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SEPTEMBER 2026



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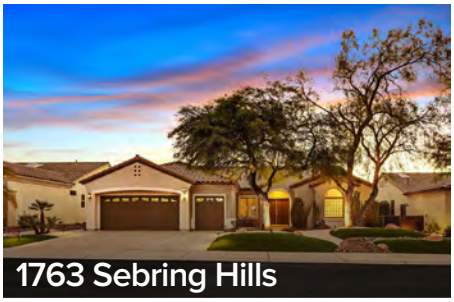
Anthem floorplan, 3175 sqft, 3 bd, 2.5 ba + den $1,150,000

Experience gorgeous city, golf, & mountain views as well as colorful sunsets while enjoying 2 outdoor sitting areas w/ fire pits. Backyard paradise has a beautiful spa w/ waterfall. This home features a formal dining area and wet bar in great room. The remodeled & updated kitchen boasts skylights, a large island, quartz counter tops & beautiful backsplash, double oven, and large cooktop. Remodeled and updated with beautiful finishes, the primary bathroom has a large double vanity and two walk-in closets providing lots of storage. The second bedroom's ensuite features a remodeled bathroom with shower.



Trenton floorplan + casita, 2708 sqft, 3 bd, 3.5 ba, $925,000

Move in ready and immaculate, this beautiful home with double door entry, opening to a spacious great room with tile floors, fireplace and wet bar. The kitchen has granite counters, large island, and plenty of upgraded cabinets. Opening to the courtyard, the spacious casita is the third bedroom and includes a bathroom with shower and closet. The den is ample for an office or extra sitting area. The private backyard features an extended patio cover and a fire pit. There is also room for a pool if desired. This home also has a 2-car garage, plus a separate golf cart garage.



Arlington floorplan, 2321 sqft, 2 bd, 2.5 ba, $879,000

Enjoy unobstructed breathtaking open space sunsets, sparkling city lights, panoramic views of West Henderson, and the LAS VEGAS STRIP. No neighbors behind! This well priced home comes with 2 newer A/C units, new carpet, and new neutral paint. Designed for ideal entertaining, this home offers indoor-outdoor living and exceptional natural light throughout. The granite counters and newer stainless appliances in the open kitchen make meal prep a pleasure for several cooks. Professionally landscaped front & backyard enhance the curb appeal and provide a serene setting to relax or host guests.



Lexington floorplan, 2446 sqft, 3 bd, 3 ba, $873,000

VIEWS welcome you in this popular 3-bedroom, 3 bathroom home w/no houses behind. Perfect views of permanent open space are seen from the primary, living room, family room & kitchen. Huge skylights in the kitchen which has a double built-in oven, a large island, granite counters, & large dining area w/the cozy family room custom wood cabinetry. Expansive outdoor living area w/built-in barbecue, water fountain and breath-taking views.

Windermere Anthem Hills
2518 Anthem Village Dr, #104
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WindermereAnthemHills.com

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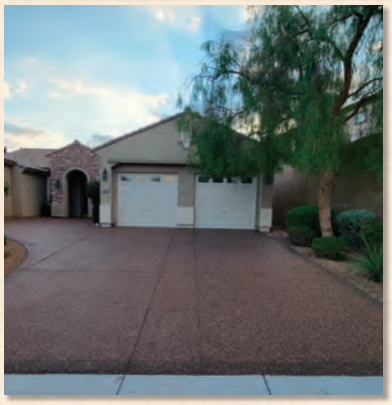
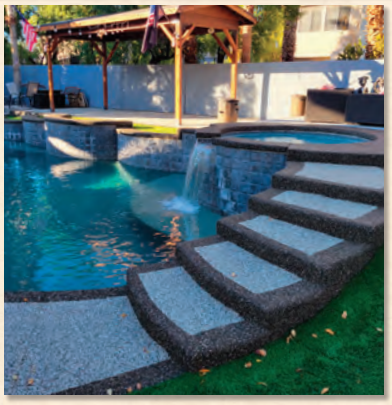
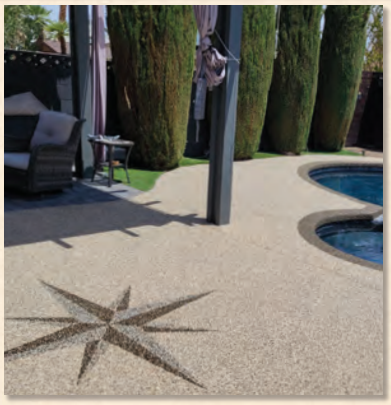
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702-614-5813 fax
scahoa.com
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FITNESS CENTER
702-614-5885
Hours: 6 a.m. to 9 p.m., 7 days a week

INDEPENDENCE CENTER
2460 Hampton Road, Henderson, NV 89052
702-614-5803
Hours: 6 a.m. to 9 p.m., 7 days a week

LIBERTY CENTER
2211 Somersworth Drive
Henderson, NV 89044
702-638-5780
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COMMUNITY SERVICE/ ASSISTANCE (CSG)
702-614-5862 • CSGHelp4U.org

COMMUNITY PATROL
702-614-6751

EMERGENCY PREPAREDNESS SERVICE GROUP (EPSG)
SCAEPSG.org

NEIGHBORHOOD WATCH
702-614-5819
NeighborhoodWatch@scacai.com

FACILITIES HOTLINE
702-614-5878

SUN CITY ANTHEM
Community Association
scahoa.com

MEMBERSHIP SERVICES
702-614-5817 ..... Membership@scacai.com

Supervisor
Debbie Green 702-614-5816

Customer Service
Vianca Mertes

Customer Service
Ginger Lynes

Membership Desk located in Anthem Center and open M-F, 8 a.m. to 5 p.m. and Saturdays, 9 a.m. to 1 p.m.

ANTHEM CENTER
Administration Office Hours
Monday – Friday, 8 a.m. to 4 p.m.

ADMINISTRATION
702-614-5800 Administration@scacai.com

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Lisa Nilsson

Association Manager
James Arteaga

Assistant Association Manager
Lisa Barbary

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Jaydee Rabang

Events Coordinator
Sherrill Middleton

Activities Coordinator
Yadira Guzman

Activities Hours: M-W, F, 10 a.m. to 4 p.m. and Thursdays. 8 a.m. to 4 p.m.

RESALE PACKAGES & INFORMATION
A/R Specialist
Fran Swenson 702-614-5829
AR@scacai.com
Realtors, general community inquiries

GetDocsNow.com.....800-353-2939

Realtors and financial institutions: All requests for documents or information needed for resale or refinancing are to be directed to Fran Swenson by phone or email.

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Spirit
Serving Sun City Anthem Since 1999

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Spirit

Serving Sun City Anthem Since 1999

SEPTEMBER 2026



On the Cover

Anthem Center dawn. Quiet mornings, city lights, and mountain horizons.

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Board Corner



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Donna.Griffith@scacai.com



Vice President
Martin Maxey
Martin.Maxey@scacai.com



Treasurer
Clara Lau
Clara.Lau@scacai.com



Secretary
James Sypitkowski
Jim.Sypitkowski@scacai.com



Director
James Mayfield
James.Mayfield@scacai.com



Director
Forrest Quinn
Forrest.Quinn@scacai.com



Director
Michelle Sharples
Michelle.Sharples@scacai.com



Understanding Sun City Anthem Assessments and Funds

In our current (third amended and restated) edition of the Declaration of Covenants, Conditions, and Restrictions, Article 8 focuses on finances paid by Association members and outlines the budget process.

Article 8.1e addresses how excess collections must be either returned to Association members or directed to the reserve account. This section applies specifically to our quarterly assessments and how they support operations and reserves.

Article 8.4 addresses Special Assessments, which are to be avoided. Proper community planning accounts for all current and future capital projects that require funds set aside for cash flow. Other collections or assessments come into play to avoid the necessity of a surprise special assessment. We call these additional collections Asset Enhancement Fees, or AEF.

Article 8.12 does not specify who pays the AEF; it could be the seller, the buyer, or handled through the mortgage company. The calculation equals 1/3 of one percent (1%) of the Gross Selling Price of the Lot. This section defines the purpose of this collection:

"The Association shall deposit the Asset Enhancement Fee into the Association's operating account, for the purpose of, among other things, stabilizing assessments, and subsidizing the cost of enhancements and improvements to the Areas of Common Responsibility. By way of example and not limitation, Asset Enhancement Fees may be used to assist the Association in funding operating and maintenance costs for the recreational facilities, Common Area open space preservation, and all other funding needs for operating the Association."

There has been ongoing discussion regarding how these funds should be saved. Although Asset Enhancement Fees are a form of assessment, they can be designated for current and future capital projects. For this purpose, our accounting firm advised the Association to establish a Board Designated Equity Fund. From this fund, money can be allocated toward capital projects or used to bolster the reserve fund. Board members recognize that AEF funds may be used instead of reserve funds for certain repair or replacement projects to preserve reserve funds.

Martin Maxey, *Board Vice President*

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BOD Meeting Summary/Upcoming Meetings

BOD Meeting Summary

The July Board meeting was held at 1:30 p.m. in the Delaware Room, via GoToMeeting Webinar, as well as in-person.

July 23, 2026 – Meeting Summary

- Approved July 23, 2026, Board Meeting Agenda
- Approved June 25, 2026, Board Meeting Minutes
- Accepted the General Manager's Report
- Accepted Facilities Director Report
- Approved Finance Committee & Strategic Planning Work Group recommendation
- Approved Strategic Planning Work Group clarification to transition to a Governance or Independent Committee
- Accepted the unaudited Financial Report for March 2026
- Accepted the Quarterly Legal Litigation Disclosure Statement for the Resale Package
- Accepted the Committee & Service Committee Reports
- Approved Bella Meese to the Covenants Committee
- Approved James Britton to the Finance Committee
- Approved the Strategic Planning Committee Charter
- Approved BAI 20-07-23-2026-01 – Pinnacle Asphalt crack filling and seal coating
- Approved BAI 21-07-23-2026-02 – Asphalt repairs and re-stripe at three Rec Centers, Annex and Atchley
- Approved BAI 22-07-23-2026-03 – Installation of subterranean access vault
- Approved BAI 23-07-23-2026-04 – Replacement of two 15-ton HVAC units in Cardio Room
- Approved BAI 24-07-23-2026-05 – Sun City Anthem's Insurance policy annual renewal
- Approved BAI 25-07-23-2026-06 – Purchase nine roof hatch safety railings

For more Board meeting information visit **scahoa.com**.

All owners are encouraged to attend the Board meetings. GoToMeeting information will be available for members who cannot attend in-person. The log-in information will be printed at the top of the meeting agendas.

All Board of Directors meetings are recorded. Unit owners can request a copy of the audio recording. They can also request a copy of the meeting minutes or summary of the meeting. Electronic copies will be sent at no charge. Alternatively, a printed version will be available at a cost not to exceed 25 cents per page for the first 10 pages, and 10 cents per page thereafter.

Unit owners have a right to speak to the Board during the BOD meeting unless the Board is meeting in Executive Session. There are two comment periods set aside for homeowners to speak: one at the end of the first section of the agenda regarding agenda items only, and the other at the end of the meeting for general comments.

