join our club. New membership dues are \$10. For a membership form, check the kiosk by the activity desk in Anthem Center, or contact Sharon Barnum.

You do not need to be a member of the club to attend Aquacize classes. Any occupant of a Sun City Anthem home who holds a valid SCA membership card can participate in classes.

Hydrotone Class Schedule at Anthem Center

With Petra – Sundays, Wednesdays, and Fridays, 9:00 a.m.
 With Amanda – Mondays, Tuesdays, Thursdays, and Saturdays, 9:00 a.m.

Capacity is 40 people per class. Classes are \$4 or you can purchase a 10-class pass for \$30.

Warm Water Class Schedule at Liberty Center:

With Lolita - Mondays, Wednesdays, and Fridays, 9 a.m.
 Tuesdays and Thursdays, 9:30 a.m.
 With Graylyn – Mondays and Wednesdays, 10:30 a.m.

Capacity is eight people per class. Classes are \$5.

Any updated information on class schedules will be sent to members via email, or you may consult the eBlast weekly news bulletin. Reservations are required and are taken daily from 6 a.m. to 6 p.m. Make a reservation by phone, 702 638-5756, by email at FitnessReservations@scacai.com, or visit the front desk at Independence Center and fill out a monthly request form.

Aquacize is less stressful on joints and muscles than most exercises done on land. Water supports the body, and the force used in pushing against the water promotes strength. Less gravity in the water allows for a broader range of motion, and exercising in water reduces overheating.

ARTS & CRAFTS

Arts and Crafts Club **Benefits of Crafting for Seniors**

Many people might not label themselves as creative or artistic, but there are arts and crafts options for everyone at the SCA Arts and Crafts Club. Not only is crafting a great way to have fun and socialize with others, but it also offers a myriad of health benefits, making it particularly worth considering as a new hobby.

Crafting promotes cognitive function, stimulates the mind, improves hand-eye coordination, offers an environment to build new relationships and promotes socialization. Arts and crafts done



in a group setting promote connections and can be therapeutic to people of all ages, promoting well-being and relaxation. There are several special interest groups (SIG) under the SCA Arts and Crafts Club such



as Coloring, Mosaics, Polymer Clay, Wood Carving, Glass work, Card Making and so much more. Not every type of artwork is a good fit for everyone – and that’s okay! Explore several art forms to see if something resonates with you.

We are fortunate to have a very active and vibrant group of 350 crafters who are welcoming and willing to help new members with whatever art form you want to explore. In addition to all the crafts, our club enjoys many social gatherings where we enjoy building new relationships and spending time together. This fall, the Arts & Crafts Club will be having a new member orientation – be on the lookout for additional information.

Please check out our club’s website at acc.scaclub.org and explore all the various special interest groups available. The Arts and Crafts workshop is in the Independence Center. Stop by and visit one of the workshops listed on the website. There are also display cases located in all three centers displaying creative works from SCA artisans.



We welcome you to come get creative with us!

BALLROOM DANCE CLUB



Over 100 people (Ballroom Dance Club members, relatives, friends, and colleagues) gathered Saturday, June 22 from 2 to 4:30 p.m. in the Anthem Center Delaware Ballroom to remember and honor Yoko Gerner.

Yoko was the former president of the Ballroom Dance Club who unexpectedly passed on May 19. A person who was deeply passionate and enthusiastic about dancing, Yoko’s major accomplishments when she was club president were, according to Ken Moye, the following:

- Organized the first spotlight and dance showcases in the club’s history.
- Expanded line dancing opportunities for singles and couples.

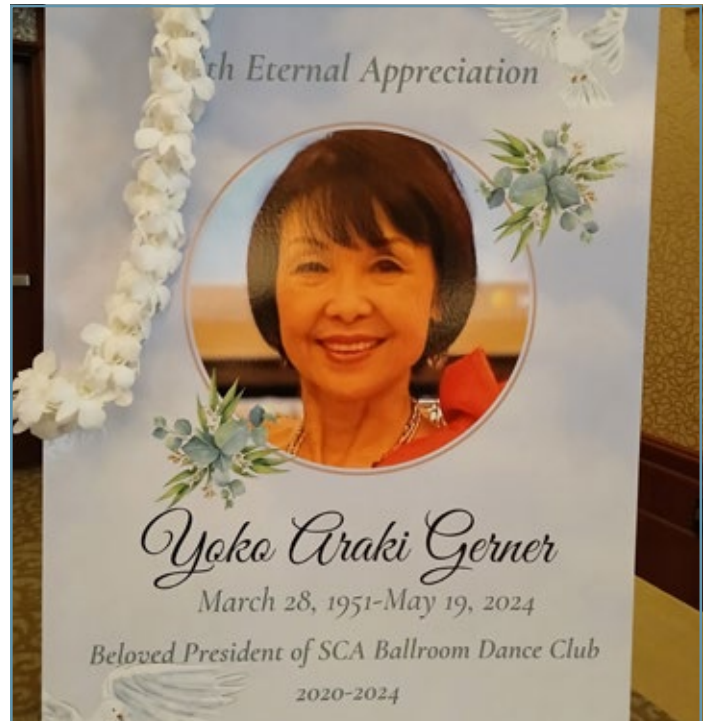
Clubs

- Increased the number of free dance lessons given by professional dancers.
- Won approval for dance members to have a special room for dance practice five days a week.
- Club membership rose to an all-time high.

As part of Yoko's Celebration of Life, her brother Hiroshi Araki, who came from Japan with his wife Naoko, gave a short tribute to his sister. He described Yoko as a cheerful, bright, and kind person whose motto in life was "continuity is the father of success." He expressed his gratitude to everyone who came to the celebration, and who looked after Yoko during her lifetime.

Also present to pay tribute to Yoko and express the family's gratitude to the organizers of the event was Yoko's nephew, Christian Gerner, who came all the way from Germany with his wife Mareile.

Carolyn Klein, Sangeeta Lakhanpal and Ken Moye shared their memories about Yoko and reflected on how her life had a positive impact on the people she associated with.



June 22, Celebration of Life in honor of Yoko Gerner, prior Ballroom Dance Club President

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Lic. S.0170701



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702-235-2869 — Joani.Pemberton@gmail.com

Visit my website: [SunCityAnthem.Net](https://www.SunCityAnthem.Net)

For New Home Video Tours, check out my
YouTube Channel at:

[YouTube.com/@joanipemberton](https://www.YouTube.com/@joanipemberton)





June 22, Celebration of Life in honor of Yoko Gerner, prior Ballroom Dance Club President



Yoko's friends from L to R: Yukie Adams, Ursula Gerads and Yoko Fitzpatrick

To make the mood of the Celebration of Life happy rather than mournful, celebratory rather than somber, the attendees were treated to special dance tributes to Yoko. The performers were John and Angela Schwinning, who gracefully danced a slow foxtrot; Stephen and Cora Lyn Uczekaj, who were amazing in their rumba; Evgeniy Mayorov and Tanzy Stine, who danced slow waltz flawlessly; and Ken Moye and Anne McNinch, who fancied the crowd with their cha-cha moves.

The organizers of the Celebration of Life were Lynn Silverstein, Carolyn Klein, and Ken Moye.

Reminders:

- JJ will resume his free dance lessons on August 5. For those who are interested, the dance floor at Liberty is open for practice. Every Wednesday is social night the rest of the year.
- Stephen and Cora Lynn have agreed to give a free East Coast Swing lesson on Monday, August 26 at 10 a.m.
- Eric Liang will be our DJ for August.
- Sunday Social Dance Parties are held every second Sunday of the month from 2 to 5 p.m. at the Anthem Center Delaware Ballroom.

- The Ballroom Dance Club welcomes all interested dancers, newbies or experienced, to join our club. All lessons and practices are free. Annual membership is \$10 per person.

"Everybody can dance, it's the drive and passion that makes you a dancer." ~ Harvey Newton

BID WHIST

The Bid Whist Club is one of the oldest clubs in Sun City Anthem. It was started in 2003 with the idea of giving people a fun-loving way to meet others and play the game of bid whist.

Bid whist is a strategic card game with a rich developmental history and is widely enjoyed by military personnel and on college campuses. Our club also plays the game of Spades which is very similar to bid whist.

Want to play or learn something new? We invite you to come out and join us. We meet every Friday from 5 to 9 p.m. in the Emerson/Franklin rooms in the Anthem Center. All SCA members are welcome.

You can also learn more about our club at our website: <https://sites.google.com/view/scabidwhist/home?authuser=0>.

BILLIARDS

The Billiards Club is a social organization whose purpose is to promote interest in all cue sports. We invite and encourage residents of all skill levels to join our club.

Club officers are Cheryl Kraft, president 716-523-2376; Beth Weddle, secretary 702-526-5934; Hank Stuckrath, treasurer 702-558-639). For more information or to join the club, call any officer. Take a look at our website, SCAPool.org.

We have a handicap-style Tuesday evening 8-ball league and a Thursday evening 9-ball league, both of which are on hiatus for the summer months, returning in September. This handicapped tournament play is open to all skill levels.

We also hold eight-player tournaments, usually at noon on Wednesday and Friday. If you have any interest in playing in either league or tournament play, contact any club officer. Visit our website for exact dates, times, and type of tournaments and to sign up.

We are offering lessons, followed by social play, to women interested in learning how to play pool or improving their game. We can also arrange for personal/private lessons. Call Cheryl Kraft, 716-523-2376 if interested. We hold quarterly meetings throughout the year to discuss issues of interest to our members.

The Billiards Room in Independence Center is open to all residents when the centers are open. If you have never played pool, join us, and you'll discover it's a lot of fun. There are 7-foot and 9-foot tables available for open play, as well as a carom table and a snooker table. There are also tables in the gallery at Anthem Center.

BOCCE CLUB



Bocce fall season. Fall league play will resume in early September with times tentatively offered on Mondays at 11 a.m., Tuesdays at 9 a.m. and 3 p.m., Wednesdays at 10 a.m., and Thursdays at 5 p.m. These times may shift, and other evening play may be added based on the level of player interest. Registration will open in August

with forms and information being sent to current members and available on the Bocce Club website bocce.scaclub.org. Questions regarding leagues for the fall may be directed to our League Coordinator, Marti Morris, at morrismj22649@gmail.com.

Recreational. During the fall we will continue to have open recreational Bocce play on Saturday mornings at 9 a.m. through September and 10 a.m. for the remainder of the year, for both members and non-members. For those who have never played regulation bocce, please show up on any Saturday and we will make sure you are put with an experienced player or players to teach you “bocce basics.”

Use of the bocce courts is restricted to Sun City Anthem residents. We do not have recreational bocce or bocce lessons if the weather

is a problem - e.g., rain, excessive heat or cold - or if a Bocce Club tournament is in progress.

Fall tournaments. We had a successful series of spring and summer tournaments for members, hosting both 2 x 2 and Straight-Ball tournaments. Both formats had great participation and we look forward to continuing these small tournaments in the fall, scheduling to be determined. All tournaments will be posted on the club website’s home page.

Membership. If you would like to join the club, please contact our Treasurer, Jan Stahl at SCA.Bocce.Treasurer@gmail.com. Our annual dues are \$15 per member and all equipment is supplied by the club. We love to teach this easygoing game, so please reach out to us!

If you have any questions about the Bocce Club, please explore the SCA Bocce website at bocce.scaclub.org or feel free to contact any of our officers listed under the “Board” tab on the website.

BOOK CLUB

On the third Thursday of each month, the Sun City Anthem Book Club meets to discuss a book the members have selected to read during the year. The next meeting will be August 15 in the Morris/ Nelson Room at Independence Center at 1 p.m.

This month of August, we are looking forward to discussing a second work this year by New York Times bestselling author Ann Patchett. We read and discussed her book of essays *These Precious Days* earlier this year in which she described her approach to telling meaningful stories about characters she has grown to love and gave us some insights on what to expect in *The Dutch House* which we will discuss this month.

It is a richly moving story that explores the indelible bond between two siblings, the house of their childhood, and a past that will not let them go. It is the story of a paradise lost that delves into questions of inheritance, love and forgiveness, of how we want to see ourselves and of who we really are.



And here’s what else is coming up:

- September 19: *The Day the World Came to Town* by Jim DeFede, a true-life narrative.
- October 17: This is our Annual Gala Luncheon where we’re hosting author Amanda Skenandore.
- November 21: *Universe of Two* by Stephen P. Kieran, a historical drama



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Learn More Online at SCA-Yorktown.com/Catering

Yorktown
grill

Visit SCABookClub.com for more information about the Book Club, dues are only \$10 for an entire year of fascinating reading, discussion, and literary camaraderie! We're also known to gather together after the formal discussions to socialize and get to know each other better. If you'd like to join or just come to check us out, our club president, Michelle Corona is available at michelle@coronahome.net should you have a question.

Book Club members also volunteer at the SCA library in Independence Center, which is available to all Sun City Anthem residents on the honor system. The library's collection includes fiction and nonfiction. Book donations are welcome but only those published within the past 10 years can be accepted.

Michelle Corona, president; Lou Anne Peltier, vice president; Kathleen Dussault, secretary; Janet Tiernan, library manager.