Meeting Schedule

September through December 2026

*In accordance with NRS116.31083, notice of a meeting of the Board of Directors shall be given to the Association members no less than ten (10) days prior to the meeting. Dates are listed below for upcoming Board meetings. Meeting notices will also be sent electronically to owners who have authorized the Association to communicate with them by electronic means. Meeting agendas and virtual meeting log-in information will be made available to Association members five (5) days prior to the meeting via the **scahoa.com** website, on the bulletin board in the Anthem Center at 2450 Hampton Rd., Henderson, NV 89052, or by contacting the management office.*

Thursday, September 17, 2026 – Agenda Review Workshop*
9 a.m., Arlington Room

Tuesday, September 22, 2026 – Executive Session
9 a.m., Greene Room

Thursday, September 24, 2026 – Open Session
1:30 p.m., Delaware Room

Thursday, October 15, 2026 – Agenda Review Workshop*
9 a.m., Arlington Room

Tuesday, October 20, 2026 – Executive Session
9 a.m., Greene Room

Thursday, October 22, 2026 – Open Session
1:30 p.m., Delaware Room

Thursday, November 12, 2026 – Agenda Review Workshop*
9 a.m., Greene Room

Tuesday, November 17, 2026 – Executive Session
9 a.m., Greene Room

Thursday, November 19, 2026 – Open Session
1:30 p.m., Delaware Room

Thursday, December 10, 2026 – Agenda Review Workshop*
9 a.m., Greene Room

Tuesday, December 15, 2026 – Executive Session
9 a.m., Greene Room

Thursday, December 17, 2026 – Open Session
1:30 p.m., Delaware Room

**Workshops are open to all residents. Observation only.*

Management will keep you informed via the website, eblasts, and possibly mailers, if needed. Contact staff if you have questions.

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Committee Reports

ARCHITECTURAL REVIEW

Larry Griffith, Subcommittee Chair
ARC-Committee@scacai.com
Plan review second and fourth Thursdays, 9 to 10:30 a.m.
Emerson/Franklin Rooms, *no in-person attendance*

The Architectural Review Committee (ARC) approves the homeowner modifications that comply with the Design Guidelines and the Rules and Regulations (DG&RR). The Design Guidelines provide a framework and a comprehensive set of standards for home alterations and additions, and they establish criteria for design, style, materials, colors, and location. These guidelines also list an orderly process for submitting, reviewing, and gaining the approval of proposed changes.

At the June Board of Directors meeting, the Board approved revised editions of the Design Guidelines and Rules and Regulations. In July, homeowners with an email address on file received digital versions of these documents via eblast, while those without an email address received printed copies by mail. Enforcement of the revised guidelines began in August. Obtain an additional digital or hard copy of either document at the membership desk in Anthem Center.

If you wish to make external changes to your lot, including painting, read and understand the Association governing documents, specifically the Design Guidelines. Homeowners are responsible for the final product, whether it is an addition, a casita, or a new plant in a rear yard.

Homeowners may submit a signed and dated Architectural Change Application to the Community Standards Department along with signed plans, drawings, blueprints, and any supplemental materials related to the modification project.

Review the complete Design Guidelines by visiting the ARC webpage under the Governance tab on the SCA website, scahoa.com. For questions, contact the Community Standards Department at 702-614-5820 to request a consultation with an ARC member.

Application submission
In lieu of attending ARC meetings, residents can email their applications and plans to ARC-Committee@scacai.com, send them by UPS or USPS, or drop them off at a lockbox located outside Anthem Center, Independence Center, or Liberty Center. Only one set of documents needs to be submitted. Once received, projects are reviewed at the next scheduled meeting, and the homeowner will be notified of the results.

The homeowner should be available by phone during the plan review time. If you are not available at the phone number listed on the application, submit a phone number where you can be reached during this time. An ARC member may call and request necessary clarification of the application for it to be approved.

The Community Standards staff and volunteers look forward to continuing to assist the members of SCA in maintaining the aesthetics of our community.

COMMUNITY LIFESTYLE

Joan Holmstrom, Chair
Lifestyle.Committee@scacai.com
Next meeting Friday, September 4, 9:30 a.m., Arlington Room

The Community Lifestyle Governance Committee (CLC) monitors and supports SCA's clubs and assists with the formation of new ones. We advise on policies, procedures, guidelines, and the use of Association facilities for clubs. We work with the clubs that sponsor many activities and events. Most events are for club members only, but when clubs wish to invite all residents or hold a public event, it must be approved months before the event. Each club has a CLC liaison who is the first contact for a club that has concerns or questions, wishes to amend a club charter, or wants to add a new activity that must fit the mission of their charter and be approved by this committee.

The workshops for club election managers were well attended, though it took three sessions to accommodate all clubs. If your club election manager missed these workshops, have them contact us directly so your club can hold its election, as election managers are required. Once the leadership team decides on the voting method, everything is managed by the election manager or committee.

A couple of questions came up during our workshops:

What if a current officer wishes to remain an officer next year?
The candidate must complete an application for the election manager. All positions are open to all members.

Why should there be two election managers?
When votes must be counted, such as hand votes at a meeting, paper ballots, or email ballots, two election managers are required to count and verify the vote.

Must at-large members be elected?
Yes, all leadership members must be elected by club members, and all hold equal voting power.

These and many other questions were answered during the workshops, and the Board of Directors (BOD) Club Procedures and Policies passed in January were reviewed.

Consult scahoa.com for information on each club, links to outside club websites, email contacts, and club documents and forms. Our clubs play a vital role in our community, showcasing the creativity and talent of their members who greatly contribute to our collective experience.

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Yorktown Model
SOLD: $1,015,000



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Independence Model w/casita
SOLD: $675,000



2243 BENSLEY ST
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SOLD: $535,000



1605 WILLIAMSPORT ST
Jefferson Model
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1693 SEBRING HILLS DR
Monroe Model
SOLD: $635,000



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Lincoln Model w/casita
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Concord Model
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Committee Reports

COVENANTS

Joseph Palumbo, Chair

Purpose and procedure

The Covenants Committee meets monthly with two primary objectives: first, to fulfill the requirement for a Deed Restriction Enforcement Committee as outlined in Article 5.2 of the Bylaws, and second, to determine if violations exist concerning Section 3.26 (Bylaws) and Article 7.4 (Declaration of Covenants, Conditions, and Restrictions).

Violation review process

The committee reviews alleged violations of the governing rules and regulations. By examining all relevant data, the committee determines if a violation exists and whether to impose fines or sanctions. During the monthly hearings, the alleged violator has the right to appear in person or to respond in writing and present additional information. All discussions and reviews are confidential; consequently, the meetings are not open to the general public unless someone is specifically invited.

Notification and appeal

Following deliberation and a decision, the alleged violator is properly notified. This notice includes any specific fines or sanctions, if applicable. If a violation is confirmed, the violator is given time to remedy the violation and thus avoid all fines and sanctions. If the violator disagrees with the committee's decision, it can be appealed to the Board of Directors.

Should you have any questions or require additional information, email Compliance@scacai.com.

ELECTION

Anthony Ptak, Chair
ElectionCommittee@scacai.com
Next meeting Tuesday, September 8, 10 a.m., Concord Room

The Election Committee continues to encourage residents to sign up for the electronic voting option, which is available through the Association webpage or at the Administrative office. Digital balloting optimizes operational efficiency, and it significantly mitigates election expenses by reducing printing and mailing charges.

Data from the recent election demonstrates that digital access directly drives resident participation. Eighty-one percent of residents who opted into the electronic voting process submitted ballots, compared to 25% of households who utilized traditional paper ballots. To build on this momentum, the Election Committee hopes to see an increase in households opting into the electronic voting process for the next election.

The Election Committee continues to seek out homeowners interested in serving on the committee. If you have an interest, contact Anthony Ptak at the email address listed above.

FINANCE

Michael Catallo, Chair
Finance.Committee@scacai.com
Next meeting Wednesday, September 9, 9 a.m., Arlington Room

Financial update

Throughout July and August, Management and the Finance Committee (FC) continued finalizing the 2027 operating and reserve budgets for the Main Association and our five neighborhoods. This year's process included coordinating with department heads and club leadership teams, interfacing with the newly formed Strategic Planning Committee, and requesting suggestions from the Board and residents to make the presented information more user-friendly. We will deliver our 2027 budget recommendations at the September 24 Board of Directors meeting.

Alongside the demands of the 2027 budget, our dedicated SCA accounting team completed the April and May unaudited financial statements in July. They expect to finalize the June and July statements by the end of this month.

SUN CITY Anthem

VILLA ADVISORY GROUP LEADERSHIP CONTACT

CANYON CREST
One open vacancy.
Mary Kaplan
mary.p.kaplan@gmail.com 919-699-9560

CLUBHOUSE
Kathy Mundy
mundykathleen1@gmail.com

HIGH MESA
One open vacancy.
Jack Donahue
jdonahuesr@gmail.com 860-977-5676

MOUNTAIN VIEW
Primary – **Pamela Williams**
apwilliams839@aol.com 510-418-1661

Email: villaadvisorygroup@scacai.com

Jim Marrs
Realtor
702-354-3479
jim@jamesmarrs.com
Lic. # S.0065194



REALTY ONE GROUP

Laura Au-Yeung
Realtor, ABR® SRES®
702-885-4904
lauraauyeung@outlook.com
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OUR CURRENT LISTINGS IN SEPTEMBER



2328 Hardin Ridge
Liberty 2200 Sq Ft. On the golf course, backyard pool. $660,000



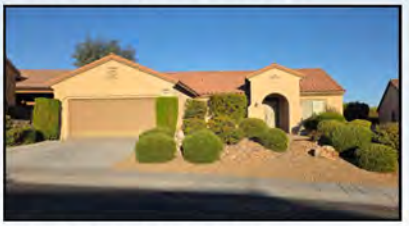
2256 Laurel Heights Ln
Lincoln 2096 Sq Ft.
Move-in ready. $545,000



1616 Bontemps
Concord 2592 Sq Ft. 2 ensuites, Upgraded. $750,000.



2557 Forest City
Monticello 2769 SF.
3 ensuite bedrooms, 4 baths
Plus 2 dens, $910,000.



2211 Cordaville Dr
Columbia 2401 Sq Ft.
Upgraded solid wood floor.
Private yard. $675,000



2181 Bliss Corner
Extended Montgomery, strip views from inside and out,
3 bedrooms plus den. $819,000



2833 Winslow Springs
Independence 2177 SF.
Two master suits. $550,000



2096 Sandstone Cliff
Columbia 2401 Sq Ft.
Elevated lot. $650,000



2096 Mountain City
Virginia 1610 Sq Ft.
Upgraded. $549,000



2408 Black River Falls
Lincoln w/casita 2400 SF.
3 bedroom, 3 baths plus den.
$585,000



2093 Mountain City
Independence 2133 SF.
Panoramic strip views, paid solar panels. $675,000



2025 Wildwood Lake
Cambridge 2032 SF.
mountains and city views.
$660,000

Committee Reports

The SCA 2025 federal income tax return was accepted by the IRS on June 29. The return reflected a $62,177 income tax overpayment, which has been applied toward our 2026 estimated tax liability.

Join the Finance Committee
The FC needs qualified volunteers, as we are currently at the minimum of five members.

SCA owners with financial, budgeting, and business experience, particularly those holding a CPA designation or an MBA, are encouraged to review the membership qualifications outlined in our charter, available on the FC webpage.

If you believe you meet these criteria, complete an application form for consideration. Forms are available through the SCA website on the volunteer program webpage under the governance menu tab. Completed submissions can be dropped off in the volunteer interest mailbox at the entrance to Anthem Fitness Center or sent via email to volunteer@scacai.com.

Stay informed
Our meetings are open to the public, and we invite residents to attend and stay informed about the financial health of our community. This is the ideal time and place to ask detailed questions regarding the financial activities of SCA. We highly value homeowner questions and constructive comments, as your input provides fresh ideas and often highlights issues that need to be addressed in future meetings.

STRATEGIC PLANNING

Wendy Linow, Acting Chair
StrategicPlanning.Committee@scacai.com

Sun City Anthem is beginning an important community conversation about its future, and the Strategic Planning Committee (SPC) invites all residents to take part by attending our upcoming Kickoff Event:

Strategic Planning Kickoff Event
Tuesday, September 22, 2026
2 to 4 p.m.
Anthem Center
Delaware Room

You may attend the meeting from your computer, tablet, or smartphone.

https://meet.goto.com/906593653

You can also dial in using your phone.
Access Code: 906-593-653
United States: +1 (571) 317-3112

If you don't have the GoTo app, get it now and be ready when our meeting starts.

https://meet.goto.com/install

Through a resident-driven planning process, the SPC will develop a Strategic Plan for Board consideration. The plan will reflect community priorities, identify opportunities and challenges, and support future decisions while preserving the qualities that make Sun City Anthem such a special place to live.

Understand the purpose
At the Kickoff Event, residents will learn what strategic planning is—and why it is important for Sun City to develop a meaningful plan. A comprehensive strategic plan provides a practical roadmap for the future by clarifying priorities, establishing long-range goals, and supporting thoughtful, financially responsible decision-making.

Join the conversation
The Kickoff Event is the beginning of the conversation. What we hear from you that day will help us begin the journey towards a meaningful resident-driven plan.

Help shape the plan
Resident engagement is key to the success of the Strategic Plan. Throughout the process, residents will have opportunities to share perspectives, identify community priorities, and work with the SPC as the plan develops over the coming months and ultimately considered by the Board of Directors.

Whether you have lived in Sun City Anthem for one year or twenty-five, your experiences, ideas, and hopes for the future are important.

Please join us on September 22 as we begin this important community conversation together. Your voice matters—and together, we can help create a thoughtful roadmap for Sun City Anthem's future.

Please check the Strategic Planning landing page at scahoa.com to follow the plan's progress over the coming months, review our meeting calendar and other upcoming events, or submit a comment card. We encourage and welcome all questions, comments, and ideas.



View past issues at **scahoa.com**

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From the General Manager: Building Our Future Together and Staff Recognition



As we conclude planning for 2027, vital work is underway behind the scenes to craft a responsible, sustainable budget. Our core focus remains on identifying meaningful cost savings while upholding our benchmark level of service, cleanliness, and quality our residents expect and deserve. We approach every decision with the long-term vitality of SCA in mind, ensuring we remain effective stewards of Association resources without compromising the caliber of our community.

The Strategic Planning Committee is also making great strides, and it is finalizing a survey scheduled for distribution in or around October. We encourage every resident to participate. Your input will directly shape a strategic plan reflecting the vision and priorities of our entire neighborhood. The more feedback we receive, the better equipped our Board will be to make informed decisions that benefit SCA as a whole.

To confirm you receive the upcoming survey and other essential Association communications, please verify that Membership has your current email address on file by contacting membership@scacai.com. Staying connected is one of the most effective ways to guarantee your perspective guides our decisions, and to remain informed about key community initiatives.

Now, let's turn to this month's well-deserved staff recognition. I am proud to spotlight our exceptional Facilities Team. Throughout the year, they have completed an extraordinary number of projects, many of which arose unexpectedly and required immediate intervention. These achievements build upon their ongoing preventive maintenance efforts and the countless daily work orders that keep our community safe, seamless, and beautifully maintained.

Their ability to adapt to shifting needs while remaining steadfast in preserving our infrastructure demonstrates their professionalism and dedication. Despite staffing challenges and an ever-evolving workload, they consistently exemplify flexibility, teamwork, and an uncompromising commitment to excellence. Thank you to our Facilities Team for representing SCA with continuous pride and devotion.

Jessica Smukal, ***General Manager***



SCA Administrative and Activities Offices will be closed Monday, September 7 in observance of Labor Day.

All SCA Centers open regular hours.



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Emergency Preparedness (EPSG)

Flooding in the Desert?

Did you know that floods are the most common and widespread of all natural disasters in the United States, second only to fire?

While we live in a desert, flooding is a threat that can become a reality fast, especially since the ground in most of our local area is unable to absorb water quickly, and drains can become overwhelmed, causing flash flooding.

Here are essential precautions to keep in mind:

- **Flash floods occur with little or no warning.** They can develop slowly or quickly, reaching peak intensity in a few minutes. They can cause utility outages, disrupt transportation, damage buildings, and create landslides.
- **Flash floodwaters move at very fast speeds.** Rapidly moving water can roll boulders, tear out trees, destroy buildings, and obliterate bridges. Just six inches of moving water can knock a person down.
- **Cars are easily swept away in fast-moving floodwater.** Never drive through any amount of floodwater. If you cannot see the lines on the street, it is too dangerous to risk crossing the intersection or area. Take an extra five minutes to find another route. Just one foot of moving water can sweep a vehicle away.
- **Avoid floodwaters completely.** Do not walk, swim, or drive through floodwaters. **Turn Around, Don't Drown!**
- **Stay alert during heavy rain periods.** Avoid unnecessary travel outside your home, and watch for flood alerts and warnings.

Flash flood watch vs. warning

When a flood is incoming, a **flash flood watch** is issued first. This means current weather conditions will likely result in flooding. While a watch does not guarantee that a flash flood will occur, it indicates that the community will experience severe weather with a high likelihood of floodwaters.

When conditions become clearer, a **flash flood warning** is issued, meaning a flash flood is either imminent or occurring. In some cases, a flash flood occurs so quickly that there is not enough time to send an advance warning alert.

Understanding the difference between a flash flood watch and a warning can help you respond quickly when severe weather hits.

Visit our website at **scaepsg.org** for more information.

DRILL: ACCESSING IMPORTANT DOCUMENTS

- Pick a slow week on the calendar and imagine you had to evacuate your house quickly or your home was damaged while you were away. You do not have access to your house, computer, or personal files.
- Do you have a safe place with friends or family where you can stay?
- Do you have a list of important contacts, such as family members or service providers, that you can reach?
- Do you have copies or photos of important documents accessible?
- Would you be able to contact your insurance company and give them a list of your belongings in the house? Do you have photos or videos of valuable items?
- Would you be able to reach your bank and financial institutions?
- Now imagine the scenarios above without your wallet, and then without your cellphone. In emergencies, personal items may be lost or damaged. Do you have safe copies of your identification documents? Keep important documents in a fireproof and waterproof container and create secure digital copies.

Best time to prepare for an emergency is when there's no emergency

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Community Standards



Key Updates to Sun City Anthem's Governing Documents

At its June meeting, the Board of Directors approved amendments to the Rules and Regulations and Design Guidelines. These revisions reflect a commitment to clarity, fairness, and adapting to the evolving needs of our residents. Below is a summary of key updates.

Rules and Regulations

- **Digital activity cards:** One of the most resident-friendly updates modernizes activity card procedures by adding digital cards via app integration, making access to community amenities easier than ever.
- **Additional activity cards:** Renewal procedures have been clarified. When renewing, holders must provide a Nevada ID or driver's license listing their name and SCA address as proof of residency.
- **Fitness Centers standards:** Updated rules introduce clearer conduct standards for the Fitness Centers, covering fragrances, personal items, outside trainers, alcohol, and phone or equipment usage.
- **Food and beverages in facilities:** Residents may bring limited food and beverages into approved areas, provided they use appropriate containers.
- **Gambling policy:** To ensure compliance with Nevada law, gambling is limited to Association-approved charitable gaming. Unauthorized private or commercial gambling is expressly prohibited.
- **Signage and flags:** Updated language explicitly prohibits derogatory or threatening language, symbols, or markings on signs and flags displayed in the community, reinforcing shared standards of respect.

Design Guidelines

- **Clearer ARC and Sub-ARC roles:** Responsibilities of the Architectural Review Committee (ARC) and Sub-ARC have been formally defined. Sub-ARC handles standard applications and final inspections, while ARC focuses on variances and major projects.
- **Expanded homeowner flexibility:** Like-for-like replacements and certain vegetation removals no longer require ARC approval, giving homeowners greater latitude for routine maintenance.
- **Front door colors:** Homeowners may now choose any color from the approved scheme for front doors, offering greater personalization while preserving community aesthetics.
- **Solar equipment:** Installation rules for solar panels have been expanded to align with state law and the Board's solar resolution, covering screening, licensing, and the approval process.
- **Security cameras:** New privacy-related restrictions and recording limitations have been added to protect neighboring residents.
- **Casitas and additions**: The 35 percent buildable area limit for front-yard structures has been removed. The 500-square-foot front lot coverage cap remains in place, simplifying calculations and providing flexibility in property use. The rear yard setback for casitas is now 15 feet, consistent with additions.
- **Prohibited structures:** The list of prohibited items and structures has been expanded to include sport courts, Little Free Libraries, spikes, murals, and more to address emerging community concerns.

These updates are designed to improve quality of life for all residents while keeping our community well-maintained and cohesive. Revised documents are available on the Association's website and at the Membership office. Contact management with questions. Our staff is here to help.

Desi Rafailova, *Community Standards Manager*

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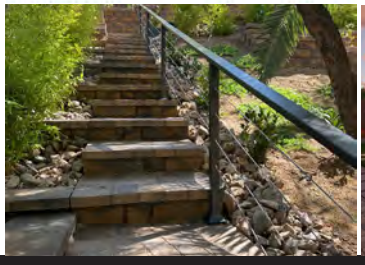
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Community Service

Services Provided by Sun City Anthem Volunteer Residents for Sun City Anthem Residents

The mission of the Community Service Group (CSG) is to provide limited home maintenance, delivery of durable medical equipment for loan, transportation services, external resources contact information, and support groups to assist residents to maintain their independence and to live in their own homes for as long as possible. In an emergency, call 911.

CSG HELP4U
Online Service Requests

CSGHelp4U.org
702-614-5862
Weekdays 9 a.m. to 4 p.m., closed weekends and holidays, close at noon on Christmas Eve and New Year's Eve

How Can We Help You?

Residents can request CSG's services by using our website, **CSGHelp4U.org,** seven days a week, or by calling our Assistance Line, **702-614-5862. Clearly state your telephone number when leaving messages on CSG's Assistance Line and ensure availability for CSG to leave messages on your voicemail.**
As a reminder, your SCA Activity Card number will be needed to request services.

- Our ***Medical Equipment*** team maintains and delivers durable medical equipment for loan including canes, crutches, wheelchairs, walkers, shower chairs, and more.
- The ***Home Maintenance*** team performs certain tasks that residents may not be able to safely do themselves, limited to replacing batteries in smoke detectors and carbon monoxide alarms, light bulbs, house address bulbs, HVAC filters, adding salt to water softeners, and lubricating garage doors.
- ***CSG'sTransportation team*** provides rides locally to healthcare appointments, pharmacies, groceries and the three SCA activity centers. The Transportation team needs volunteer drivers to take residents to qualified destinations. Please consider joining this dynamic and wonderful team that helps our non-driving seniors thrive here in SCA!
- ***Support Groups*** provide residents and their families and friends with a forum to share individual experiences, concerns, challenges, and successes. Check the SCA website for dates, times, and locations.
- Our ***Communications*** team maintains the Assistance Line and connects residents and their requests with the appropriate service and/or support groups.
- ***Resources*** maintains a directory of a variety of fee-based service vendors and their contact information. CSG does not recommend or endorse any business, person, or service.