BOWLING

The Bowling Club serves as an organization to promote bowling for Sun City Anthem residents. Our no-dues club meets once a year in October to elect officers and to review club issues, if any. Club president Dan Martens is the point of contact for club business. Other officers are vice president Larry Orlov and secretary/treasurer Robbi Senneke. The club conducts two bowling leagues at the South Point Bowling Center. If you are interested in joining either of these leagues, please contact the respective league secretary using the information below.

The primary Bowling Club league is the Sin City Seniors Bowling League which bowls every Thursday at South Point. The four-person, mixed-gender teams, bowl at 10 a.m. This league is open to bowlers who are age 55 or over. SCA residents have priority in filling vacant spots. Any remaining vacancies may be filled by non-residents. Only SCA resident bowlers will be included as members of the SCA Bowling Club. Each league member pays an annual USBC sanction fee plus a weekly bowling fee. League officers are president Bill Anderson, vice president Peter Gebhardt and secretary/treasurer Larry Orlov.

The 2023-2024 fall/winter season concluded on May 11 with our fun day. The season winners were Team 8, Out of Trouble, made up of Busarin Sirivicha, Candee Mar, Charn Sirivicha and John Donovan. The 2024-2025 season will begin on August 29. The league is always looking for new bowlers, so if you're looking for a great social activity (as well as a little exercise) consider joining the Sin City Seniors Bowling League. For information regarding this league or to sign up, contact Larry at 702-325-9800 or sincityseniors@gmail.com or Bill at 708-254-4232.

League officers develop the team listings and schedule. The secretary also maintains a list of individuals who wish to bowl. Vacancies due to illness, moving, or injury occur year-round. Be sure to contact Larry to fill these openings or get on the wait list.

A second league, the Anthem Rollers, is a 9:30 a.m. Monday league with three-person mixed-gender teams. This league is open to bowlers who are age 55 or over. The 2024-2025 fall/winter season will start in late August.

Anthem Rollers league officers are President Karen Miller, Vice President Joe Halby and Secretary/Treasurer Morrie Mansell. This is not an SCA Bowling Club member league. If you are interested in this league contact Morrie at 702-617-2565 or through the South Point bowling desk contact Debi Chapman at 702-797-8080, ext. 77174 or chapmand@southpointcasino.com.

BUNCO

The Bunco Club meets Mondays from 6:30 to 8:30 p.m. in the Multi-Purpose Room in Liberty Center. Please be there by 6 p.m. to ensure a seat. We start playing at 6:30 p.m.

Bunco is a social dice game that involves 100% luck and no skill, because no decisions need to be made. Keeping score and our rules are simple. If you can throw three dice and count, you should join our club and enjoy this easy-to-learn, fast-paced game. Don't worry if you have never played before because everyone at your table will be happy to help you learn.

If your Monday night routine could use a change and some fun, come join us for Bunco. You will meet new friends and neighbors, catch up with old friends, and enjoy a fun night out. Bring a partner or friend. Everyone is welcome.

Membership is \$5 per year and \$2 to play each week. Call president Marci Turkel for more information at 702-327-3377, or secretary Carol Butler, at 702-586-7011. Come 'play every Monday'. Hope to see you there.

CANASTA



Welcome to the world of canasta! Here you will find a mind-stimulating, social card game in a congenial atmosphere where your competitive spirit can thrive. The Canasta Club is for you.

This fascinating game of American-style canasta is a partnership game where you are part of a team. You will play offense and defense while giving silent signals to your partner. Tables can consist of four, five, or six players. It doesn't matter whether you've never played canasta, haven't played in years, or are just rusty.

There is always a welcome table where you may play. The club continues to offer lessons in American canasta. All supplies are provided by the club, including a guideline to scoring. All forms of canasta and groups are always welcome.

If you would like additional information regarding our teaching program, contact our president, Fran Gardberg, FranGardberg4Canasta@gmail.com, or our vice president, Beverly Pollock, at 702-269-4698.

We meet Thursdays and Sundays in Liberty Center from noon to 4 p.m.

CERAMICS CLUB

The Ceramics Club offers members the opportunity to experience ceramics in a variety of ways. We have two wheels for pottery throwing. Hand builders have access to a wedging table, a slab roller, many molds and tools, and a damp station to control dry time. We recently began slip casting molds to make greenware available to members. Many members choose to glaze bisque in various styles, using different products in combination to create an infinite number of designs. We have three kilns to do our own firing.

Member volunteers offer both introductory and more advanced classes. The Beginner Series takes new members through the process of producing a ceramic item while discovering new skills. The Cone 6 Hand Building class teaches new members how to use the equipment, prepare clay and create a simple form, as well as the correct glazes for Cone 6. Both these classes and a new member orientation familiarize members with the procedures which keep the club functioning efficiently.

Other members offer general classes on cleaning greenware and using underglaze, applying decals, or using silkscreens. Some classes focus on a specific project using a certain glaze or other product, like pottery cascade to make glaze run; others highlight an application technique such as sgraffito which involves carving a design in wet glaze to reveal another color below. Hand building classes range from demonstrations of humping over a form or slumping into a form to assembling a pot from individual swatches of textured clay.

Visit us in the Ceramics Room for the Sun City Anthem Fall Arts and Crafts Fair on September 21, 2024, from 9 a.m. to 1 p.m. There will be everything from holiday decor to sushi sets to soap dishes available and unique items that make perfect gifts!

Our next general membership meeting is Tuesday, October 29, from 10 a.m. to noon in the Morris Nelson Room in Independence Center.

Stop by the Ceramics Room or go to ceramics.scaclub.org for more information. New members are always welcome!

CHICAGO CLUB

We know it is only August but that means we are closer to Halloween. And, our never to be outdone Halloween party on October 23. We are planning for a New Orleans-themed event with a terrific band which will be a blast! The decorations are in town, the menu is almost done, so get ready to party. If you've attended before you know



Chicago Club Halloween Party 2023



Chicago Club Halloween Party 2023

how creative some of the costumes are, and if you haven't attended, boy, are you in for a fun night!

This is also the time of year that we ask you to think about joining our fun board for 2024. We do have a couple of non-officer positions open. We have a great creative and collaborative team. If you would like more information, please contact Rich Blotner at rblotner7@gmail.com.

You can visit our club website at chicago.scaclub.org which also gives you our calendar and manages our membership database and mailings for us. If you want to get more information about the Chicago Club, you can contact us at SCAChicagoclub@gmail.com.

For inquiries about dues or event payments please contact Chicagoclubtreasurer@gmail.com. To pay your \$15 dues as a new member, please make the check out to Sun City Anthem Community Association, Inc., and put it in our club mailbox in the Anthem Center across from fitness. And nope – you don't need to be from Chicago to join!

CHINESE HERITAGE

Dragon Boat Festival

The CHC Dragon Boat Festival, held on June 7 in the Delaware Room, was a success. We welcomed over 150 guests and featured two informative presentations. Participating members received a glutinous rice dumpling when they exited.

Presentations

First Presentation: Dr. Shen K. Yang (PhD),
Improve Water Quality in Your Home





Dr. Yang provided a clear explanation of the mineral content in Henderson's tap water. The presence of particulates and water-soluble minerals in Nevada's tap water can cause residue buildup in appliances such as washing machines, furniture, water heaters, toilets, etc.

Systems that can substantially reduce particulates and water-soluble minerals from Henderson City water include:

- Sediment filter
- Water Softener
- Reverse Osmosis (RO) system

**Second Presentation: Dr. Fu (MD, PhD, FAAD),
Healthy Skin Care**



Dr. Fu discussed the types of skin cancer, common benign growths, and how to recognize the differences. Make an appointment to see a board-certified dermatologist if you notice anything changing, itching, or bleeding without scratching. Early detection and treatment can save your life.

She also discussed the many causes of skin rash as well as anti-aging treatments.

CHC Sponsored Activities

The CHC offers a variety of regular activities for residents of the SCA community. Anyone can become a CHC member for \$10 per year and participate in these activities. Before committing to membership, SCA residents can try any program for up to three classes free of charge. If you are interested in learning more or becoming a member, please visit our website: chc.scaclub.org.

Chinese Arts and Crafts on Fridays from 10 to 11:30 a.m. at Liberty Center. Contact Frieda Li at 858-652-9016 or email ahfanli@yahoo.com.

Chinese Folk Dance on Tuesdays from 4:30 to 6 p.m., Fridays from 5:45 to 7:15 p.m., and Sundays 3 to 4:30 p.m. at Liberty Center. Contact Lina Tsao at 702-321-7373 or email Ltsao50@yahoo.com.

Health Enhancement Gatherings on Mondays from 5:15 to 6:45 p.m., Thursdays from 2:15 to 3:45 p.m., and Fridays from 9:30 to 11 a.m. at Liberty Center. Contact Lena Fong at 650-305-9590 or email lenafong@gmail.com.

Modern Chinese Dance on Tuesdays, Thursdays and Sundays 8:30 to 10 a.m. at Liberty Center. Contact Reenie Wang at 732-485-2469 or email ReenieWang@hotmail.com.

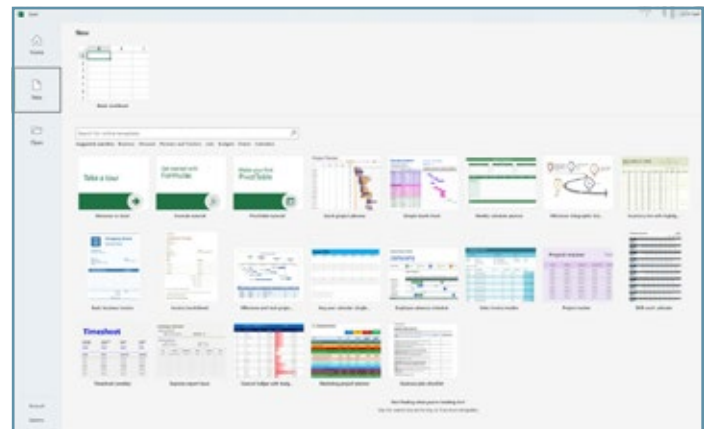
Yuan Ji Dance on Mondays from 7:45 to 9:15 a.m., Wednesdays from 7:15 to 8:45 a.m., and Fridays from 7:45 to 9:15 a.m. at Liberty Center. Contact Chiming Hsu at 718-291-4590 or email chiminghsu44@gmail.com.

Chinese Literary Society on the second Tuesday of the quarterly, from 2 to 5 p.m. at the Greene room, Anthem Center. Contact Anna Wang at 609- 651-0877 or email annaxxwang@gmail.com.

COMPUTER CLUB

The SCA Computer Club is open to any SCA resident in good standing. Membership dues are \$10 per person per year, and we are located in the Anthem Center. Visit our website at computer.scaclub.org to learn about us in detail.

Back by popular demand is our Introduction to Excel spreadsheets. Students learn the basics of creating and formatting a basic spreadsheet. Individual topics include: entering data, planning and laying out the spreadsheet, applying number and cell formatting within the worksheets, Excel math, and moving/copying data within Excel. The class lasts about two hours. The instructor and aides are available after class to answer individual questions.



Microsoft Excel is a spreadsheet editor developed by Microsoft for Windows, macOS, Android, iOS and iPadOS. It features calculation or computation capabilities, graphing tools, pivot tables, and a macro programming language called Visual Basic for Applications (VBA).

To become a member of the Computer Club, visit our website and select Join the Club. Fill out the online application. Then stop by the Computer Club so that the monitor on duty can finish processing your application. Be sure to bring your SCA membership card. Dues can be paid in cash (exact amount, we do not make change) or by check, payable to Sun City Anthem Community Association, Inc. The monitor has a stamp, so you won't have to write it all out.

Computer Club hours are Monday through Saturday, 9 a.m. to 3:30 p.m. We are closed on Sunday for maintenance. Here are some benefits of membership:

- Access club facilities and use of our computers, scanners, printers, DVD duplicator, and a fax machine. Members may print or copy a maximum of 10 pages per day. All paper is provided by the Club. *We do not allow members to use their own paper.*
- Free classes – computer and iPhone / iPad. Check out the Calendar and Classes sections on our website for class offerings and descriptions. Classes may be taken as many times and as often as one desires.
- Monthly newsletters.
- Access to our house call program. For a \$20 donation to our club, our house call volunteers can provide personalized instruction, assistance in troubleshooting and resolving computer issues, setting up a computer on your home network, etc. Visit the House Call section on our website for details, as well as a list of the volunteers and their areas of expertise.
- Learn and share useful information with fellow members. Discuss computer products, security, resolving issues, using specific applications, etc. See the calendar on our website for dates and times for Computer Talk and Apple Talk. All sessions meet in the computer classroom in the Anthem Center.

- Attend quarterly general membership meetings with the chance to win a \$50 gift card.

To get more involved in our club, consider volunteering as a monitor, instructor, classroom aide or house call volunteer. Contact Warren Begas at manager@computer.scaclub.org for more information. To reach the computer lab call 702- 614-5871.

CURRENT EVENTS AND HISTORY



Do you ever wish you could just share your thoughts and opinions with others? Wouldn't it be nice to also hear what other people in Sun City Anthem are thinking? Well, here is your chance! The Current Events and History Club offers just that opportunity.

Here are a few topics we have discussed in the past several weeks: What do you think of the Trump verdict? What about the Hunter Biden verdict? Should the United States have some form of required national service?

These topics are opinion topics, and that is what we are: an opinion club. Since opinions can and do vary widely, we have rules designed to encourage participation and keep the discussions on point. These rules include a reminder that our meetings are for

RED ROCK RUNNING COMPANY

A daily walk is one of the best things you can do for your health! It's never too late to get out and get active, and it all starts with a daily walk. Come visit us at Red Rock Running Company. Our four-step fit process will get you fit in a comfortable pair of shoes to help you get started on your fitness journey. With four locations in the valley, we've got a location close to you!

Physical Benefits of a Walk

- Lower risk of heart disease and stroke
- Lower risk of several types of cancer
- Regulates blood pressure & cholesterol
- Helps prevent & manage type 2 diabetes

Mental Benefits of a Walk

- Reduces stress & anxiety
- Lowers risk of depression & improves mood
- Helps you sleep better
- Improves cognition & creativity

Centennial Hills

7930 W. Tropical Parkway Suite 150
Las Vegas, NV 89149

Henderson – District Shopping Center

120 S. Green Valley Parkway Suite 144
Henderson, NV 89012

Southwest

7379 S. Rainbow Blvd Suite 165
Las Vegas, NV 89139

North Las Vegas – Deer Springs Town Center

675 E Dorrell Ln Suite 160
North Las Vegas, NV 89086

702-870-4786

Email: info@rrrc.run

information and entertainment, that all opinions are encouraged and welcome, and will be respected, and that civility and politeness are expected. This is important as we do our best to respect the opinions of all.

We continue with our speaker's forum as well. The forum allows club members who have particular knowledge in an area to highlight their expertise by doing a presentation to the club. Upcoming topics include:

- Climate Change: An Alternative View*
- Journalism vs History*
- What is Science?*
- USA & Mexico Relations*

We meet on Monday mornings and Thursday afternoons. On Mondays, we start with sports. This gives members a chance to brag (or lament) about their favorite school or hometown team or a sports incident that has caught their attention. On Thursdays, we start with what happened that week in history. Next come Flips, which are short statements regarding an issue you may like (flip up) or dislike (flip down).

Following Flips are PSAs, general announcements made about club or association interests. Topics are then introduced, and club members may choose to offer their opinions or listen to others. Typically, there are two to four topics presented in the meeting, which runs for two hours. Each meeting is overseen by a club moderator who introduces the topics and manages the flow of the discussions.

If this sounds interesting, stop in at the Anthem Center from 10 a.m. to noon on Mondays, or 2 to 4 p.m. on Thursdays to meet some of your neighbors, find out what others are thinking and share your opinion. If you enjoy the experience, you can join the club for \$10 per year.

DEMOCRATIC CLUB



"There's nothing we can't do when we do it together." ~Joe Biden

The purpose of the SCA Democratic Club is to advance the historical and cultural contributions inherent in the Democratic Party, and to promote public policy through political issue analysis, education, recruitment, and other activities. We support the right to affordable healthcare; a woman's reproductive rights; voting rights; minority rights; and the right to a more equitable society. The club invites speakers each month, and we also offer educational and advocacy opportunities.



Maurice (Moe) Robertson of the African American Heritage Club spoke to the club on Juneteenth, the Federal Holiday also known as Freedom Day. Mr. Robinson received a standing ovation for his informative talk.

Congresswoman Dina Titus spoke to the club recently, the second time this year she has addressed the club. She reported that Nevada is the "fastest recovering state after the pandemic." According to IBISWorld, Nevada's gross state product (GSP) increased 17.5k% between 2018 and 2023; businesses employed a total of 1,887,878 people in 2023, with average annual employment growth over the past five years of 1628.0%. She answered numerous questions from the attendees.



David Hatton, club vice president, with Congresswoman Dina Titus

Congresswoman Titus supported the following legislation:

- Women's Health Act of 2022
- Ensuring Access to Abortion Act of 2022
- Inflation Reduction Act
- American Rescue Plan Act of 2021
- Assault Weapons Ban of 2022
- Enhanced Background Checks Act of 2021
- Bipartisan Background Checks Act of 2021
- Affordable Care Act of 2010
- American Dream and Promise Act of 2021
- Iran Sanctions and Solidify Iran Sanctions Acts of 2023
- Minibus Funding bill to expand affordable housing options for Nevadans.

Congresswoman Titus has said on numerous occasions "When it comes to helping Southern Nevadans, I will NEVER back down from a tough fight." Her record speaks for itself.

Congresswoman Titus is rated:

- 100% by the National Committee to Preserve Social Security and Medicare
- 98% by the Alliance for Retired Americans
- 100% by the National Education Association

The club leadership team encourages all its members to do everything in their power to help re-elect President Biden and Vice President Harris, and to re-elect Southern Nevada's incumbent congressional delegation (Senator Jacky Rosen, Congresswoman



Full house at a recent meeting of the Democratic Club where Congresswoman Dina Titus spoke; Maurice (Moe) Robertson of the African American Heritage Club (AAHC) spoke about Juneteenth; AAHC members were also in attendance.

Dina Titus, Congresswoman Susie Lee, and Congressman Steven Horsford). It is also important to help maintain the Democratic majorities in the Nevada State Legislature and to vote in down-ballot races. For example, Dr. Tricia Braxton, candidate for NV State Board of Education, District 1. As the old saying goes, all politics is local, and these races matter to us and the children of Nevada.

The Sun City Anthem Democratic Club is the largest Democratic Club in the State of Nevada. Meetings are on the third Wednesday of the month in the Independence Center. Doors open at 5:30 p.m. The club provides dinner. We invite all those who share our vision and our values to become members and join us every month!

For more information about the club, please contact Margy Feldman at margy613@gmail.com or visit the club's website at democratic.scaclub.org.

DUPLICATE BRIDGE

Duplicate Bridge, a form of competitive bridge, evolved from duplicate whist and became popular in the 1890s. The first game of duplicate whist was reportedly played in London in 1857.

Duplicate Bridge is a competitive form of bridge in which the same hands are played successively by different partnerships. In other words, a single hand of bridge is "duplicated" so it can be played a dozen or more times in a session of bridge.

Duplication of hands takes the luck of the cards out of play, thus providing fair competition. When you and your partner play a hand that is subsequently played by a dozen other pairs, the resulting range of scores represents a true picture of the relative skill of all the pairs playing that hand and "the luck of the cards" is eliminated.

Our club is open to all levels of players, beginner through expert. The games are not sanctioned by the American Contract Bridge League; therefore, points are not awarded. However, we abide by ACBL rules and standards of play.

Scores and recaps are sent to all members following each game. The yearly dues of \$10 provide a great opportunity to play in a competitive but friendly environment.

Our games are played in the Emerson/Franklin rooms in the Anthem Center. Play times are Wednesdays from 5:30 to 9 p.m. and Saturdays from noon to 3:30 p.m. Please arrive 15 minutes before the start time.

If you would like to play, but need a partner, contact Joan Fine at 413-531-3770 or Arline Rubin at 210-383-2995. If you want to know more, we welcome you to stop in before the start of the game.

FILIPINIANA CLUB



On June 8, the Filipiniana Club enjoyed the 2024 Philippine Independence Party. All had a good time and enjoyed delicious food.

The club will be on summer hiatus until September. Stay cool everyone.

Upcoming events:

Trips to Tuacahn open air theater for 2024 are Tuesday, September 17 for Anastasia and Wednesday, October 2 for Frozen. The Christmas Party will be on December 1.

We are looking for ideas for club trips in 2025. If you have any suggestions, please contact us at the numbers below.

For details on other upcoming events or to show interest in possible future events, contact Vivian Enverga at 702-353-5551 or Carmelo Belay at 702-613-6807. Note our website is currently being upgraded.

Membership:

If you are new to the community or have any changes, contact Linda Joven at 908-451-8129 or erlindajoven7@gmail.com.



Independence Day Party line dancers have it going on!

FINANCIAL CLUB



The Anthem Financial Club empowers our members to make their own financial decisions and provides forums for member discussion of financial concepts and issues.

This month's quote: "Rule number one is don't lose money. Rule number two is don't forget rule number one." ~Warren Buffett

Note: There will not be a general meeting in August. The next meeting will be Thursday, September 5 in the Delaware Room.

In addition to general meetings, the club conducts three discussion groups in the Liberty Center:

- The Breakfast Group discusses a variety of subjects from fixed investments to insurance. We will not meet in August. The next meeting will be on Wednesday, September 4 at 9 a.m.
- The Stock Group examines aspects of selecting, timing, buying, and selling stocks. We will not meet in August. The next meeting will be on Friday, September 20 at 2 p.m.
- The ETF Group focuses on exchange-traded funds and mutual funds for income and growth in your portfolio. We will not meet in August. The next meeting will be on Friday, September 27 at 2 p.m.

Be sure to check the club website: financial.scaclub.org frequently!

GARDEN CLUB

In last month's issue we illustrated plants from three of our member's gardens during the tour in May. Here we picture some showstoppers from the other three gardens. Master Gardener Sheila Hodis focuses on native species, Ken Moye on plants that are rabbit-proof and provide year-round color, and Linda Naccarato on irises and tomatoes. Some of the six photos were provided by members of the SCA Photo Club, and we thank them for their generosity of time and talent.



Golden saguaro, grown by Ken Moye

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Penstemon palmeri, grown by Sheila Hodis



Iris Amas, grown by Linda Naccarato

Like last month, we will not convene in August because of the heat. Meetings resume in September with a must-see presentation on tree selection and care by arborist and Instructor Master Gardener, Laura Eisenberg. Our annual field trip in October will be to the UNR Extension Botanic Gardens in Las Vegas, where everything from herbs to palms is grown to perfection here in the Mojave Desert. Members will pay only \$5 for a round-trip coach ride and guided tour by docents. At this writing the bus is already half-full.

Is your garden screaming at you for attention, but you don't know what to do? Have you recently moved here from another part of the country? You can't identify those weird plants that you inherited when you bought your house, much less figure out how to care for them? One of the many benefits of joining the Garden Club is our free House Call program, whereby two or three experts will visit your home on request at no charge to offer advice.

We meet in the Penn/Morris/Nelson Rooms of the Independence Center from 9:30 to 11:30 a.m. on the second Monday of each

month except July and August. Free coffee, tea, and cookies are available from 9 a.m.

Sun City residents are welcome to attend two meetings/year without joining. Dues for 2024 are \$15; checks may be made payable exactly to: Sun City Anthem Community Association, Inc. with 'Garden Club' on the memo line. Enrollment forms are also available at the Anthem Center kiosk and on our website at garden.scaclub.org and can be placed in the Garden Club mailbox located outside Anthem's Fitness Center along with your check payable as above. Feel free to email any questions about the club to president, Dr. Alec Pridgeon at apridg1@gmail.com.

HAND AND FOOT

You get two "hands" in our game. It's almost like cheating! Actually, Hand and Foot gives you a second chance to score; after you play all the cards in your first hand, you pick up and play the second (your "foot"). With the help of your partner, you compete against another duo and play to the finish!

Seven identical cards are "booked", and if there are no wild cards, they're pure (red) and count 500 points. With two or less wild cards, they're dirty or black, and count 300 points. Unlike canasta, red threes count against you (100 points each!) when you add up the final points.

We meet twice a week in the Morris/Nelson Rooms in Independence Center. Tuesday games start promptly at 5:30 p.m. Please try to arrive by 5:15 p.m. On Fridays, play begins promptly at 12:30 p.m. Please try to arrive by 12:15 p.m. No one can start after those times.

We welcome new players to enjoy the camaraderie and game. Questions? Contact Charlene at acwakkuri@gmail.com.

HAVURAH



Shalom. “Havurah,” loosely translated from Hebrew, means “friendship circle.” The club began in 2002 when a group of 40 people came together to form a social club that would celebrate Jewish holidays and culture. Over the years, the group has grown to approximately 350 members. We welcome singles and couples of all beliefs to join us. We are dedicated to providing a warm, friendly environment.

Our annual movie and ice cream social will be on Sunday afternoon, August 25. We will be enlightened by a one-hour documentary *A Long Journey: The Hidden Jews of the Southwest*. It relates the story of Catholic Hispanics in the southwest United States who can be traced to Jews escaping from Spain and Portugal. They disguised themselves as Catholics to avoid the Spanish Inquisition.

It wasn't until the early 1990s that this population discovered its ancestral roots. Hence, they are known as the “hidden Jews.” Plan to see *A Long Journey: The Hidden Jews of the Southwest* about this interesting piece of American history, directed by Isaac Artenstein, the nephew of club member Rosie Radden. Admission to the ice cream social is free for members and \$5 for guests/future members.

Save the date.

Our next membership meeting will be on Wednesday, September 11. Our speaker will be Katrina Huddleston, the Executive Director for Hillel of Nevada at Jewish Nevada. She will address antisemitism on college campuses.

Members will receive details for our events via email.

For more information, membership forms, upcoming events, photo galleries, and to contact any Leadership Team member, go to Havurah.scaclub.org. You can also find membership forms at the kiosk outside the Activities office. The Havurah mailbox is located across from the fitness desk in the Anthem Center. Membership dues are \$15 per person. Questions? Feel free to contact our president Debbie Blonder at DebbieBlonder@icloud.com or 703-624-0897.