Donations

All services provided by the Community Service Group are free of charge. Donations are greatly appreciated and benefit CSG directly so that volunteers can continue to provide services and sponsor support groups. Please make checks payable to Sun City Anthem Community Association, Inc. On the "Memo" line indicate CSG and deposit them into the CSG mailbox at the Anthem Fitness Center, drop them off at the SCA Membership office, or mail them to: SCA Community Service Group, 2450 Hampton Road, Henderson, NV 89052.

Support Groups

For more information about these and other support groups in SCA, go to **CSGHelp4U.org.**

Friends of Bill W.
Mondays, 6:30 to 8 p.m.
Saturdays, 9 to 10 a.m.
Greene Room, Anthem Center

Bereavement Support
First and third Monday, 4:30 to 6 p.m.
Arlington Room, Anthem Center

Caregivers Support (includes Alzheimer's information)
First Wednesday, 10 a.m. to noon
Penn Room, Independence Center

Reminders

- Ensure availability for CSG to leave a message on your answering machine. After three attempts, your request will be canceled.
- Copies of CSG's brochure can be viewed on CSG's webpage, as well as available in the SCA community centers.

Volunteers

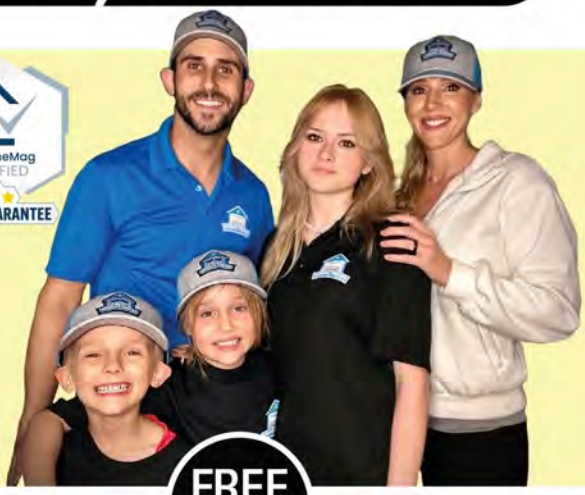
Volunteering with CSG allows you to help your neighbors throughout our community. Volunteers are always needed; you can make a difference! There are many positions to suit your skills. Visit CSG's website.

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Community Patrol

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SCACP 702-614-6751

Chief Chat


Chief Randy Buck

This is another cautionary tale. Recently, a resident in one of our villages listed a valuable antique ring for sale on Craigslist. The resident had a potential buyer reach out, and they arranged for the visitor to come to the home to view the item. The buyer asked to inspect the piece, so the resident handed it over. After looking at it, the buyer said it was not what they wanted, handed back the closed jewelry box, and left. When the resident opened the box a few minutes later, they noticed that the buyer had swapped the piece for a cheap substitute. Of course, by then the "buyer" was long gone.

There are a few key lessons from this incident:

- **Do not use Craigslist**. It is well known as the riskiest site to buy or sell items because it lacks user identity verification and payment verification, and it is widely known for fake accounts and multiple fraud schemes. Sites like eBay or Facebook Marketplace are much safer choices.
- **Do not have the buyer come to your house**. Meet them in a public place, such as a shopping center parking lot or a coffee shop. While this may not be possible for large items like furniture, it is the smarter choice for smaller items.
- **Do not let the item out of your sight**, even for a few seconds.
- **Do not give the buyer your actual phone number or email address**. Direct contact details can lead to identity theft, so keep all communication within the platform you are using to sell your item.

The Community Patrol is always looking for volunteers.

Help Keep Your Community Safe!

If you are interested in becoming part of this important team, contact us at **702-614-6751** or **Patrol.Chief@scacai.com.**

Member of the Month



Our member of the month is Lian Wang, one of our dispatchers. She moved to Sun City Anthem in 2018 to be closer to her parents, and she continued working remotely until her retirement in 2024. Over the years, she developed a deep appreciation for her neighbors and the many services provided by the community. Wanting to give back and repay the kindness she received, she joined Community Patrol after retirement to help promote neighborhood safety.

Through her service, she has learned a great deal from the dedicated members of the Patrol office, and she has enjoyed working alongside them. In addition, she volunteers her time delivering medical equipment to those in need, further supporting the well-being of her community.

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Is It Really the Utility Company?

A Sun City Anthem resident recently reported an unexpected visit from a technician with Paragon Utilities Group, an authorized contractor for Southwest Gas. The technician requested access to the resident's property to perform gas-meter maintenance and a water-heater safety check.

The resident handled the situation correctly. Rather than immediately opening the door or allowing the technician onto the property, the resident kept the door closed and asked to see identification. The resident then called Southwest Gas directly at 877-860-6020 to confirm that the technician and the scheduled work were legitimate. Southwest Gas verified that its contractor was performing authorized utility work in our neighborhood.

Although this technician was legitimate, criminals sometimes pose as utility workers, repair technicians, delivery drivers, or government employees to gain access to homes. Once inside, they may steal valuables, obtain personal information, distract the resident while an accomplice enters elsewhere, or pressure the homeowner into paying for unnecessary work.

Another very real utility scam involves demands for payment. A caller, texter, or visitor claims that the resident's account is overdue and threatens to disconnect gas, electricity, or water service unless payment is made immediately. The scammer may demand payment by cash, gift card, wire transfer, cryptocurrency, or a payment app. The Federal Trade Commission warns that legitimate utility companies do not demand immediate payment to prevent same-day disconnection. If you receive such a demand, hang up the phone, ignore the text, or keep the door closed, and then contact the utility directly using the number on your bill or its official website.



Protect yourself by following these precautions:

- Keep the door closed and locked while speaking with an unexpected visitor.
- Ask to see the worker's company identification through a window or peephole.
- Do not rely solely on a uniform, badge, vehicle, or phone number provided by the visitor, as these can easily be falsified.
- Contact the utility company directly using the telephone number on your bill or its official website.
- Ask the company to confirm the worker's name, employer, reason for the visit, and whether work is scheduled in your neighborhood.
- Never provide cash, credit-card information, Social Security numbers, or account passwords at the door.
- Do not allow anyone inside while you are verifying their identity.
- If the visitor becomes threatening, refuses to wait, or attempts to enter without permission, call 911.

Be aware of utility worker and payment scams, and share this information with family, friends, and neighbors. Awareness is one of the best protections we have against becoming a victim.

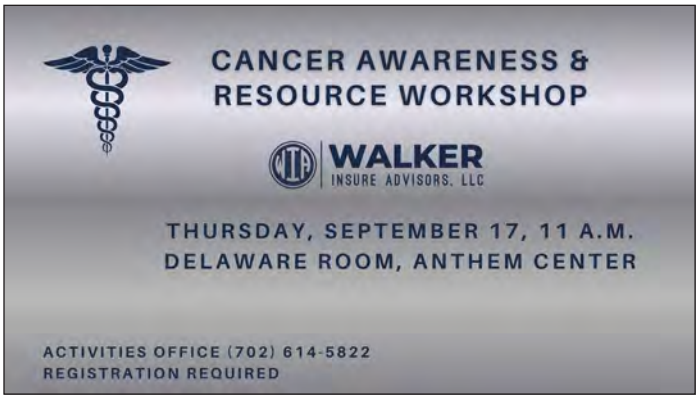
JOIN NWP

Seminars

Cancer Awareness & Resource Workshop

Hosted by Walker Insure Advisors, LLC

Thursday, September 17, 11 a.m.
Delaware Room, Anthem Center
Free to Attend, Registration Required



Walker Insure Advisors, in collaboration with SCAN Health Plan and CareMore Primary Care, invites you to a free Cancer Protection Workshop aimed at ensuring your family's protection against cancer. This educational event addresses the impact of cancer on families and provides insights on early detection, treatment options, and community resources. Attendees will learn about affordable cancer protection coverage that offers a lump sum at diagnosis, with no receipts or restrictions. The workshop focuses on education, not sales, promoting honest guidance and community support. Join us to learn, ask questions, and understand your options.

Future-Proof: Navigating AI, Scams, and Everyday Devices

Hosted by Christopher Amaya, UNLV Cyber Security Student & Tech Educator

Friday, October 16, 11 a.m.
Delaware Room, Anthem Center
Free to Attend, Registration Required



Master the basics of smartphones, tablets, and computers in a patient, easy-to-understand environment designed to build confidence without frustration. Learn the essential rules for protecting yourself from modern scams, including how to recognize phishing emails, scam phone calls, fake websites, and other common digital threats. We'll also demystify artificial intelligence by exploring how tools like ChatGPT work in plain English, discussing both their strengths and limitations, and showing why human judgment remains essential. You'll leave with a better understanding of how people and AI can work together to make smarter, more informed decisions.



Wisdom is not a product of schooling but of the lifelong attempt to acquire it.

~ Albert Einstein

Activities

Events

Shredder Truck

Tuesday, September 1, 5:30 to 9:30 a.m.
Anthem Center Parking Lot
Free, SCA Membership Card Required
Drive-Thru Only, No Walk-Ups



Dispose of documents conveniently at the exclusive SCA residents' event. Bring your SCA membership card for access. Use the shredder for document destruction only; no plastic bags, newspapers, or food products allowed. Stay in your vehicle for safety; staff will collect your documents. We are starting at 5:30 a.m. to beat the heat. The event ends at 9:30 a.m. or earlier if the shredder truck is full, so arrive early!

Movie Matinee … *Gladiator*

Wednesday, September 9, 2:30 p.m.
Freedom Hall, Independence Center
Free Resident Event, Ticket Required



Maximus, a formidable Roman general, is cherished by both the populace and the elderly emperor, Marcus Aurelius. Before his death, the emperor designates Maximus as his successor, bypassing his own son, Commodus. This decision ignites a fierce power struggle, resulting in Maximus and his family being sentenced to death.

Captured, the mighty general is forced to participate in the Gladiator games until his demise. His sole motivation now is to rise through the ranks, so he can confront the man upon whom he seeks vengeance. This earned five Academy Award wins, including Best Picture.

Rated R: Strong war violence, mild profanity, and alcohol use. Runtime: 2 hours 35 minutes.

911 Commemoration Ceremony

Hosted by New York Metro Club

Friday, September 11, 10 a.m.
Freedom Hall, Independence Center
Free Resident Event



The New York Metro Club warmly invites SCA residents to attend a special commemoration ceremony on September 11, dedicated to honoring the bravery and sacrifice of first responders while remembering those lost. As our nation marks 25 years since this tragic event, the ceremony provides a meaningful opportunity for reflection and strengthening community bonds.

We welcome everyone to participate, whether you directly experienced the events or are eager to learn more about this significant day in our history.

Community-Wide Yard Sale

Friday, Saturday, and Sunday, September 18 to 20,
8 a.m. to 2 p.m.



The Fall Community-Wide Yard Sale invites all neighborhoods in SCA to join in. Do not miss this chance to host a yard sale right at your home!