Jewish Tidbits.

Why Jews Light Candles at the Start of Shabbos

Shabbos/Shabbat, the Jewish Sabbath, begins on Friday at sundown and ends on Saturday evening, twenty-five hours later. Candles, lit to mark the beginning of Shabbos, symbolize the human soul and the Torah. Lighting them and studying and observing the Torah illuminate the world.

The woman of the home lights the candles. If there is no woman, the man may kindle them. The first woman to light candles was Sarah, wife of Abraham, the patriarch of Judaism.

It is considered a mitzvah (commandment) to light the candles. The Fourth of the Ten Commandments tells us to remember the Sabbath and keep it holy. Typically, two candles are lit. Some



At the start of the Jewish Sabbath, we light candles, drink wine, and eat challah (egg bread). A prayer is recited before each of these actions.

believe this is because the Torah refers to the act in two places: Exodus 20:8 says to remember the Sabbath; Deuteronomy 5:12 says to keep the Sabbath.

After the candles are lit, the blessing is recited. In English, it means, *Blessed are You, Lord our G d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the light of the holy Shabbat.*

The flames are allowed to burn out naturally.

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HIKING CLUB



Our club has a diverse group of members with various backgrounds, and it is quite interesting for us to hear what our fellow members were doing before moving to Sun City Anthem and joining our group. One of our members, Ken Root, is also a terrific hike leader.



Ken "Reaching New Summits" on Mt. Barcroft in the White Mountains of California

Embarking on trails that wound through the wilderness became a hobby and a lifeline for Ken during the years spent tethered to an office desk. Though the corporate world demanded his attention, the call of nature's pathways was irresistible. Every weekend offered an opportunity to escape the confines of the office.

Ken developed a profound connection with hiking. With each step, the weight of responsibility lifted, replaced by the lightness of freedom.

The rhythm of footsteps

became a symphony of exploration, leading to waterfalls, along rugged cliffs, and across meandering streams.

Retirement in 2012 marked the dawn of a new chapter for Ken. This chapter was defined by the pursuit of adventure and backpacking on multi-day trips into the high Sierra. With newfound freedom and the strength resulting from distance running, Ken embarked on journeys with fellow hikers that scaled high peaks. Each hike brought its own challenges and triumphs, forging memories that would endure a lifetime.



Charleston Peak with hikers Ken, Bernhard, and Luis



A group of 16 hikers in front of cabin ruins on Telephone Canyon hike

When asked, "What were some of your most memorable hikes?" He had three that topped his list:

- Finding a trusted group of climbers allowed him to climb the southeast buttress of Cathedral Peak in Yosemite high country.
- On a hike to Clyde Minaret near Mammoth CA, he was instructed by Scott Swaney, a legendary hiker.
- Ken's most challenging climb was the Middle Palisade in the Sierra Nevada, which is one of the fourteeners. A fourteener is a mountain with a summit elevation of at least 14,000 ft. Fourteeners are among the tallest and most challenging summits in the United States.

Ken moved to Sun City Anthem and joined the Hiking and Outing Club in 2023. He said, "Joining this club offered a gateway to adventure and camaraderie amidst nature's wonders in the Las Vegas area. From seasoned trekkers to newcomers, the club fosters a supportive environment for all levels of hikers, encouraging skill-building and mutual encouragement. Exploring trails with fellow enthusiasts not only enhances safety but also enriches the experience through shared stories and insights."

As the summer heats up, many of our members want to enjoy the cool air of the Spring Mountains. Some folks are not aware that hiking in higher elevations brings added challenges. Beth Lane, a seasoned hike leader, helps members ready themselves for the challenges. At higher altitudes, the atmosphere is thinner, and we must watch for signs of altitude sickness.

Recently we hiked the Telephone Canyon trail in Kyle Canyon. This hike started at Robber's Roost parking area and gently descended through a shady forest with the last mile out in the open. It was a perfect moderate hike for hikers of all levels.

Our general membership meeting is on hiatus until September 25, at 8:30 a.m. in the Anthem Center. Please join us.

HORSE RACING



Have you ever walked past a casino sports book and heard all the yelling and excitement over a horse race and wondered why? Well, join the Sun City Anthem Horse Racing Club to find out.

On Friday mornings, many members of the club have been meeting online to handicap the following Saturday's races. All club members are invited to join us at the South Point Hotel and Casino's Race and Sports Book. Don't be left at the gate. Join our club, and we'll wager you are bound to have fun. We are a dues-free club. See you there! Contact Bill Hoge at 702-776-7793, or our president, Ralph, at 702-685-7246, for more information.

INTERNATIONAL CULTURAL CONNECTIONS CLUB



"People will forget what you said, people will forget what you did, but people will never forget how you made them feel."
~ Maya Angelou



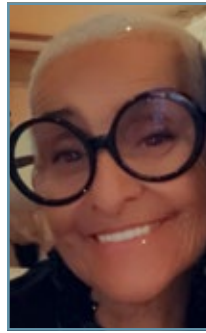
Food from Around the World, image by Freepik

Imagine living in a world where you have only one kind of food to eat every single day. No tacos or enchiladas, no sushi, pizza, gyros, or your favorite Chinese, Indian or Thai dish. It would be boring, wouldn't it? Experiencing other cultures, foods, and languages spices up our lives. The International Cultural Connections Club enriches our members in so many ways while supporting charitable foundations. Come share with us! For more information visit our website at iccc.scaclub.org.

August Celebrations:

- Olympics 2024 Paris, France
- Black Business Month
- Aug 9 - International Day of the World's Indigenous People
- Aug 17 - Marcus Garvey Day
- Aug 19 - World Humanitarian Day
- Aug 21 - Senior Citizens Day
- Aug 26 - Women's Equity Day
- Aug 31 - International Day of People of African Descent

Member Feature



Lynda Michele Ayala is an "Angelino" or native born in Los Angeles. She is a descendant of Native American and racially diverse Iberian Peninsula ancestry and enjoys a wide variety of cultural experiences. She worked for the Los Angeles Unified School District for 30 years and moved to Sun City Anthem in 2019. Lynda enjoys pickleball, billiards, line dancing, fused glass, biking, and power walking. We thank Lynda for her spirit of volunteerism as she is one of those "angels" always there when we need them the most.

Return to the Summer of Peace and Love

Watch for the ticket table in the Anthem Center by the Activities office. You may also drop a check in the ICCC mailbox (across from the Fitness desk in the Anthem Center) or the mail payable to Sun City Anthem Community Association. Include LOVE in the memo line. For info go to iccc.scaclub.org or leave a note in the mail. PEACE OUT!

"Connecting Cultures, Creating Friendships"

A colorful event poster. At the top, a peace symbol is superimposed over a globe, surrounded by a border of many national flags. Below this, the text reads: "Return to the Summer of PEACE & LOVE August 17 from 4:30 to 7:30 p.m. Independence Center Entertainment by Bob Bush & Friends 60s Costume Contest Prizes Pizza, Salad, & Cake". At the bottom, there are photos of a woman with red hair, a man with a white beard, and a man with a long white beard and a colorful lei holding a megaphone. The ICCC logo and website are also present.

Tickets are \$20 for club members or \$25 for guests.
Checks payable to Sun City Anthem Community Association Inc.
Deposit checks in the ICCC mailbox near Anthem Fitness.

INTERNATIONAL CULTURAL CONNECTIONS CLUB
ICCC.SCAClub.org

ITALIAN FORUM



Buon Giorno.

Are you staying cool? Have you enjoyed an iced cappuccino, a limoncello, a Campari and soda with an orange twist, an Italian ice? Please do...Ahh!

As in the true Italian summer tradition, we will be “vacationing” in August.

The tradition of Marina Grande di Capri, Feriae Augusti, dates back to 18 BC, initiated by Caesar Augustus. For centuries, it has been a reoccurring journey for the Italian people to leave the heat and bustle of the city sometime in August. Their desire to escape to Italy’s majestic countryside mountains, or swim in the pristine seas and lakes, or simply find a sleepy little village somewhere, continually grew in popularity. Salute to an enjoyable “scappata” (your getaway).



Grazie for the compliments regarding the format of our Summer Nights Lounge Party with Tony & the Lady highlighting the music of Tony Bennett and Lady Gaga. We are thrilled that many of you had a great time.

Upcoming in 2024

Come join us at our Night of Italy event on Sunday, October 13, featuring Tony Arias.

For almost 40 years Las Vegas Entertainer Tony has performed in showrooms up and down the famed Las Vegas Strip as a musical-comedian. His quick wit and rich baritone voice have set him apart as a truly unique, versatile entertainer. It will be a fun night with an all-Italian menu.

This year’s Holiday Gala will be on Wednesday, December 4 in the Anthem Center Ballroom. Mark O’Toole and his hot, new 7-piece band with musical director Vita and Saxophonist Steve Johnson will be featured. There will also be a DJ for your pleasure.

If you would like to meet warm people and experience quality events while sharing various aspects of the beautiful Italian culture, come join us. Our goal is always to leave you with a little bit of Italy in your mind and heart. To become a member and/or receive information regarding our upcoming events, visit our website, ItalianForum.SCAClub.org.

All nationalities are welcome. Ciao for now.

Club officers are Dean McQuillan, president; Sal Longo, vice president; Fred Napurano, treasurer; Deanna Johnson, secretary; and Dorlisa McQuillan, event coordinator.

LIFELONG LEARNING



The Lifelong Learning Club pursues knowledge through the presentation of lectures on topics of general interest to the public.

There are no Lifelong Learning Club meetings in August.



Lifelong Learning Club leadership members.
Left to right - secretary/program director Juanita Brown;
president Jackie Carroll; vice president Donna Fauste.

Please enjoy your summer. Stay hydrated and healthy. We will see you in September!

MAH JONGG



Hope you are keeping cool if you are spending the summer in Las Vegas. There is no better way to spend a hot afternoon than playing maj with your friends in wonderful air conditioning. The Mah Jongg Club continues with meetings and activities during the summer months. With so many people traveling and away for the summer, there are tables playing with three...so find a game if you are in town.

The Mah Jongg Club promotes the social aspects of this popular game. Among the benefits of joining the club, is receiving free lessons for both American and Asian mah jongg. Over the years

many people have taken advantage of this wonderful opportunity and have met many new people and made new friends.

Club members are enjoying birthday celebrations on the third Tuesday of each month at noon in the Morris/Nelson Room in Independence Center, with at least 40 members in attendance for the celebration. And for the icing on the cupcakes or cookies, a lucky club member receives a gift card.

Mah Jong Club officers meet on the third Tuesday of each month at 10 a.m. in the Morris/Nelson Room in Independence Center, and all club members are invited to attend and bring suggestions.

Please note that the dates for our socials have changed. More details will be in the monthly newsletter.

- September 24 – Sandwich Day Social
- October 22 – Annual Meeting and Election
- December 10 – Holiday Party (save something for the White Elephant Gift Exchange)

Looking to start a game or wish to sub? Check the bulletin board in the Morris/Nelson mah jongg room. If you wish to learn the fun and social game of American or Asian mah jongg, free lessons will be given when a group of at least four is formed. If you are interested in Asian lessons, contact Dottie Gennes at 702-202-3459 or dotti@aol.com. If you are interested in American lessons, Marilyn Doran will be teaching each Tuesdays from 10 a.m. to

noon in the Morris/Nelson Room. If you are interested, email Marilyn at marilyndlv@gmail.com. You must be a member of the club to receive lessons.

If you find a mah jongg tile, please put it in an envelope and mark it lost tile and leave it in the Morris/Nelson room.

The Sun City Anthem Asian mah jongg payout (fan) cards are available for \$3 from any club officer.

If you have any questions, please contact president Jackie Carroll by text/call 909-263-7989.

Stay cool and may you have many mah jongg!

MEN'S GOLF

The purpose of the club is to develop and coordinate the golfing activities and play dates for our membership and to see that golf days and types of play are organized and responsive to our membership. Throughout all our activities, it is our goal to promote goodwill and fellowship.

The Revere Men's Golf Club plays every Wednesday. Residency in Sun City Anthem is a requirement for membership. Start times vary, changing with the season: earlier times in summer and later times in winter. Both courses are used on a rotating basis, although the Concord course does receive the majority of play.

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The annual cost to join is \$70 per person. This cost includes membership in the SNGA, through which one can establish and maintain a handicap (index). There is also an optional \$15 hole in one fee. All who gets a hole in one during the calendar year will share this prize.

All August start times are at 7 a.m. The schedule for August is:

- Aug 07 - Stableford and Skins on Lexington
- Aug 14 - 4 Man Shamble and CTP Pace of Play Day Lunch & Drinks on Concord
- Aug 21 - Individual Gross and Net and Deuces on Lexington
- Aug 28 - Yellow Ball on Lexington

For more information on our club, google Revere Men's Golf Club or type in your browser reveremensgolfclub.godaddysites.com.

MULTIMEDIA CLUB



Free movie for all SCA residents!

We thank you for your support for our Multimedia Club. Amazing Racer at 1 p.m. on September 22 in the Freedom Hall Theater. Save the date. Courtesy of SCA resident movie producer, Frank E. Johnson ASC, DGA.