To participate as a seller, register at scahoa.com.

Events

Vitalant Blood Drive



The Courtyard Experience & Marketplace

Hosted by African American Heritage Club

Saturday, September 26, 4 to 8:30 p.m.
Courtyard, Independence Center
Tickets $25 AAHC member (2027 membership fee included), $15 non-member



Join the African American Heritage Club for the Courtyard Experience & Marketplace. Enjoy live music, DJ and dancing, shopping with local vendors, and a relaxing evening with friends and neighbors. Bring your own basket and your favorite beverage, and experience great music, great friends, and great vibes. For tickets and information, visit aahc.scaclub.com.

Together is our favorite place to be.

The Genesis Project

Hosted by Multimedia Club

Thursday, October 1, 2 p.m.
Freedom Hall, Independence Center
Tickets $5



The movie thriller *The Genesis Project*, produced and directed by Frank E. Johnson, will be screened at Freedom Hall in Independence Center on October 1 at 2 p.m.

A ticket donation of $5 goes directly to the Multimedia Club to cover expenses for the first annual AIME member recognition awards in AI video, images, writing, and music. Tickets are available from the Activities office or scahoa.com.

Meet-and-greet and photo opportunities will follow at Masterpiece Cuisine.

Runtime: 1 hour 55 minutes.

For details, visit **multimedia.scaclub.org**.



Activities

Events

Home & Health Expo

Saturday, October 3, 9 a.m. to 1 p.m.
Anthem Center Ballroom
Free to Attend



Join us at the Home & Health Expo, where local businesses gather to share insights into health, wellness, and home-related topics. Attendance at this event is free, offering participants access to vital information, educational resources, and helpful services. Explore a variety of products and services showcased by participating businesses.

To become a vendor or ask questions, contact the Activities office.

Parking Lot Sale

Saturday, October 17, 8 a.m. to noon
Parking Lot Adjacent to Independence Center

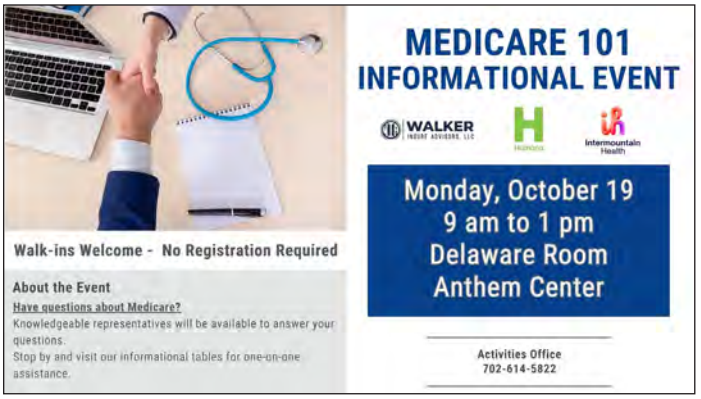


Join us for an incredible parking lot sale! Everyone is invited to bring their family, friends, and neighbors. If you're interested in selling, you can purchase spaces starting now. Each household can reserve up to two spaces for $30 each. To secure your spot, visit the Activities office.

Medicare 101 Informational Event

Hosted by Humana, Intermountain Health, and Walker Insure Advisors

Monday, October 19, 9 a.m. to 1 p.m.
Delaware Room, Anthem Center
Walk-ins Welcome, No Registration Required



Have questions about Medicare? Stop by for free one-on-one Medicare education—no appointment necessary. Whether you are new to Medicare, turning 65, or simply want to better understand your options, we are here to help you get answers you need.

Representatives from Humana, Intermountain Health, and Walker Insurance Advisors will be on site to help you navigate Medicare, explain your options, review enrollment timelines, and provide clear, educational information in a relaxed, no-pressure setting.

Walk in during event hours to get personalized guidance.



Show tickets may be purchased online at **scahoa.com** or in-person at the Anthem Center Activities Office, located across form the Fitness Center, with cash, check, or credit/debit card. Tickets go on sale eight weeks before the show date and are released on Thursday at 8 a.m. for both online and in-office purchases, unless otherwise noted. Refunds are given two weeks prior to a show, unless otherwise noted. Valid show ticket must be presented to enter venue. No refunds are given after that time. Freedom Hall is in Independence Center at 2460 Hampton Road. For additional information, call **702-614-5822**.

Shows

Sun City Anthem Presents …

The Mark OToole Variety Show

Wednesday, September 2, 3 p.m.
Anthem Center Ballroom
Wednesday, September 16, 3 p.m.
Freedom Hall, Independence Center
Tickets $23



The Mark OToole Variety Show is held at Freedom Hall on the first and third Wednesday of each month at 3 p.m. Hosted by Mark OToole, this live performance features an array of top local talent alongside performers from the Las Vegas Strip, presenting acts that include singing, comedy, and more. Mark, who boasts a distinguished 30-year career, gained recognition from his 1994 appearance on Star Search and has graced renowned venues such as the Smith Center.

Live Music in Vegas Presents …

The Kendra Daniels Band … Live in Concert!

Friday, September 4, 7 p.m.
Anthem Center Ballroom
Free Resident Event



The Kendra Daniels Band is a top live act in Las Vegas, celebrated for powerhouse vocals and engaging energy. They provide an interactive experience with a mix of country, pop, and classic hits, keeping audiences entertained throughout. Kendra has performed nationwide, notably as the principal singer in BandAbba and alongside Zowie Bowie, earning a reputation for excellence and versatility. Known for her hard work, she truly excels with her own band, creating memorable live experiences.

Sun City Anthem Presents …

Monique Maffei … Forever Connie Francis

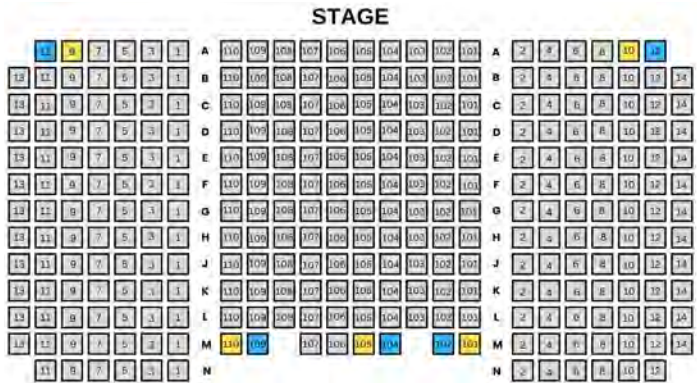
Saturday, September 19, 7 p.m.
Freedom Hall, Independence Center
Tickets $35 residents, $40 non-residents



Forever Connie Francis is a unique live documentary with music starring Monique Maffei, honoring the life, music, and legacy of the legendary Connie Francis. Through heartfelt storytelling, rare photos and video, and live performances of Connie's most beloved songs, audiences experience not only the hits they remember, but also the remarkable woman behind them.

From international stardom and groundbreaking success to personal triumphs and challenges, Connie's extraordinary journey unfolds in an engaging, entertaining, and deeply moving way. Warm, nostalgic, and inspiring, Forever Connie Francis celebrates the enduring impact of an artist whose voice continues to touch hearts around the world.

Freedom Hall Seating Chart



Activities

Shows

Mistinguett Productions Presents …

The Rendezvous … starring Miss Melanie Moore

Monday, September 21, 7 p.m.
Delaware Lounge, Anthem Center
Tickets $25 residents, $30 non-residents



Join acclaimed vocalist Miss Melanie Moore for an unforgettable evening of timeless jazz featuring classics like *Misty*, *That's All*, and *Route 66*, along with contemporary favorites. A renowned Las Vegas performer, Moore has shared the stage with legends and is joined by special guest Lannie Counts for a night of rich vocals and swinging rhythms. The event, directed by Brenda Cowart and featuring the band Brahm Sheray, Adam Shendal, and Steven Lee, promises world-class entertainment where every song tells a story and every moment resonates.



Mistinguett Productions Presents …

Grady Harrell … A Tribute to the Great Men of Soul

Friday, September 25, 7 p.m.
Freedom Hall, Independence Center
Tickets $35 residents, $40 non-residents



Experience an unforgettable night of music with Grady Harrell in *A Tribute to the Great Men of Soul*. This electrifying one-man show features timeless hits from legends like Jackie Wilson, Sam Cooke, and Michael Jackson, and it showcases powerhouse vocals and dynamic energy. Grady Harrell, an acclaimed singer and songwriter, takes audiences on a soulful journey, celebrating the magic of classic Motown, R&B, and soul music.

Performing Arts Club Presents …

The Last Ride … Classic Rock n' Roll

Wednesday, September 30, 7 p.m.
Anthem Center Ballroom
Tickets $10



Join SCA's Last Ride Band for an electrifying tribute to classic rock and roll spanning the decades, followed by a night of dancing. The band will perform beloved hits from iconic artists such as the Eagles, Rolling Stones, Beatles, CCR, Elvis Presley, Eric Clapton, Wilson Pickett, BTO, The Ventures, and many more. A cash bar will be available for your enjoyment.

Shows

Coast II Coast Entertainment Presents …

Ed Sullivan's Heroes of Rock & Roll … starring Harry Schanhoian, Kelly Vohnn, and George Trullinger

Friday, October 9, 7 p.m.
Freedom Hall, Independence Center
Tickets $35 residents, $40 non-residents



Relive the excitement of television's golden era with Ed Sullivan's Heroes of Rock & Roll Show! Starring Las Vegas entertainers Harry Shahoian, Kelly Vohnn, and George Trullinger, this live high-energy production celebrates the legendary music of Buddy Holly, Patsy Cline, Dolly Parton, and two unforgettable eras of Elvis Presley. Hosted by Ed Sullivan, the show recreates the magic that captivated millions of viewers. Backed by outstanding live musicians, this nostalgic journey through the 50s, 60s, and 70s is filled with great music, laughter, audience participation, and timeless memories. You will be singing along from the very first song!

Sal Cucco Entertainment Presents …

Zowie Bowie …Vintage Vegas

Saturday, October 24, 7 p.m.
Freedom Hall, Independence Center
Tickets $35 residents, $40 non-residents



Zowie Bowie, voted ten-time winner of "Best of Las Vegas," channels the golden age of the Las Vegas Strip through a high-energy big band production, resurrecting the swagger of Frank Sinatra and Elvis Presley along with a full big band and the fabulous Zowie Bowie Showgirls. Featuring guest singer Jaime Lynch, this vintage tribute highlights the enduring "Maverick Spirit" of classic Vegas delivered with modern-day energy.

Mistinguett Productions Presents …

Showtime at the Delaware … Always …The Music for Irving Berlin starring Ron and Lisa Smith

Monday, October 26, 7 p.m.
Delaware Lounge, Anthem Center
Tickets $25 residents, $30 non-residents



The music of Irving Berlin has often been called the soundtrack of America. Join Ron and Lisa Smith for a captivating journey through the life and music of the legendary composer, whose timeless songs have charmed audiences for over a century. Filled with fascinating stories and unforgettable classics like *Blue Skies, Alexander's Ragtime Band, Puttin' on the Ritz, Cheek to Cheek, Let's Face the Music and Dance, There's No Business Like Show Business, What'll I Do*, and more, this charming evening of song and storytelling will leave audiences smiling, singing along, and remembering why Irving Berlin's music continues to stand the test of time.