Look at the cast! Louis Gossett Jr, Daryl Hannah, Eric Roberts, Michael Madsen, Scott Eastwood (yes Clint's son), Claire Fortani, Julianne Michelle, and Krista Allen. Talk with the producer in the Morris Nelson room after the 90-minute movie and hear his behind-the-scenes stories.

You do not need experience in the fields of television, movies,



Courtesy Frank E. Johnson



photography, podcast, screenwriting, or video editing to be a multimedia club member but if you do have those skills or experience, we welcome you with open arms. If you want to learn this is the nurturing place to do it. The multimedia team also has a supporting role cast of wonderful volunteers who help with social media, talent coordination, events,

decor, logs, and fundraising. It takes many hands and minds to make the magic happen. And it is fun!

Harvest Roundup tickets are \$20 for Multimedia members, \$25 for guests.

For information, email marthamultimediasca@gmail.com. Make checks payable to Sun City Anthem Community Association. Include in the memo line: ROUNDUP, with your SCA account number. Checks may be dropped in the Multimedia mailbox in the Anthem Center, across from the Fitness check-in. Checks can also be addressed to 2450 Hampton Rd, Henderson, NV 89052.



The Last Ride Band

What does the Multimedia Club do?

Our members love co-creating videos about our senior lifestyle. We live in a city and community with so many interesting people, places and so much talent! It is also a great way to learn about what our community, county, city and state have to offer. Local knowledge is invaluable especially if you are a newcomer. Some make or contribute their own YouTube videos and we also make videos for residents and SCA Clubs. We even produce music videos and movies. You may not realize it, but you are using multimedia every day so why not learn more about it?

Why should I join?

Social and networking connections, field trips, location shoots, workshops, visits to interesting places in the Valley, and of course, to impress your grandkids! Join online at multimediasca.org. For more information email Phyll Perry at multimediasca@gmail.com.



IT'S A WRAP!

NEW YORK METRO

NEW YORK METRO CLUB



The next New York Metro Club event is on Friday, September 20. The theme is Greenwich Village in the 60s and 70s. As usual, there will be lots of fun and great food! Watch for more information.

Our annual Deli Night in June was a smashing success! Enjoy the pictures of our members having a great time.



The New York Metro Club is dedicated to bringing New York fun and excitement to Sun City Anthem residents who hail from or have connections to the East Coast. The club is open to members in good standing in SCA who enjoy fun events. We welcome and appreciate new members.



Membership applications can be found in the Anthem Center, either on the kiosk outside the gym or near the main entrance. Contact Diane Askwyth, club president for an application or more information at diane52a@gmail.com or the club at sca.ny.metro@outlook.com.

PADDLE TENNIS



What's all the racket going on at the Liberty Center? It's paddle tennis! If you like to have fun while exercising, then this is the club for you. This great sport is not the same as tennis. The court is much smaller, the net is lower, and we use paddles and deflated tennis balls.

The court is much smaller, the net is lower, and we use paddles and deflated tennis balls. Don't worry if you have never played before. Our fellow members will get you started! You don't have to worry about bringing any equipment, either. Our club supplies paddles and balls for your use during our club hours. All you have to do is show up with non-marking court shoes.

We play at Liberty Center and our dues are \$10 per year. Our club play days are Sunday, Tuesday, Wednesday, and Friday mornings at 7:30 a.m. For more information contact Renee at ReneeCochran1@gmail.com.

REVERE GOLF CLUB

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GOLF

2024 REVERE OVERSEEDING SCHEDULE:

Lexington

Lexington preparation (dry conditions): August 20th through September 2nd

Lexington & Driving Range CLOSED for overseeding: September 3rd through September 22nd

Cart Path Only through Oct 7th

Concord

Concord fairways shaved down September 16th through September 22nd

Concord CLOSED for overseeding: September 23rd through October 6th

Cart Path + Rough Only through October 20th

September 3rd-24th

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FOOD & BEVERAGE

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Friday, August 9th..... Last Seating 3:30pm

Saturday, August 10th Last Seating 3:30pm

Dates and times subject to change. Please confirm your reservation through Open Table or call 702.617.5783

PAN



Come join us! Get out of the house and learn an exciting new card game similar to gin rummy. This game is played with up to eight people using eight decks of cards. There are runs and sets, and no 8s, 9s, or 10s, so a run would be a 6, 7, and Jack. Certain cards are pay cards, and all spades are double.



We play in the Anthem Gallery near the Fitness Center on Mondays, Thursdays, and Saturdays from 12:15 to 3:30 p.m. Come about five minutes early as we draw for seats.

If you have any questions or would like some lessons, please call Kellee Kempf at 702-434-1909, or email lvmamie@msn.com.

Hope to see you soon.

PARTY BRIDGE



Party Bridge – a place to play bridge because you enjoy the game. Players of all skill levels are invited and welcome.

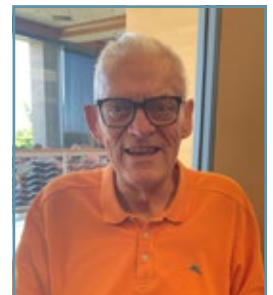
Play starts at 1 p.m. on Sundays, Tuesdays, and Thursdays. We request that you arrive no later than 12:45 p.m. Frequently, players arrive without a partner and are matched with another single.

We play five rounds of four deals (modified Chicago style) in 30 minutes. The game is usually finished by 3:30 p.m.

All sessions are in the Emerson/Franklin Room in Anthem Center. If you want more information about the club, contact our president Owen Miller at 702-326-3768 or email NVSnowbird@gmail.com.

In the Spotlight: David Dodd

David Dodd is one of the most pleasant and easy-going bridge players you will ever play with. Line him up for a game if you have not partnered with him yet. He learned to play bridge in his early years; took a long break and then began playing again in retirement.



He grew up in the British culture being born in Newcastle, England which is about 250 miles north of London and known for its historic castle and unique Tyne bridge. He qualified as an accountant in England before living in South Africa for one year, Canada for 20 years, and arriving in Illinois as CFO of a newspaper company in 1988.

David and his wife Sue, who is a retired teacher and school administrator from Illinois, were early purchasers of a home in Sun City Anthem. They bought their home in 1999 and came to live here full-time some years later. They have eight grandchildren presently living in seven states in all corners of the USA.

You are a great asset to our Party Bridge group so keep showing up!



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PERFORMING ARTS



Hold the Onions!

You're invited to our Reader's Playhouse original comedy, *Hold the Onions*, directed by Susan Dubin and Phil Schlaeger on October 9 at 4:30 p.m., Independence Center courtyard. Tickets are \$5 and include a serving of pizza! Tickets available soon at SCAPAC.org or in the

Activities office, Anthem Center.

Charlie Sees the Light (early 2025)

The cast and crew are in place for our next original musical comedy, *Charlie Sees the Light*. Director Ziona Friedlander wants to thank hardworking crew members, Tom Lee, Jim Howe, Sharon Howe, George Gingerelli, Ira King, Norene Collins, Vince McCann, Holly Telford, Phil Mastrelli, Victoria Schaefer, Meridee Joseph, Cindy Johanson and Paula Phelps for the effort they've already dedicated to launching this production.

Shared Interest Groups (SIGs)

SIGs are under the umbrella of the Performing Arts Club and offer members opportunities to expand their skills in a variety of performing arts activities. To join a group or book our entertainers for your club's event, contact a representative listed below.

Anthem Community Players include actors, singers, musicians, dancers, and a wide range of backstage roles essential to the production of a show. Contact Norene Collins at norwalco@cox.net.



Members of *Charlie Sees the Light* cast and crew



The Last Ride Band performs at Concert on the Lawn

Choraliers is a mixed choral group that enjoys singing four-part harmony in a variety of genres. New members are welcome; auditions are not necessary. Contact Ronnie Salvino at savino2140@gmail.com.

Desert Divas perform a diverse range of international dance styles. See them compete on September 21 at the Nevada Senior

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See Activities Department for details.

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Clubs

Games. Divas meet Sundays, 12:30 to 3 p.m. and Mondays and Fridays, 1:30 to 3 p.m. in Liberty Center. New dancers welcome! Contact Diana Chang at DianaMChang@msn.com.

Karaoke enthusiasts gather regularly to sing from a list of over 4,000 songs. A great singing voice is not necessary. Karaoke is on hiatus until September. Contact Vince McCann at vintzinvegas2019@gmail.com.

The Musicians' Guild brings together like-minded musicians and vocalists to create small ensembles. On July Fourth, The Last Ride Band gave another high-energy performance at Yorktown Grill. To be added to the Musicians' Guild list, contact Jim Howe, at dochowe@sbcglobal.net.

Reader's Playhouse creates and performs comedies with no memorization required! Meetings are held on the third Thursday of the month at 5:30 p.m. in Liberty Center. Contact Phil Schlaeger at pschlaeger@msn.com.

Showstoppers is a dance troupe that presents original routines set to show tunes. Watch Showstoppers perform at the Veterans Ice Cream Social on August 3 at 6:30 p.m. Tickets are \$5. New members are welcome; dance experience is not necessary.

Showstoppers meet Tuesdays, Wednesdays, and Thursdays, 11 a.m. to 12:45 p.m. at Liberty Center. Contact Kandi Pla at profepla@aol.com.

Storytellers practice and perform the age-old art of telling stories. Meetings are held on the first Wednesday of the month at 6:30 p.m. in the Greene Room. Find out the theme for August by texting Shirley Otradovec at 214-263-5770.

Technicians provide skills needed for lighting, sound, stage management and computers. To join and for future training, contact Jim Howe at dochowe@sbcglobal.net.

For additional club information visit scapac.org. To join the PAC Club, contact Norene Collins at norwalco@cox.net. Dues are \$10 a year.

PET



We hope everyone is enjoying their summer!

Last month we had the pleasure of hosting a pet seminar with Dr. Loose of Inspirada Animal Hospital. He gave us some great suggestions for keeping our fur babies safe in the heat.



Dr. Loose of Inspirada Animal Hospital

Dr. Loose emphasized that our dogs should be walked early in the morning. If they must go out later in the day, please limit their walks to just a few minutes. If you have turf in your yards, note that it is just as hot as asphalt. You should hose it down before you let your dogs out.

Dr. Loose, the Practice Manager at Inspirada Animal Hospital, was the speaker at the SCA Friday Forum. He explained that animals can

suffer heat stroke in a matter of minutes if left out in the summer heat.

Bingo continues to be a huge success. The next Bingo night is August 27. The rescue we will be supporting is House of Second Chances, a non-profit charity that helps unwanted and abandoned animals. Foster homes are their top priority. They will supply everything you need to be a successful foster. If you need help with Bingo registration, call Jo at 702-465-0456.

The next Pet Club meeting will be Wednesday, September 18 at 10 a.m. in the Independence Center Courtyard.

An advertisement for AARP Nevada. At the top left is the AARP Nevada logo. Below it, the text "We're in your community" is written in large, bold, red letters. Underneath that, it says "Join us in person or online. Scan below for events." in black text. To the left of a photograph of a smiling couple is a QR code with the text "SCAN ME" below it. The background of the advertisement is a light pink color.



Deborah Wills and Jan Ceselli

We rely on our fabulous volunteers to keep Bingo running smoothly. Two of them are Deborah Wills and Jan Ceselli.



Curved path leads into Zion National Park. Photo by Diana Garcia.

PHOTO CLUB



Diagonal street leads into the city.
Photo by Dale Popkin.

Here is another hint for improving your photos. “Leading lines” is a composition technique in which natural or man-made lines lead the viewer’s eyes to your subject or deeper into the image. The lines may be horizontal, vertical, curved, or converging, such as a vertical line meeting the horizon.

Five tips for finding leading lines:

1. Look for natural lines such as roads, bridges, paths, rivers, and shorelines.
2. Determine your main subject or focal point.
3. Align yourself and your camera/cell phone so the lines lead toward your subject.
4. Take multiple shots.
5. Vary the orientation of your camera or cell phone from horizontal (landscape) to vertical (portrait). For cameras, vary the settings or use a wider aperture (smaller f-stop).

Remember, it takes practice to put this technique to use, but the results are worth the effort.

Although the Photo Club is on hiatus in August, our next informal Cameras, Coffee, and Chat gathering is Wednesday, August 21 from 10-11 a.m. in the Knox Room, Anthem Center. It is open to members and SCA residents interested in photography. Club members will continue to receive emails about photo outings and workshops, as well as Time to Shine and Monthly Theme challenges. Regular club meetings resume September 19, from 1-3 p.m. in the Penn Room, Independence Center. For more information, visit our website at scaphotoclub.com. To join, send an email to scaphotoclub2023@gmail.com.

PICKLEBALL



Thank you to everyone who played and volunteered for the “Men’s MayHem” Tournament. Much fun was had by all. See pictures of our champions below.

Kudos to everyone who participated in and donated to the Charity Tournament in June. Over \$1,500 was raised for Homeless Youth in the Nevada Valley. Thank you for your generosity!

Mark your calendars for future tournaments:

- **Dinkathon**, October 1. Challenge your “soft game.” This format will be played and scored like a regular game, but the ball must bounce only within the kitchen or non-volley zone (NVZ).
- **Double Elimination Tournament**, October 26 for men and October 27 for women. Bring your own partner for this highly competitive event.
- **Mixed Doubles Tournament**, November 9. Bring your own partner.
- **Beginners Only Tournament**, TBA.



Vertical alley leads to the unknown.
Photo by Susan Barcomb.



Congratulations to the winners of the "Men's MayHem" Tournament!

Pickleball Orientation. New to the game? Do not miss our next beginner's orientation on Monday, August 5 at 11 a.m. Meet under the canopy in front of the courts. For details contact Larry Strumwasser at tpsphoto@gmail.com

Meetups. Meetups continue through September 30 at 6:45 p.m. Women on Mondays, Mixed on Tuesdays through Fridays, and Beginners on Sundays.

It is Toasty! Remember, it does not take much for our body to become dehydrated in this heat. Consider drinking plenty of water before you come to the courts as well during play. Add electrolytes to keep your sodium, potassium, and calcium levels in check. Foods that can aid in hydration include watermelon, strawberries, pineapple, cucumber, cantaloupe, and coconut water, just to name a few.

If you feel sudden dizziness or fatigue, stop playing immediately, find shade, rest, and hydrate!

We are all in this together. No matter what brings us to the pickleball courts (exercise, competition, socialization), one thing we all have in common is we LOVE this game! Though our age, experience and level of play vary, we all want to have good experiences and enjoy our rec time on the courts. A few reminders:

- Please observe and abide by the posted "rotation rules" so that everyone has a fair chance to play. Once we have our eight new courts, we can revise if needed. At that time, we may also consider one or two "challenge courts" if members are in favor of such a proposal.
- Please be kind and courteous to your fellow players at all times and remember... keep it fun.
- We all started as beginners, so please reach out to our new members. Welcome them and be willing to answer questions and offer assistance if needed. A smile or a few words of encouragement can go a long way.

See you all on the courts!

Contact Jenifer Carlson at jenlcarlson@yahoo.com with any questions.

PINOCHLE



Play or learn the Pinochle game! Pinochle is an engaging card game that offers a mix of strategy, luck, friendly competition, and fun. Engaging in the game can help to keep your mind sharp.

Pinochle is played in partnerships, requiring collaboration and teamwork. If you enjoy friendly competition, the game offers a platform for testing your skills against others.

New members wanted! Annual dues are \$5. If you know the game, please join us. If you want to learn or just need a refresher, we will teach you. We play both single and double deck pinochle.

Playing starts promptly on Wednesdays from 1 to 4 p.m. and Thursdays from 5:30 to 9 p.m. in the Emerson/Franklin Room in the Anthem Center. Instructions for new players or experienced players needing a refresher course is provided during the Wednesday play starting at 1 p.m.

For more information, please contact Cyndy Crossman at 951-897-1701 or Danelle Glassburg at 847-533-7455.

Fun fact. Although Pinochle is typically played with four players, it can also be played with three players using a single deck. Each player is dealt 15 cards with three cards dealt to the kitty - a separate pile. The player who wins the bid exposes the kitty cards for all to see and then places them in his or her hand. The bid winner then discards three cards into his or her trick pile - these cards cannot be used.

POKER



"You're never as good as your last win, or as bad as your last mistake." ~Maria Ho"

We only have winners! All our Sun City Anthem poker players are winners. We win by having a great time socializing and keeping our minds sharp with our poker skills. And shuffling those cards? Good hand exercise.

Come out and play with us in the Anthem Center. We have a great assortment of poker games for you to pick from or play them all! Dues are only \$20 a year, and if you're not sure you want to join, you can play up to five times as a guest.

Texas hold'em no limit tournaments. Tuesdays, Thursdays, and Saturdays at 10 a.m., just show up! Usually three tables. Three re-entries are allowed per player, except for the tournaments on the last Saturday of the month. Also, on the second and fourth



WSOP Warriors! Left to right: Donna Rohwer, Randy Buck, Greg Heath, Barry Goldstein. Not pictured, Jerry Pearlstein.



The final table from one of our recent tournaments. Left to right: Steve Irwin, Donna Eiben, Len Leth, Bruce McPherson, Phillip Rosen, Teresa Lapman, Mitch Lapman.

Wednesdays at 5 p.m., there is a tournament limited to 16 players. Contact Barry at barryvg50@cox.net or 917-603-7994 to sign up for a seat.

Texas hold'em limit games are on Thursdays at 1 p.m. and Saturdays at 9:45 a.m. Usually enough for one table of eight or more. The games are for two and a half hours.



The winner, Len Leth!

Omaha hi-Lo 8 or better is our newest addition and has been getting two tables of players. Monday afternoons from 1 to 3 p.m. Contact Donna E. if you want to be on the list of players at 949-257-7584 or donnaeiben@gmail.com.

Dealer's choice is for the really creative player. Everyone deals their own game - all high and low with some declare games included. No wild cards though. Pete runs

this game on Tuesdays at noon. Contact him to get on his player list at pcfoley8@gmail.com or 201-602-6444.

Seven card stud hi/low declare is another Pete-managed game. Play it on Saturdays from 1 to 3:30 p.m. Contact Pete at pcfoley8@gmail.com or 201-602-6444. Lately, Pete has been getting two tables of players for this favorite game.

The club had five entrants in the World Series of Poker (WSOP) Super Senior (age 60+) event. While only two of them cashed, everyone had a great time! Check out the photo to the left. We also have photos from one of our recent tournaments.

PORCELAIN

Hello August! July 2024 brought us HOT temperatures here in Nevada. I hope you took advantage of our Community Center's COOL air and checked out our Porcelain Club. We have a new member who took advantage of it and joined the club. We are pleased to have Kathy K. join us every Wednesday from 9 a.m. to noon in the Ceramics Room.

New members are always welcome. We start them out with a piece of pottery to paint. We supply the paint to get them started;



Sunflower Baby by Cindy

to show them how easy it is to create such beautiful items. As they proceed in learning this porcelain art, they want to buy their own items and paint.

You are painting on a piece of clay that has been fired and glazed. You can buy various objects to paint on the internet and from local stores. For example, Amazon, Home Goods, etc. Our members are quick to share their supplies and teach different techniques or help everyone. Our yearly dues are \$5. Please drop in and meet some new

What is a Grassroots Effort?

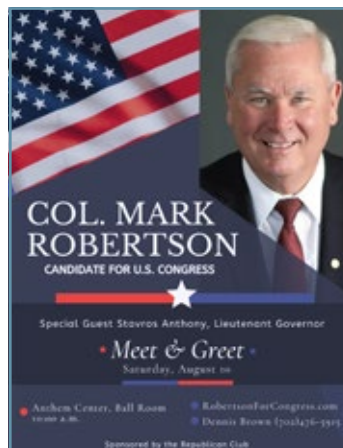
A grassroots effort refers to a movement or campaign that originates from and is driven by the general population, often at a local or community level, rather than being orchestrated by traditional power structures or organizations. These efforts rely on the active participation and engagement of citizens to advocate for change or to address specific issues.

Key characteristics of grassroots efforts include:

1. **Community-Based.** Initiatives often start within local communities and involve community members who are directly affected by the issues at hand.
2. **Bottom-Up Approach.** Unlike top-down approaches driven by leaders or large organizations, grassroots movements grow from the bottom up, with citizens taking the lead.
3. **Volunteer-Driven.** These efforts frequently rely on volunteers who are passionate about the cause, rather than paid professionals.
4. **Advocacy and Activism.** Grassroots efforts often focus on advocacy, aiming to influence public opinion, policy changes, or social reforms through various forms of activism.
5. **Personal Connection.** Participants usually have a personal stake in the cause, which drives their commitment and involvement.

On June 24, The Repair the Vote PAC achieved a true Grass Roots effort by submitting over 179,000 signatures in support of the Voter ID initiative. The submission of over 179,000 signatures significantly surpassed the 102,363 thresholds, reflecting the support for this initiative. This effort took over six months and hundreds of volunteers dedicated their time to collecting signatures. Many of our SCA Republican members donated their time to this effort. Signatures were collected at all our SCA Republican Club meetings as well as locations around the community. Governor Joe Lombardo gave his support to this effort. Well done to everyone

who made this possible. We are closer to restoring confidence in our election process. Look for the Voter ID initiative on the November ballot.



Dates to Remember:

August 10
Meet-and-Greet Colonel Mark Robertson candidate for U.S. Congress with Special Guest, Stavros Anthony, Lieutenant Governor.



Celebrating Cindy's birthday at The Cheesecake Factory

friends and learn a new/old art. For more information please contact Carol Montambeau at 702-895-0095.

Join the fun!

REPUBLICAN CLUB



The Republican Club meets on the second Saturday of each month at 10 a.m. in the Morris/Nelson Room in Independence Center. All residents of Sun City Anthem are invited to attend. We proudly embrace all genders, races, ethnic groups, cultures, nationalities, and religions. The Republican Club has worked

hard to build networks of influence in city, county, state, and national matters.

Anthem Center ballroom 10 a.m. For more details contact Dennis Brown at 702-476-5915.

August 19

There will be no meeting. Enjoy your break!

September 14

Sheriff Kevin McMahill will be our guest speaker.

October 19

In honor of the Jewish High Holiday, we will be moving our October meeting from Saturday, October 12, to Saturday, October 19. It will take place from 10 a.m. to noon in the Morris/Nelson Room. Our scheduled speaker is Andy Mathews, State Controller.

For more information about the Republican Club, please contact our president, Sharon McCabe at Sharon.McCabiesca@gmail.com. If you are not currently a member, consider joining. Dues are \$15 and may be paid at our club meetings, or placed in our mailbox, in Anthem Center. Include the club membership application and your check made out to Sun City Anthem Community Association and indicate "Republican Club" on the Memo Line.

ROCK AND ROLL PLUS DANCE



The Rock and Roll Plus Dance Club offers opportunities to learn and engage in dancing to the music of the 50s, 60s and 70s.

Our next event will be a dinner dance on Sunday, October 6 in the Anthem Center Ballroom.

The working title of our dance is "Back by Popular Demand." The Randy Anderson band will provide a variety of music for our dancing and listening pleasure and our food selections will include some of our members' favorite items. Members will have received emails with details and how to register for this fun event. Party flyers and registration forms are also available on the kiosk by the Activities Department. The deadline to register for this event is Friday, September 20.

We hold free dance lessons on Tuesdays, Fridays, and Sundays. All lessons are held at Liberty Center in the Movement Room.

On Tuesdays at 12:45 p.m. sharp, Marlene will teach line dancing for newcomers or beginners, as well as for line dancers who just want to do some simple, easy dances to slower music. We encourage those new to dancing to start on the first Tuesday of the month, since new steps and dances are taught that day and

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Margo and Sal Longo doing the promenade



American Bandstand party dancers



Jaime and Kandi Pla "at the diner"

then will be repeated every Tuesday throughout the month.

Marlene is available at 12:30 p.m. to help anyone with our new steps or steps that they may be having difficulty with.

On Fridays from 11:30 a.m. to 1 p.m., Marlene teaches beginner-improver line dancing. A preview of the day's steps begins at 11:15 a.m.

On Sundays from 11 a.m. to 12:30 p.m., Ed Hecker and Mary Ann Dering teach swing and other social dances. Single dancers rotate so do not worry if you do not have a dance partner.

Information on dance lessons and events is posted on our club website rockroll.scaclub.org. Photos from previous events are found in our photo gallery. Videos from previous events are also viewable on our website after you log into your member account.

Our dues remain \$10 per year. You may fill out an application online at our website or pick one up at the kiosk near the Activities Department in the Anthem Center. After filling out the form, please submit it with your dues payment in the club mailbox across from the Fitness Check-in Desk in the Anthem Center. If paying by check you may leave the payee line blank as we have a stamp or make it out to (exact wording needed) Sun City Anthem Community Association, Inc.

This month's photos are from our June 1 American Bandstand party.

RV

This last May the SCA RV Club organized a rally to Bishop, CA for the annual Mule Days Celebration. The club had done this before, and it was one of our favorites. Twenty-five members (13 rigs) were able to participate in the rally. The group had prearranged the parking so that the RVs could be set up to allow for a large central common area. Canopies and tables were set up to provide an area for the potluck meals and general socializing. It was like an old-fashioned "circling of the wagons" and made the rally so much more fun!

The Mule Days Celebration schedule included several events similar to a regular rodeo except with mules of course. All week long there were special training sessions for the various competitors. Pack mule training was very popular. Several college teams spent the week learning the aspects of handling a pack mule team. The college teams then competed in an event that tested their skills. It was an exciting event with the teams trying to corral the mules and get them packed and lined up. The mules of course did not all want to be corralled or cooperate!

On Saturday morning the big event was the parade through town that ended in the main arena. On Friday, Saturday, and Sunday in the main arena the mule shows were held. The hit of the mule shows was the Borax 20 Mule Team. A team of 20 mules just like the ones that hauled Borax in the early days of the west raced around the arena.

The big Friday night event was the concert with Chayce Beckham. Beckham was a winner of the America's Got Talent show a few years ago. He is now on tour throughout the country. Those who went to the show enjoyed seeing him in person. The Saturday night schedule included a dance in the concert hall which some of our members attended and danced the night away.