MASTERPIECE
CUISINE
SUN CITY ANTHEM

A NEW SEASON AT THE TABLE

LUNCH. HAPPY HOUR. DINNER

Right here in Sun City Anthem!



SEPTEMBER HAS A DIFFERENT RHYTHM.

Cooler evenings, memorable meals,
and more reasons to gather.

Settle in for chef-prepared favorites, weekly specials,
and a cocktail made just the way you like it.

Masterpiece Cuisine—where every meal feels personal.

MONDAY - FRIDAY

LUNCH	HAPPY HOUR	DINNER
11AM - 2PM	2PM - 7PM	4PM - 7PM

SCAN FOR OUR LATEST MENU

MASTERPIECECUISINE.COM/RESTAURANT

Proudly serving Sun City Anthem and our surrounding communities.

2450 Hampton Road Henderson, NV (Inside Sun City Anthem Center)

Eating Well on a GLP-1 Medication

GLP-1 medications can support weight and blood sugar management, but they also lower appetite. As GLP-1 medications become more popular, and Medicare coverage continues to evolve for certain approved uses, more adults over 55 are asking how to eat well while taking them.

When you feel full sooner, every bite counts. Here are a few simple ways to stay nourished:

- **Prioritize protein.** Include eggs, Greek yogurt, fish, poultry, beans, tofu, or cottage cheese to help protect muscle and support strength. Aside from protein, maintaining muscle also demands regular exercise and movement.
- **Add colorful plants**. Vegetables, fruit, whole grains, nuts, and seeds provide fiber, vitamins, and minerals.
- **Eat smaller meals.** If large meals feel uncomfortable, try mini-meals or nourishing snacks throughout the day.
- **Go easy on greasy foods.** Heavy or high-fat meals may worsen nausea, acid reflux, or that "too full" feeling.
- **Sip fluids often.** Water, herbal tea, milk, or broth can help with hydration, especially if you are eating less.
- **Support digestion.** Fiber-rich foods, fluids, and regular movement can help prevent constipation.
- **Eat slowly.** Pause between bites, and stop when comfortably full.

If you feel that you are always undereating or having unwanted side effects, talk with your personal doctor and dietitian. Adjustments to your medication may be necessary, especially when you are just getting started.



Dillon Martin, RDN

A Registered Dietitian can help you make informed decisions regarding nutrition and supplementation. Contact me at 702- 723-8618 to schedule a personalized consultation.

We also host monthly nutrition classes. Our next session, "Nutrition Considerations for GLP-1 Medications," will be held on Saturday, September 19, at 3 p.m. in the Greene Room. Registration is available on the SCA website at scahoa.com for $15.

Discover the Benefits of the Warm-Water Therapy Pool

The warm-water therapy pool in Liberty Center offers a gentle, low-impact way to improve strength, flexibility, balance, and mobility. Warm water helps relax muscles, improve circulation, and reduce joint stiffness, while the water's buoyancy supports movement with less stress on the body. Whether you're managing arthritis, recovering from an injury, or simply looking to stay active, our warm-water classes provide a welcoming environment for every fitness level.

Class schedule

- **Aqua Flow:** Mondays, Wednesdays, and Fridays at 9 a.m., and Tuesdays and Thursdays at 9:30 a.m.
- **Aqualates:** Wednesdays at 10:30 a.m.
- **Aqua Stretch:** Personal training rates apply.

What our residents are saying

"I joined for the arthritis relief, but I stayed because I've become stronger. Lolita adapted the exercises to my needs, and I always leave class feeling better—physically and emotionally." ~ Joan C.

"After months of physical therapy with little relief, I started attending Aqua Flow twice a week. Within three months, my back and leg pain had dramatically improved. Today I'm walking again, and after every class I feel pain-free." ~ Ingrid S.

"Water aerobics has been the best medicine for my body. Even with arthritis, I stay strong and active without stressing my joints. After nine years in Lolita's classes, I've gained lasting friendships and better health. As one of my water buddies says, 'We've found the Fountain of Youth... and it has chlorine in it!'" ~ Judi H.

"After one year in Lolita's Aqua Flow class, my arthritis knee pain has improved tremendously. Even my physical therapist encouraged me to continue. Beyond the health benefits, I've made wonderful friendships and appreciate Lolita's passion and personalized care for every participant." ~ Karen B.

"Aqualates has been a wonderful addition to my fitness routine. Bonnie's knowledge and encouragement have helped me build strength, improve stability, and move with less pain. The warm-water therapy pool makes every class comfortable and enjoyable. I hope more residents discover the benefits of this amazing class!" ~ Gloria B.

Faces of Fitness: Meet your Monitor Marilyn E.



Q: What is your hometown?
A: Chicago, IL

Q: What is your favorite food?
A: Seafood

Q: What is a hidden talent, hobby, or fun fact about you?
A: I enjoy sewing, quilting, reading, and playing canasta.

Q: How long have you been a fitness monitor?
A: Ten months

Q: What is one wellness or life tip you'd like to share with our residents?
A: Stay motivated!

Be sure to say hello to Marilyn next time you see her in Anthem or Liberty Centers.





SCA Pool News & Rules

SCA's gorgeous outdoor pools are the place to be! While enjoying this amenity, here are some important things to remember:

- Hours are 6 a.m. to 9 p.m.
- Be respectful of others.
- No alcohol, glass containers allowed in the pool areas.
- Children are permitted in the Anthem Center aquatic facilities from 10 a.m. to noon in the outdoor pool and noon to 2 p.m. in the indoor pool.
- Appropriate swimwear is required.
- All residents and guests must shower before entering any of the pools or spas.
- Guests are allowed, but must remain with their sponsoring residents.
- Large flotation devices are prohibited in all pools and spas at SCA.

Note: If lightning is detected within a six-mile radius, all outdoor pools, spas and deck areas will be cleared until no strikes have been recorded in that radius for 30 minutes.



Anthem Fitness Center	Independence Center	Liberty Center
702-614-5885	702-614-5803	702-638-5780

AFRICAN AMERICAN HERITAGE

A big thank you

Our All-You-Can-Eat Pancake Breakfast last month was a wonderful success! Thank you to everyone in SCA who came out to support our scholarship fundraiser. We sincerely appreciate your support and look forward to serving you another delicious breakfast next year.

Mark your calendar

Join us for our Courtyard & Marketplace Experience on Saturday, September 26, beginning at 4 p.m. in Independence Center courtyard. For just $15, you will enjoy an afternoon and evening filled with live entertainment, holiday shopping with vendors, and fun with friends and neighbors.

Bring your basket and favorite beverage and come early for the best seat in the house. It is the perfect way to kick off the fall season and get a head start on your Christmas shopping.

Visit the Activities office or stop by our promotional table on August 27, or September 10, 14, and 21, from 10 a.m. to noon for tickets and membership information.

- **Special member offer:** If you renew your 2027 African American Heritage Club dues by September 5, your admission to the Courtyard & Marketplace Experience is only $5!

Celebrating our first AAHC scholarship recipient

We are proud to congratulate our very first scholarship recipient! This milestone marks a significant achievement for our club and reflects our commitment to supporting the educational goals of our community.

We were honored to introduce and recognize our scholarship recipient during our August general meeting. A scholarship award of $2,000 has been sent directly to the University of Nevada, Reno to assist with his college tuition.

Thank you to all our members and supporters who made this possible. Together, we are investing in the future—one student at a time.

Popcorn fundraiser

There is still time to support our AAHC Dollars for $cholars popcorn fundraiser from Monday, August 31, through Monday, September 7. If you like popcorn, you will love this! Double Good Popcorn can be delivered directly to your home. Every purchase helps us continue investing in education and the future success of students. Check out our AAHC website for the order link or for more information. Place your order online by September 7 at 8 a.m. and enjoy your personalized, Double Good popcorn.

Election time is here

We are looking for members who are willing to share their time, talents, and ideas as we continue to build a strong and vibrant club. If you are interested in running for office, contact one of our election managers, Pamela Williams or Rosalyn Pyatt, to submit your name or drop your name in the AAHC mailbox. Elections will be held at our annual membership meeting in November. Your leadership can help shape the future of our club.

Looking for a club to call home? If you are looking for a place to connect and make new friends, we would love to welcome you to the African American Heritage Club. Membership is just $20 per year. Come grow with us and become part of the family. See kiosks for more information.

AMATEUR RADIO

Our next regular club meeting is scheduled for Wednesday, September 16 at 10 a.m. in the Greene Room. This is a great chance to catch up with fellow club members, hear the latest news, and participate in club business. Come early, enjoy the camaraderie, and stay for what promises to be an informative and enjoyable gathering.



The Amateur Radio General Class sessions are well underway and progressing nicely. Instructors report strong attendance and enthusiastic students who are making excellent progress toward upgrading their licenses. If you are enrolled, keep up the great work—your dedication is paying off!

Looking ahead, the Amateur Radio Extra Class will begin soon. This is the perfect opportunity for those who have recently earned a General ticket to take on the challenge and pursue the highest level of amateur radio licensing. Watch for specific start dates and registration details in the coming days.

As we head toward the end of the year, it is time to start thinking about the future of our club. Officer elections will be held at the November meeting. Club leadership plays a vital role in keeping our organization strong, planning events, coordinating classes, and representing our members.

If you have ever considered giving back to the hobby and the club, now is the time to step forward. We encourage all interested members to consider running for a leadership position. Whether serving as president, vice president, secretary, treasurer, or another role, your skills and ideas are welcome. Serving as an officer is a rewarding way to help shape the direction of the club while building lasting friendships.

We look forward to seeing you on September 16 in the Greene Room!

For more information on upcoming classes or club activities, send an email to al@gettier.us.

ANTHEM AUTHORS

It is not often that Anthem Authors devotes our entire monthly space in this publication to a book not published by one of our members. However, a new *Chicken Soup for the Soul* edition, released just this past June, is so relevant to our community that we believe everyone in SCA should read it.



Kathy Humenik

The book is *Care for the Caregiver: 101 Stories of Advice and Humor for Dementia Care*. All of us at Anthem Authors are remarkably proud of our own Kathy Humenik, whose story about losing her mother to Alzheimer's disease was selected for the collection.

Kathy, a relatively new member of our club, submitted "Welcome Back" to the *Chicken Soup for the Soul* editors. Her beautifully written story, No. 99 in the book, begins on page 317. Believe us, you will not want to miss it.

While you might assume opening up about losing her mother was painful, Kathy shares that the process was actually comforting.

"What was really hard wasn't writing her story," she says. "What was hard was living it. Writing it made me feel good to have her back."

Like Kathy's submission, each story in *Care for the Caregiver*—just three or four pages long—is a quick read written by a person who had to care for someone who spent the final days of their golden years living with dementia.

If you are currently caring for someone with dementia or may do so in the near future, *Care for the Caregiver* is for you. Not only will this much-needed book uplift you with emotional support, but it will also give you practical tips and comic relief to brighten your day.

The stories are organized into 11 chapters, including:

- **The New Normal:** Adjusting to your loved one's changing reality.
- **Finding the Humor:** Discovering moments of lighthearted relief every day.
- **It Takes a Village:** Recognizing the importance of letting others share the caregiving burden.
- **Great Advice and Tips:** Finding practical strategies that help you cope.
- **Loss, Grieving & Healing:** Finding comfort for the journey ahead.

Kathy is quick to stress that if you are a caregiver, it is important you do not lose the memories of the vibrant loved one you once knew.