Mule Days Celebration

Throughout the week, the RV Club members got together for happy hours and a few potlucks. All in all, the group had a great time.

The RV Club meets on the last Tuesday of the month in the Penn Room, Independence Center, at 4 p.m. There are no meetings in June, July, or December. Look for us on the web at SCA-RV-Club.com. For more specific information, please contact

Lennard Grodzinsky, president, at Lennard@rgrgroup.com or 702-499-8570 (cell) or 702- 873-8508 (home).

SCRABBLE



Those Fun-Loving Scrabble Players
As we sit from 12:30 to 4 p.m. rattling our brains we tend to become as stiff as boards. Maybe we should do like they do at a baseball game, someone exclaimed. Yes!

The seventh-inning stretch. Yeses echoed throughout the room. Of course, there were a few nay-sayers, but the majority said yes to the question, “Do you want to have time to stretch?”

“How about ringing a bell?” blurted someone. Well, after several weeks of forgetting to bring a bell, the president brought two jingle bells. We could hardly hear them. Now, with a better bell at each session, a different member will be the bell ringer and at that time we’ll get up and stretch or wiggle or shake. Laughing as we exercise our bodies along with our brains at SCA Scrabble.

Come join our jolly group!

We meet every Monday and Friday from 12:30 to 4 p.m. in the Anthem Center, Emerson/Franklin rooms.



Jingle, jingle; everybody “shake, rattle and roll”



David, Ellen, Les, and Renee prefer one-on-one play



Rosie was our first bell toller

Competitive games, noncompetitive games, Fun Fridays, and tutoring sessions.

Dues are \$10. For more information contact scrabblemeinsca@gmail.com.

SEWING & QUILTING

August is upon us and that means only one word...hot! Another word that comes to mind for the Sewing & Quilting Club is cool! Yes, it is "cool" in the sewing room, and it is also "cool" to visit with us and see the many "cool" items members are working on.

With the holidays fast approaching it is now a good time for members to start or complete their holiday projects. The Sewing Club has monitors Mondays through Thursdays from 9 a.m. to 6 p.m., Fridays from 9 a.m. to 3 p.m., and weekends from 10 a.m. to 4 p.m. Our monitor program, under the direction of Diane Deep and Jean Abraham, allows the room to be open to all sewing club members and allows the residents of Sun City Anthem a chance to browse the items that are in the window for sale. Special thanks to our monitors!

Georgia Tobey and Jean Abraham, Workshop Coordinators, are busy with holiday planning. The workshops that are held on the second and third Thursday of the month are to work on items that are placed in the window for sale. If you see something in our window that interests you, come on in and shop!

Club Spotlight this month is shining on our Basic Sewing Program, under the coordination of Cathy Diss and Jill Yager. They took on this responsibility in January after the past coordinator of three years, Melissa Williams, turned the baton



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Pam Blatzheim with her felt flower pillow from her Hand-Tastic class



Basic Sewing students displaying their recent projects. Love those smiles!

over to them. So far in 2024, we have had 24 new members with most of them starting and attending these sessions. The object of this group is to instill confidence, break down projects into simple steps and overall to enjoy this newly learned skill. Members are taught various techniques such as cutting fabric, applique, installing zippers, etc.

After these sessions, the members are asked to do what they learned in the session and adapt it to another project of their own. The coordinators could not do this without the assistance of their “helper bees,” Lorene Osterday, Barbara Pisarski and Shiela DeFrancesco. The supplies for these sessions are donated to the members with special thanks to the Sewing Club and its Leadership Team. We surely appreciate the Basic Sewing Team!

The club website is saq.scaclub.org. The phone number at the sewing room is 702-614-5830. Katrina Heath, club president, can be reached at Alaskak64@gmail.com. She will be more than happy to answer your questions. If a club member wants information on our Facebook Group, Katrina is also the one to contact.

Please continue to be safe. This community is the best that there is, and we need to stay safe for all of us.

SILVER FOXES



Have you joined our fun, active group of women and men?

Membership dues are \$10 per person, and membership is open to all residents of Sun City Anthem. Information on joining is at the end of this article.

Summer is here and with it the hot weather. Many of the Silver Foxes board travel during the summer and this year is no exception. We are everywhere, Alaska, Europe, the Caribbean, Florida, you name it, and the Foxes are probably there.

It is so easy to travel with us. We find the best deals we can for our members and our agents take care of all the details. For information on our activities and travel opportunities, check out our website. Go to sca-hoa.org then click on Clubs, then scroll down and click on Silver Foxes. This brings you to our web page where you can click on Travel Information, Special Interest Groups, and other topics. Our wonderful webmaster Pam Topper keeps it up to date, so you always know what is happening.

Our special interest group Wine Appreciation has really taken off and we have many planned upcoming activities happening. Look for our trips in the monthly travel and social calendar, sent to our members.

Foxy Ladies lunches and Dinner with the Den are as popular as ever. These are monthly events where our members get to socialize, eat, drink and be merry with others in the group. Longtime friendships are made in this atmosphere. We also have several lunch-and-learn activities coming up so check our monthly social calendar for details.

The Silver Foxes also have many special interest groups: book groups, gourmet groups, Bunco, and the Silver Wolves. If you're interested in joining any of these groups, email our club vice president, Geri Neber at gerineb@aol.com.

The Silver Wolves are a special interest group specializing in monthly breakfasts and events for the men. Once you join the Foxes contact John Nowicki at john1872@cox.net for info on this SIG.

You can drop off \$10 dues at the Silver Foxes mailbox in the Anthem Center across from the Fitness Center. Please make checks payable to Sun City Anthem Community Association, Inc., and write Silver Foxes membership in the memo section. Include contact information: name, address, email address, phone number, and SCA number.

Reach us at Silver. at SilverFoxesSocialandTravelClub@gmail.com or contact our president, Debbie Mitsch at Debmitsch@yahoo.com.

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Clubs

Email membership chair, Cynthia Dubinsky if you have questions about joining the club and participating at Silverfoxesmembership@gmail.com. See you soon.

SINGLES

Invitation to all singles: Please come to check out our club. We look forward to meeting you. If you would like to come to any of our events, contact our club president, Jane MacDonald to register at drjanimac@yahoo.com. You may come as a guest up to three times. Then we hope you will join us as a member.

Activities: The Singles Club gathers monthly for our T-Time social events on the second Wednesday of each month at Liberty Center. This event is from 4 to 6 p.m. An email is sent to members



We love to celebrate birthdays

prior to the T-Time to register. All SCA singles are invited. This would be a great time to come meet us and check out our club. Contact Jane at drjanimac@yahoo.com so we can welcome you.

When we meet at Liberty Center for our T-Time we have snacks, appetizers, and drinks brought in by members. Much time is available for socializing with old friends and meeting new ones. There is a quick meeting with announcements followed by games and activities to get to know each other. This has proven to be a popular event.

Along with our T-Times, there are opportunities for local trips, parties, and other events throughout the year. We have hosted holiday parties, games and prizes, wine tastings, small group meetings and other exciting get-togethers. Invitations and reminders for these events are sent to members by email.

A monthly newsletter is sent out to all Singles Club members listing club-sponsored events and other SCA activities as well as community activities that may be of interest to individuals. Often our club will purchase a table at these events so that our members can attend with others from our club. This has been so helpful for singles who are new to Sun City Anthem and are looking for new friends.



Enjoying our monthly get-togethers

Special Interest Groups (SIG): The Singles Club has a variety of Special Interest Groups including happy hour, dining out, and games. We continue to add to these small groups. If you have a special interest, please let the leadership committee know and we can find others who might be interested. We recently added another dining out group and a Rummikub group. We are looking for more members to join. If you are interested in joining an already existing group or starting a new one, contact our secretary, Judy Barbour, at judybarbour@yahoo.com.

Membership: Club dues are \$10 for a calendar year. A membership form can be found in the kiosk next to the Activities Office in Anthem Center or online. Checks should be made payable to Sun City Anthem Community Association, Inc. with Singles Club noted on the memo line, and deposited in Fitness Center mailbox. When submitting a check and/or form, insert the items in an envelope and write Singles Club, your name, and the reason for the check/form on the front of the envelope. This helps with record-keeping. Please direct any questions to our club president, Jane MacDonald at drjaniamac@yahoo.com.

SOFTBALL

Softball Tuesday! Softball Wednesday! Softball Friday!

The Sun City Anthem Softball Club provides an outstanding slow-pitch softball experience for men and women 50 years and older. There are many amateur clubs for players of all skill levels in the

Las Vegas area. Since 2002, the SCA Softball Club has continued to be the best!

Slow-pitch softball is a great way for beginners and social players to participate in the sport. The ball is pitched underhand by the pitcher in an arc that travels slowly. The ball must be delivered with an arch between 1.83m (6') and 3.65m (12'). Bunting is not allowed, nor is base stealing.

It is a wonderfully curious game. The defense (pitcher, catchers, infielders, and outfielders) controls the ball (how odd) but cannot score points (runs), odder still. The objective of the offense (batting team) is to hit a thrown round object (softball) by swinging a round stick (bat) all the while trying to “keep your eye on the ball” and “squaring it up.” The batter does not want to be out but wants to return home safely. If a batter can routinely hit the softball successfully three out of ten times (.300), an invitation to the Hall of Fame may come in the mail.

Every Tuesday, Wednesday, and Friday, recreational-level senior slow-pitch softball games are hosted by the SCA Softball Club. We welcome players of all skill levels. Folks at least 50 years old play on Tuesday and Friday mornings. The Cool Kids, age 65 and older, play on Wednesday mornings (September through June). Our field is the Anthem Hills Park field #1, next to the Anthem East Trailhead. The address is 2256 N. Reunion Dr. Henderson, NV 89052. On occasion, we play at Vivaldi Park in Seven Hills or Sunridge Park.



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Clubs

Softball is a variant of baseball that is played on a smaller field. The game was invented in Chicago (1887) and originally played indoors. It quickly spread to outdoor fields and became popular in the United States and around the world. With millions of players and thousands of games played every year, slow-pitch softball is a beloved and exciting sport for people of all ages. Whether you are a beginner just starting out or a seasoned veteran, the SCA Softball Club is a great fit.

For more information, contact our club president, Brad Blake at 408-832-2291 or visit our website at scasoftballclub.wordpress.com. Our email is scasoftballclub@gmail.com.

Softball is a game, fantastic game, and tons of fun. Come join the SCA Softball Club and play ball!

“The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don’t play together, the club won’t be worth a dime.” ~Babe Ruth.

“You should enter a ballpark the way you enter a church.” ~Bill ‘Spaceman’ Lee.

SPOTLIGHT

Mark your calendars for September 13, that is the date tickets go on sale for our fall show, **Spotlight Variety Revue**. Spotlight Club dancers and singers are busy rehearsing for our next original show to be performed for you in Freedom Hall on Wednesday, November 13 at 6:30 p.m. and Saturday, November 16 at 3 p.m. Tickets will be \$10.



Spotlight dancers getting ready for the November show



Spotlight dancers getting ready for the November show

The Spotlight Club singers and dancers have also started rehearsals for our Spring 2025 show, **Come Sail Away**.

More information about the club is available on our website at spotlightclub.org.

STRATEGY GAMES

The Strategy Games Club has many fun and challenging games, to suit players of all skill levels. Come check out our library of games, where we have over 70 games ranging from easy to complex. There’s something for you.

If you’re skittish and a little intimidated by the word “strategy” – don’t be! We have an informal mentoring system, where members teach other members and take newbies under their wings.

Our club has many tile-laying games. Among them is **PROJECT L**, a fast-paced puzzle game in which you try to fill as many shapes as possible with Tetris-like pieces. It’s a lightweight but award-winning game that one to four players can play in around 30 minutes. With available expansions, more players can join in the fun.

Set up is easy and quick, play is relaxing, and chatting is inevitable. It’s easy to teach and learn, and the rules are well presented.

The core of the game lies in using pieces to complete puzzles. Collect and upgrade Tetris-shaped pieces and fit them into your puzzle tiles to score points.

Starting with just two basic pieces, you do three actions every turn. The possible actions consist of taking a new puzzle tile to fill,



Players on a recent Saturday



Project L player mats



Project L puzzles and pieces

taking a level-one piece, or upgrading a piece to a higher level, or placing a piece into one of your puzzles. Once per turn, the master action – which allows you to place one piece on all puzzles in front of you – can replace one of those three actions.

The game plays as an efficiency puzzle. You start by completing smaller puzzles, which gives you new pieces to use for larger puzzles. Since you also get to keep your used pieces, there's also an engine-building vibe in this game. Once a puzzle is completed, you gain its bonus and place the tile on your victory-points pile.

The production is top-notch: the rulebook is clear, the game comes with recessed puzzle tiles to put your pieces in, and the puzzle pieces are acrylic and make the puzzles look 3D. Player mats are helpful, illustrating not only the possible actions but also the different levels of each piece and upgrade options.

Come to one of our club's three weekly sessions, and we'll teach you how to play Project L or any of our other games. We meet in Liberty Center on Saturdays and Mondays from 1 to 5 p.m., and Thursdays starting at 5 p.m. Our dues are \$7 but come try us out for free. Come at the beginning of the session, and stay for one game, two or more! We are a collegial group that just wants to have fun, and we look forward to meeting you.