To talk with Kathy Humenik about caregiving for a loved one with dementia, stop by an Anthem Authors meeting. The club meets every Tuesday at 1 p.m., usually in the Arlington Room.

AQUACIZE

Aquacize is less stressful on joints and muscles than most exercise performed on land. Water supports the body, and the force used in pushing against the water promotes strength. Reduced gravity in the water allows for a broader range of motion, and exercising in water helps prevent overheating.

On Wednesday, September 16 at 11:30 a.m., we will have our luncheon at Izumi Steakhouse. Look for additional details in the club president's email, arriving in your inbox around the first of the month. We will be celebrating the birthdays of Cindy Dutra,



Enjoying pizza and friendship during a luncheon at BJ's Restaurant: Robin, Susan, Kris, and Sharon



Door prize winners: Mary, Patti, and Lori



Happy July birthday to Becky

Judi Hogan, Kathy Kruss, Kris Campbell, Linda Mackovich, and Maria Swalley.

If you have any questions about the luncheon, or are not receiving emails from the club, contact Secretary Mary Kolesar at 603-767-0509 or t_kolesar@yahoo.com.

Anyone who enjoys water aerobics is invited to join our club. New membership dues are $20. For a membership form, check the kiosk by the Activities office or contact Mary Kolesar.

You do not need to be a member of the club to attend aquacize classes. Visit the SCA website to find information about current aquacize classes and instructors, along with details on making required reservations. You can also check the class schedule on the Relay fitness calendar.

ARTS AND CRAFTS

Arts and Crafts Club

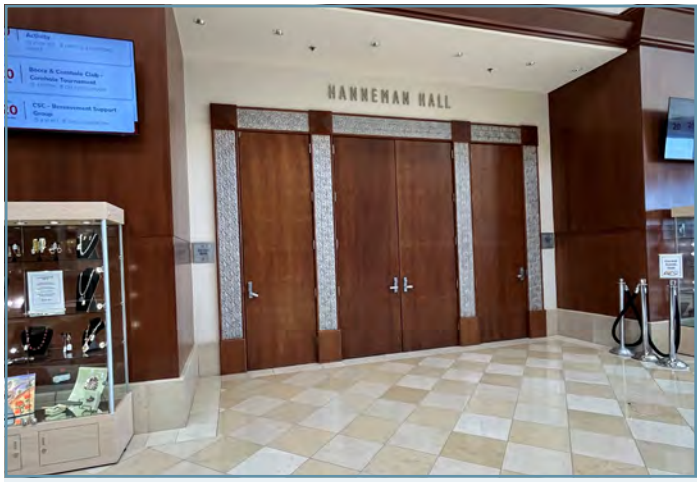
The Arts & Crafts Club sales have moved to a new, prominent location in Anthem Center. Member-crafted items are displayed in three lighted glass cases in the main lobby, with gallery monitors handling transactions. The dedicated greeting card case is located just inside the main entrance across from the Administration office. It is fully stocked with a large selection of the handmade cards that are so popular in the community. The selections are updated frequently with fresh designs by dedicated paper crafters using many creative techniques.

Outside Hanneman Hall, two more cases contain artwork made by members of the club's special interest groups. Intricately woven bead bracelets and handcrafted earrings and necklaces dazzle under the lights on the glass shelves. Artistic and functional fused-glass pieces are offered alongside colorful paintings and mosaics. All members of the Arts & Crafts Club are encouraged to sell their crafted items, and with 16 different groups, the inventory is constantly changing and expanding.

The Arts & Crafts Club also maintains two cabinets for display only—one cabinet in the lobby of Independence Center and one in Anthem Center fitness area. Each special interest group is



Greeting cards fill the display case at the main entrance to Anthem Center



Arts & Crafts Club sales cases outside Hanneman Hall



Each sales case presents an array of handcrafted items

invited to display some of its projects on a rotating schedule so different crafts are represented throughout the year.

Another evening EZ Make & Take session featuring rustic wooden pumpkins will be offered on Wednesday, September 3, from 6 to 8 p.m. in the Independence Center Arts & Crafts Room. Arts & Crafts members can join the EZ Make & Take group and sign up on the website. Stop by the Arts & Crafts Room in Independence Center for more information.

BALLROOM DANCE

Ballroom Dance Club
Sun City Anthem, Henderson, NV

September social dance

The monthly social dance to celebrate the end of summer will be on Sunday, September 13 from 2 to 5 p.m. at the Delaware Room. Invite your friends for just $10 per person. Bring your own non-alcoholic beverages and snacks to share with your table.

Dance lessons

Dance lessons continue every Monday in Liberty Center from 10 to 11 a.m. under the guidance of the indefatigable JJ Basanes. The sessions are well suited for beginners and equally beneficial for experienced social dancers who wish to refine their ability to dance East Coast swing, the nightclub two-step, or Latin dances like rumba, cha-cha, and salsa.

Election of officers

If any member is interested in running for club office, contact JJ Basanes, the designated election committee chairman.

Ballroom dance cruise

Rooms are still available at very favorable prices for the November Caribbean cruise aboard the luxury Cunard *Queen Elizabeth*. Members are invited to sign up. If interested, contact John and Angela Schwinning or any of the club officers.



Ken and Kate dance the afternoon away in red, white, and blue



Enjoying freedom with every step



Good people, good conversation, good times

July highlights

In addition to regular club activities, such as Monday dance lessons by JJ and Dita Basanes and weekly dance practices held Tuesday through Friday, two notable events took place earlier this summer: the Independence Day Social Dance on July 12 and the club-sponsored summer appreciation dinner for active members on July 21.

The social dance held in celebration of the nation's 250 years of freedom was well attended. Both members and guests arrived in a distinctly festive spirit, with nearly all participants dressed in red, white, or blue attire to mark the occasion.

The early dinner took place at Masterpiece Cuisine, where the menu featured a fresh salad, Parmesan chicken served with pasta, tea, and chocolate chip cookies. The gathering offered members a welcome opportunity to socialize, exchange vacation stories, and share upcoming cruise plans. Overall, the event fostered a strong sense of camaraderie, and there was widespread appreciation for John and Angela Schwinning and the leadership team for organizing such an enjoyable occasion.

Why join the club?

Social dancing fits the retired stage of life because retired adults need exercise that is low-impact, rhythmic, joint-friendly, enjoyable enough to repeat, and able to expand a person's social circles. We are thrilled to invite anyone who wants to experience the benefits of dancing to join the Ballroom Dance Club for only $10 annual dues per member. Dance practices are available every day of the week at set times. Visit **ballroomdance.scaclub.org** for more information.

We dance for laughter, we dance for tears, we dance for madness, we dance for fear, we dance for hopes, we dance for screams, we are the dancers, we create the dreams. ~ Albert Einstein.

BID WHIST – SPADES

Established in 2002, the Bid Whist Club is proud to be one of SCA's longest-running organizations. Our mission is simple: to bring neighbors together for fun, friendship, and engaging card play.

Bid Whist is a dynamic, strategic trick-taking game played in pairs. Partners compete head-to-head, bidding and strategizing to secure at least seven "books" for the win. Historically popular across college campuses and military circles, Bid Whist offers a rich tradition of competitive fun.

Whether you are a seasoned player or looking to learn something new, everyone is welcome! Come out, meet new friends, and enjoy a great evening of cards.

- **When:** Tuesdays from 5:30 to 9 p.m. and Fridays from 5 to 9 p.m.
- **Where:** Emerson/Franklin Room
- **Email:** scabidwhist@gmail.com

The SCA Bid Whist Club warmly welcomes new members, and residents of all skill levels are invited to join our club. Annual dues are $15. To join, pick up a membership envelope at the kiosk located outside the Activities office, complete the form, include the $15 membership fee, and drop it in our mailbox across from the Fitness Center reception desk. See you soon!

BILLIARDS / POOL

The Billiards Club has been busy planning fall events and preparing for upcoming league play. Billiards players may choose between two league options: eight-ball on Tuesday nights or nine-ball on Thursday nights. All club members are invited to join a team. Contact Candice Vanvolkinburg at sca.usapl@gmail.com to sign up.

In October, the club will host a Memorial Tournament and luncheon. The tournament is scheduled for October 9 through 11, with the championship match held on Sunday, October 11. A luncheon will follow the match in Independence Center from noon to 3 p.m. This event is open to all club members, and we hope to see everyone there to enjoy the food, music, and camaraderie. A special plaque will be presented during the luncheon to honor former SCA players.

Weekly chip tournaments continue throughout the fall season on Mondays, Wednesdays, and Fridays at noon. These tournaments are open to all club members. Contact Beth Weddle at 706-526-5934 or visit our website for exact dates, times, and specific formats.



The club also offers Saturday classes at 10 a.m. These free lessons are open to any residents interested in learning how to play pool, and the sessions are perfect for former players wishing to improve their game. We have excellent instructors available to help you develop your skills, and we can also arrange private lessons upon request.

The Billiards Room is located in Independence Center. The space features seven nine-foot tables, two seven-foot tables, one carom table, and one snooker table. Cues are provided around the room for your use, and pool balls are available at the front desk when you enter Independence Center. The room is open to all SCA community members.

For more information or to join, call any officer: Gordon Groff, president, at 717-278-8015; Lloyd Gagnon, vice president, at 702-279-6315; Jude Nelson, secretary, at 801-792-9614; or Beth Weddle, treasurer, at 702-526-5934. Check our website at **SCAPool.org** or email us at scabilliards@gmail.com.

BOCCE AND CORNHOLE



One club, two activities! All bocce and cornhole events take place at the outdoor courts at Anthem Center unless noted otherwise. SCA residents can check out equipment in Independence Center at any time by presenting a resident ID.

For league registration forms, officer contact details, and updated schedules, visit our website at bocce.scaclub.org.

Bocce

Bocce open play during the summer is every Saturday at 9 a.m. Check our website, as start times may change depending on the temperature.

Signups for the bocce fall league are open and end September 4. The season runs from September 14 to November 19. Forms are available on our website or on the court reader boards above the storage box. For questions, contact Marti Morris at morrismj22649@gmail.com.





Cornhole

Cornhole open play takes place every Tuesday at 9 a.m. during the summer. Check our website for any weather-related schedule changes.

Registration for the cornhole fall league opened in August. Forms are available on our website or on the court reader boards.

Congratulations to the winners of the Indoor Summer Cornhole Tournament! Pictured are our event winners.

Membership and contact information

To join the club, visit the Bocce and Cornhole website at **bocce.scaclub.org** or contact Jan Stahl at jcstahl5@aol.com. Our annual dues are $20 per member and include both bocce and cornhole play. The club supplies all equipment.

Visit our website for additional information. Feel free to reach out to any of our officers listed under the Contact Us tab.

BOOK

On the third Thursday of each month, the Sun City Anthem Book Club meets to discuss a book members selected to read during the year. Our next meeting will be on September 17 in the Morris/Nelson Room in Independence Center at 1 p.m. This month we're reading *Things Don't Break on Their Own* by Sarah Easter Collins, a mystery about sisters, lovers, and a dinner party gone wrong.

Mark your calendars for our annual luncheon on Thursday, October 15. The event features fantastic food, fantastic company, and a dynamite speaker: Anthem's own Linda Malony, author of Bastard Husband: A Love Story. This book is a hilarious account of the author's first year alone in Las Vegas following a midlife divorce, and it details how she transitioned from anger and sadness to performing stand-up comedy. The deadline to RSVP and pay for the luncheon is September 30, and the cost is $5.