For more information, click on Strategy Games under the Clubs section of the SCA website, or send an email to sca-sgc@googlegroups.com, or call Doug Chorey at 425-802-4718.



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- November 15
- December 20

 **SCAN ME** See Activities for more information

TABLE TENNIS



The Table Tennis Club will accommodate all Sun City Anthem members and their guests, regardless of their skill level. Table Tennis is a great sport for all individuals who want to have fun and at the same time get some physical and mental exercise while improving their hand-eye coordination in a friendly social setting. Table Tennis can be played and enjoyed by players of all ages, fitness, and ability.

You are welcome to visit us for our open-play format during the club hours listed. If you decide you are going to have as much fun and exercise as we are having, you can join our club by filling out a membership application form. The membership fee is \$10.

Our club has reserved the following club times at Independence Center, which is our normal schedule. Drop-ins are allowed when either of these rooms is available.



Sun City Anthem social mixer with Sun City Summerlin table tennis club

Fitness Room

Weekdays except Tuesday: 5:30 to 9 p.m.

Tuesday: 7 to 9 p.m.

Saturday & Sunday: 2 to 7 p.m.

Aerobics Room

Weekdays except Wednesday: 5:30 to 9 p.m.

Wednesday: 6:45 to 9 p.m.

Saturday: 2 to 7 p.m.

Sunday: 5:30 to 9:00 p.m.

All club members have access to a table tennis ball machine (robot), which can help players improve their skills and work on a multitude of different strokes at varying speeds. The machine is set up on Monday evenings in our equipment room from 5:30 to 8:30 p.m.

Most players bring their own paddles and balls. If you do not have your own, loaner club paddles are available.

To find out more about our club, please contact any of the club's officers, or send us a note at Table.Tennis.Club.SCA@gmail.com. Any members who have not been receiving our regular newsletters please also contact us at Table.Tennis.Club.SCA@gmail.com.

TENNIS



Despite the rising heat, members remain highly active, with courts filled every morning. New teams are constantly being formed for scheduled plays. Recurring Saturday mixers as well as drop-ins (Tuesday morning, along with Tuesday and Thursday evening) are going strong. Both Anthem and Liberty courts are well-lighted for cooler evening play. Come out and try it!

June Mixed Doubles Winners Walk Mixer

The June mixer was efficiently executed under scorching heat. Players enjoyed post-game social hours as usual, with a variety of delicious food provided again by Peg and Mike Hicks. The nine winners are Group A; first - Marieke Samonte, second- Paulo Zantua, third - Stan Blander, Group B; first - Robert Kraut, second -Miyuki Baron, third - Monica Baldwin, Group C; first - Debbie Rogers, second - Bambi Montag, third - Jim Wenzl.

July 13 - Wimbledon Whites Team Tournament

Details to follow in the upcoming September Spirit.

USTA Teams

After over a five-year hiatus from competing in USTA League play, Sun City Anthem had 3 Women's teams participate in 2024:

- Congratulations to Debbie Fox who captained our first team - a 65+ Women's 7.0 level team. Debbie's SCA team finished second in their league, however, they had more overall games and sets won than any other team. Great finish!
- Tennis Club Board Member, Debbie Rogers captained a 55+ Women's 7.0 SCA Team in what was an incredibly competitive league of a whopping 14 Teams! One of those



June Mixer, players are happy after one match and ready to tackle the next.



June Mixer, Peg and Mike Hicks serve a variety of delicious food.

- Tuesday drop-in at 7:30 a.m. for all levels - with ball machine. Email Ken Delman at iandelm@gmail.com and/or Linda Jovan at erlindajovan@gmail.com.
- Tuesday and Thursday evening drop-in play at 6:30 p.m.
- Saturday play for 3.0+ at 7:30 a.m., contact Susan Stephens at star_step@hotmail.com to get on the list, as this is preset play, scheduled on the prior Thursday, not drop-in.

NOTE: times may change according to seasons for any of the above.

For private, group, or drills, email our resident certified pro, Guy Anderson at guyanderson@gmail.com. The present drill day is Thursdays at 8:30 a.m.

Racket re-stringing? Contact resident re-stringer, Mark Tetzlaff at marktetz@gmail.com or 801-450-7060.

Tennis ball machine issues? Contact Frank Seronello at fseronello@yahoo.com.

VETERANS



Welcome back! Hope you escaped the heat while your Veterans Club was dark in July.

Saturday, August 3, is the annual Ice Cream Social! Doors open at 6 p.m. in the Anthem Center Ballroom. Once again, it's a sellout.



June Mixer, proud medalists. Congratulations!

teams was captained by Ginger Nakamura who played out of Whitney Mesa Tennis Center. Both teams finished in a tie - better luck next year ladies!

- Our third SCA team was captained by Mary Anne Van Liere, who led a 55+ Women's 6.0 USTA League team. They finished in the middle of the pack in a very close league play.

Congratulations to all teams and thank you for representing SCA well in our first year back in USTA League play!

New and Upcoming

- A summer double-header evening tournament (one in August and another in September) is planned. Please stay tuned for details.
- Forming SCA Tennis Club's own league is being considered for those who are interested in the USTA league but unfavorable to rotational traveling. Details to follow once the plan becomes firm.

Please take advantage of our many scheduled play days, all on the Anthem courts:

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Our crack ICS ticket sales team, led by Phantom and supported by Denise Bianca and her friend Liz.

If you didn't get a ticket, thanks to some patrons who purchase and donate their tickets back to the club, you can still come on out and pay your \$5 at the door. Friends, ice cream, cookies, live entertainment, and opportunities to support local Veterans charities. A great time for all.

The Sun City Anthem Veterans Club supports veterans and their families both in SCA and in the surrounding community. All SCA residents are invited to join, whether one is a veteran or not. New member dues are \$15 annually and \$10 for returning members.

A lot is going on behind the scenes with your Veterans Club. We are pursuing quotes and working with the Woodchips Club to

build a new flag base that will allow us to add the Department of Defense's newest service, the US Space Force, to our flag display. We are also working to update the embroidered wall emblems in Hanneman Hall. Most importantly, at the June meeting, the club membership voted unanimously to support the design and installation of a granite monument in SCA to remember all those who served. It will be like those at SCA Aliante and SCA Solera, but with our unique touches. That project will be presented to the SCA Board in the upcoming months. Thanks to Phil Simmons for the research and the yearlong effort he has put into refreshing and enhancing our club infrastructure. By the way, check the display cases periodically for new memorabilia and stories about our members. If you've got something you want displayed, contact the club.

Stay tuned for the unveiling of our new logo design contest winner. Thanks to all who submitted entries. The club leadership team will select a winner and a prize will be awarded. Can't wait to put our new logo on caps, shirts, and travel cups.

We are looking for a few good men and women to serve on the leadership team in 2025. The U.S. Air Force has been at the club's helm for a while now. Is it time for a change? Are you that change? Talk to any current team member and please, get involved. We are also looking for new members for our SCA Veterans Club Color Guard. Don't let needing a uniform stop you. The club can get you a uniform, if necessary.

Looking ahead, please mark your calendars for the following special events: October 8, club elections and Membership Appreciation Night; November 11, Veterans Day Program and Celebration; December 10, Game Night.

As always, thank you for your service to this nation. Please keep all those who currently serve, especially those deployed in harm's way, in your thoughts daily. We are free to enjoy life in SCA because of their continued sacrifices. Stay safe.

WOMEN'S



Making A Difference

The Sun City Anthem Women's Club fosters meaningful community relationships, provides charitable contributions to Southern Nevada non-profit organizations, and creates a spirit of camaraderie and informational opportunities for members.

The club's mission is accomplished through fun and innovative programs and events supported by our membership. If you are looking for a group doing important work in our community while making friends, having fun, and participating in philanthropy then the Women's Club is the place for you.

An extremely hot summer is here! Even though our luncheons are on a break for the next couple of months, we are having our

mini-special events. We just had our highly successful Bingo event at the South Point Hotel Casino & Spa. Four of our ladies were winners!



Ladies at the Gala Luncheon

Hope you have signed up for our August Line Dancing event which will be held in the Anthem Center Ballroom. This is always an incredibly fun event.

Remember luncheons begin again in September with our very popular Fashion Show.

WOODCHIPS WOODWORKING

About Our Club



As with any community, Sun City Anthem has newcomers every year and we would like to welcome and encourage them to enjoy the many

benefits our community has to offer. High on the list is the opportunity to join a club that fits your current hobby or to try something new. If you have a desire to learn or already are an accomplished woodworker, our club is tailored for you. Here is what Woodchips Woodworking Club has to offer.

Woodchips Club was formed in 2003 to provide a facility within SCA for those passionate about woodworking. Membership is open to all SCA residents. Prioritizing safety, the club mandates safety training for all new members. This ensures that everyone can confidently use the tools and machinery, fostering a secure and productive environment. Whether it's crafting pull-out drawers, bookcases, cutting boards, or home furniture, the Woodchips Club caters to a wide range of interests and skill levels. Members can also seek guidance from experienced woodworkers to assist with their projects.

Our shop, located at the rear of Independence Center, is open Wednesday through Saturday, 8 a.m. to 2 p.m. with special hours



Ladies playing Bingo



Four lucky ladies!



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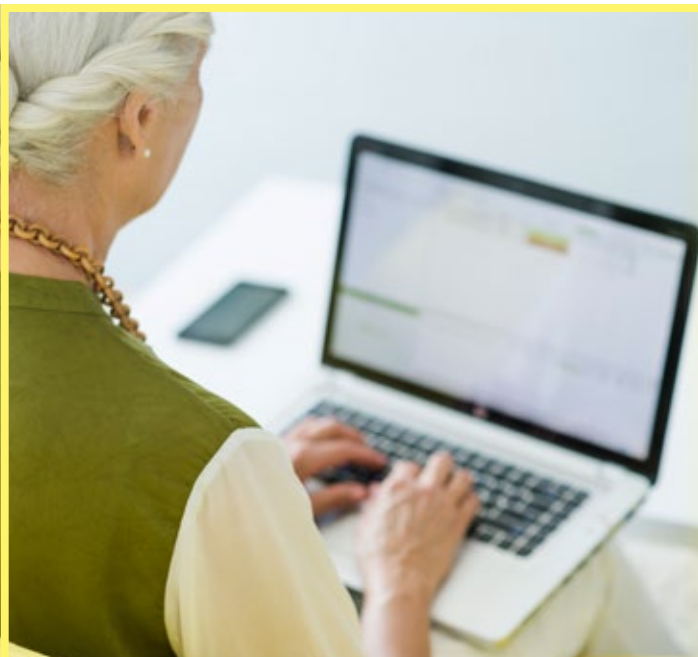
Lathe Room

for foremen, monitors, shop projects, and training classes. During active hours, the shop is supervised by a foreman and monitor. The shop is about 1800 sq ft and is well equipped to build just about anything.

We have table saws, lathes, scroll saws, a jointer, a planner, drill presses, belt sanders, drum sanders, router tables, chops saws, and we even have a panel saw like in Home Depot for cutting 4x8 sheets of plywood. Cutting wood does create a lot of dust and to control the environment, all fixed equipment is connected to a centralized dust collection system. In addition to the larger equipment, there is a considerable list of hand and portable power tools for use in the shop that can also be signed out to members for home repairs.

We have about 265 members. We are fortunate so many of our members serve as foremen, monitors, instructors, and mentors. Their contributions keep our shop safe and provide a welcoming environment for new members. The club's website, scawoodchips.org, showcases an array of completed projects, serving as inspiration for newcomers in addition to class schedules and upcoming events.

In conclusion, the Woodchips Woodworking Club is not just a place to work with wood, it is a hub of creativity, learning, and camaraderie. It is where the heat of the Nevada sun meets the warmth of a supportive community, all united by the joy of woodworking. If you are interested in joining our club, or simply curious about the shop, stop by for a tour.



The Resident Directory

The Resident Directory is an online reference tool that helps you stay in contact with your fellow SCA Residents!

Look up a specific resident by their name or Sun City Anthem address to get their contact information or just peruse the list of owner profiles.

To set up your profile with the information you would like displayed in the online directory, visit SCA-HOA.org and click the link on the Welcome page to the Membership Services page. You'll find an explanation of the security settings and options for getting set up!

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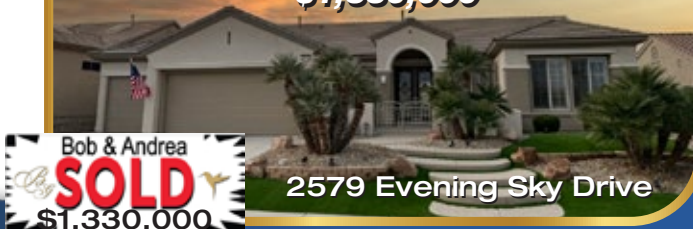


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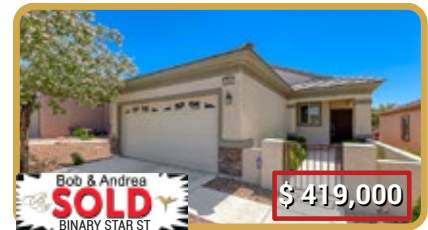
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