The November selection will be *Lula Dean's Little Library of Banned Books* by Kirsten Miller. This novel takes on an important, timely topic, and it still makes the subject highly entertaining and extremely relatable.

To join or view club details, visit scahoa.com and navigate to the Clubs menu tab. Dues are $10 for the year. Click the Email the Club button on our website to receive a prompt response.

Book Club members may also volunteer at the SCA library in Independence Center. This library is available to all SCA residents, and the collection includes fiction and nonfiction books, magazines, puzzles, and more. Book donations are welcome, but we accept only books published from 2016 to present.

Leadership team
Joan Fine, president; Diane Stein, vice president; Gail Askew, treasurer; Rhonda Baldwin, secretary; Janet Tiernan, library manager.

BOWLING

2026-2027 bowling season opens September 3. The waitlist is now available!

The Sin City Seniors are the largest mixed-gender senior bowling league in the country. In 2025, we celebrated our 25th season and were honored with a longevity award from the USBC (United States Bowling Congress).

Consider this … where else can you immediately make 240 new friends?

The SCA Bowling Club's purpose is to promote bowling for SCA residents. Our no-dues club meets once a year at the seasonal end of league play to elect officers for the upcoming season and to review club issues, if any. Club president Larry Orlov is the point of contact for club business. Other Bowling Club officers are vice president Bill Anderson and secretary/treasurer Robbi Senneke.

The primary Bowling Club league is the Sin City Seniors Bowling League which bowls every Thursday from September through May at South Point. The four-person, mixed gender teams bowl at 10 a.m. This league is open only to bowlers who are age 55 or over. SCA residents have priority in filling vacant spots. Any remaining vacancies may be filled by age-qualified non-residents. Only SCA residents will be included as members of the SCA Bowling Club. Each league member pays an annual USBC sanction fee plus a weekly bowling fee. Sin City Seniors league officers are president Bill Anderson, vice president Linda Puckett and secretary/treasurer Larry Orlov.

The 2026-2027 bowling season will run from September 3, 2026, through May 13, 2027. Contact Larry Orlov at 702-325-9800 or sincityseniors@gmail.com to fill an opening or to get on the waitlist as the teams are filling up very quickly. The league actively welcomes new SCA bowlers, as vacancies regularly occur year-round.

BUNCO

If you are looking for a lively, fun-loving group of people to meet and play a dice game with—where all luck and no skill is required—then the Bunco Club is for you. All are welcome to join us for an evening of fast-paced fun, camaraderie, and plenty of laughs. The Bunco Club is open to SCA residents only.

We meet every Monday evening in the multi-purpose room in Liberty Center. Check-in begins at 6 p.m., and play starts promptly at 6:25 p.m. Don't be concerned if you have never played before; the rules and scoring are straightforward, and everyone at your table will be happy to help you learn.

Bunco Club 2026 leadership team
Marci Turkel, president
Diane Thomas, secretary
Lou Ann Peltier, treasurer

Membership is only $5 per year and $3 to play each week. For more information, contact our president, Marci Turkel, at 702-327-3377, or our secretary, Diane Thomas, at 612-581-1962. We hope to see you there!



Clubs

CANASTA



Welcome to the world of canasta. Invented in Montevideo, Uruguay, canasta is one of the most popular card games in the United States. It combines luck of the draw, skill, and diverse strategies. It is a mind-stimulating, social card game in a congenial atmosphere where your competitive spirit can thrive.

American-style canasta is a partnership game played in teams of two. You will play offense and defense while giving silent signals to your partner; tables consist of four players. It does not matter whether you have never played canasta, have not played in years, or are just rusty; there is always a welcome table available.

The club meets on Sundays and Thursdays in Liberty Center from noon to approximately 4 p.m. and offers lessons on Thursdays. Club dues are $5. We are also a social club with an end-of-the-year luncheon, monthly birthday celebrations, and other social events.

The leadership team consists of:

- President, Pam Tullous
- Vice president, Nancy Rose
- Secretary, Jolie Rubin
- Treasurer, Beverly Ginsberg

Contact Pam Tullous at scacanasta@gmail.com for more information.

CERAMICS

Sun City Anthem clubs are made possible by volunteers willing to take on the responsibilities of leadership and organization. It is people who create the community found in our craft rooms by welcoming new members and sharing their experience. Both Ceramics Club and Arts & Crafts Club benefit from the participation of Robin Kelley, who serves as a trainer in both clubs and leads four special interest groups. She has served as secretary and vice president of Ceramics Club and has enjoyed sharing ceramics techniques for over eight years.



One of Robin's stunning color block and gold pumpkin designs



Robin Kelley with one of her favorite ceramic pieces

Robin was born in southern California and stayed there to raise her children. Her husband's avid interest in golf led them to move to Henderson in 2005, and both kids and her grand-dog, Charlie, live nearby. An article in this publication announcing a beginner's series of classes inspired her to join Ceramics Club in 2016. Now she teaches a beginner's series of classes with Marcea Reid, giving members new to ceramics the skills they need to get started with bisqueware and qualify for project classes.

Robin's interest is in glazing on bisque to create diverse designs, learning new techniques, and experimenting with glazes—often on pumpkins, her favorite subject. She generously presents workshops for club members to pass on her discoveries. Her work is meticulous, using vivid colors in detailed designs and often adding special flair like fired gold. Robin has successfully sold her pieces at fairs, but she prefers to give them as gifts. We are grateful that she has chosen to give of herself to support our creative community.

If you are interested in learning more about ceramics and the club, stop by the Ceramics Room in Anthem Center. Our members are



Robin hand-painted the floral design on this plate

always happy to talk about the club and answer your questions. Browse the window at the Ceramics Room to see all the amazing handmade gifts waiting to be shared.

CHICAGO

Chicago Club enjoys a terrific Trivia Night

Sun City Anthem Chicago Club hit another home run on July 23 as 61 members and guests gathered in Independence Center for an unforgettable Chicago Trivia Night featuring special guest Roger Badesch of WGN Radio.

The evening began with everyone enjoying delicious Chicago-style deep-dish pizza as they caught up with old friends and made new ones. Alan Gerstner served as master of ceremonies while Roger joined us live from Chicago on the big screen via Zoom.

Roger entertained the audience with stories from his fascinating career, including his time as press secretary for legendary Chicago Mayor Jane Byrne, his years as a news anchor at WGN Radio, and the inspiration behind his book, *The Unplanned Life*. His warmth, humor, and behind-the-scenes stories gave everyone a unique glimpse into Chicago history and broadcasting.

Following Roger's presentation, participants put their Chicago knowledge to the test! Teams of two and four players competed in three exciting rounds of trivia, with 20 questions in each set covering everything from Chicago history and landmarks to sports, food, entertainment, and famous personalities. The competition was friendly but spirited, and there were plenty of laughs throughout the evening.

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Alan Gerstner and Zoom guest Roger Badesch, retired WGN Chicago news anchor



Roger Badesch

By the end of the evening, 10 winners had earned official Chicago souvenir prizes for their outstanding trivia skills. To top it all off, Roger generously donated two autographed copies of *The Unplanned Life*, which were awarded as our grand door prizes. Congratulations to all our winners.

A sincere thank you goes out to everyone who attended and helped make the evening such a tremendous success. The enthusiasm, camaraderie, and Chicago spirit made it one of our most enjoyable events of the year.

Now it's time to mark your calendars for our next exciting event! Join us on Thursday, September 24, at 5:30 p.m. in Independence Center for "An Evening with Chicago Sportscaster Gene Honda & TV Theme Show Trivia." Gene is the legendary public address announcer for the Chicago Blackhawks at United Center and the Chicago White Sox at Guaranteed Rate Field. You won't want to miss hearing his stories before challenging your knowledge of classic television theme shows.



A room of happy Chicago Club members

Then get ready for the event everyone has been waiting for. On Sunday, October 25, we'll transform the Anthem Center Ballroom into Zombie Prom for our annual Halloween Party. Imagine it's senior prom in Chicago—you've dressed up, the gym is beautifully decorated, and then...the zombie apocalypse strikes! The decorations have faded and decayed, and you've become a zombie. Come dressed as a zombie promgoer, a survivor, a chaperone, the school principal, or simply as yourself. However you arrive, come ready to dance your limbs off!

Sign-up forms are available at the club kiosk outside the Activities office. The reservation deadline is 5 p.m. on October 14—don't wait until you're "dead" to sign up!

We look forward to seeing everyone at both events.

CHINESE HERITAGE

Celebrate the Mid-Autumn Moon Festival with the Chinese Heritage Club

Join the Chinese Heritage Club (CHC) for an unforgettable Mid-Autumn Moon Festival celebration on Saturday, September 26, from 4 to 8 p.m. in the Delaware Room. This year's theme, "A Night at the Paramount," recreates the glamour and elegance of Old Shanghai's legendary nightclub. Step back in time and enjoy an evening of nostalgia, music, and celebration.

The Mid-Autumn Festival is one of the most cherished traditions in Chinese culture—a time for family and friends to reunite, much like Thanksgiving in Western cultures. The evening will feature a Chinese buffet dinner, live band entertainment, dancing, and an atmosphere that captures the charm of a bygone era.



Ticket sales at Independence Center

- Wednesday, September 2: 10 a.m. to noon
- Wednesday, September 16: 10 a.m. to noon

Ticket prices

- CHC members: $40
- Non-members: $55

Registration is required by September 16. As a special thank-you, every registered guest will receive a complimentary mooncake. We look forward to celebrating this special evening with you!

Become a CHC member

Chinese Heritage Club offers a variety of regular activities for SCA community residents. Anyone can become a member for $10 per year and participate in these activities. Before committing to membership, SCA residents can try any program for up to three classes free of charge. To learn more or become a member, visit our website at **chc.scaclub.org**.

CHC-sponsored activities

- **Chinese Arts and Crafts** — Fridays, 10 to 11:30 a.m., Liberty Center. Contact Frieda Li at 858-652-9016 or ahfanli@yahoo.com.

- **Chinese Folk Dance** —Tuesdays, 4:30 to 6 p.m.; Thursdays, 8:30 to 10 a.m.; and Sundays, 3 to 4:30 p.m., Liberty Center. Contact Lina Tsao at 702-321-7373 or ltsao50@yahoo.com.

- **Health Enhancement Gatherings** — Mondays, 5:15 to 6:45 p.m.; Thursdays, 2:15 to 3:45 p.m.; and Fridays, 9:30 to 11 a.m., Liberty Center. Contact Ning Lin at 847-721-8358 or ninglin60067@gmail.com.

- **Chinese Line Dance** — Tuesdays, 8:30 to 10 a.m.; Fridays, 5:45 to 7:15 p.m.; and Sundays, 8:30 to 10 a.m. Contact Reenie Wang at 732-485-2469 or reeniewang@hotmail.com.

- **Qigong** —Mondays and Saturdays, 8:15 to 9:45 a.m. Contact Jan Fu at 513-708-0347 or juianfu@gmail.com.

- **Traditional Yuan Ji Exercise** — Wednesdays, 7:15 to 8:45 a.m.; Fridays, 7:45 to 9:15 a.m.; and Sundays, 5 to 6:30 p.m. Contact Gloria Lan at 661-755-1802 or gloriacyto@yahoo.com.



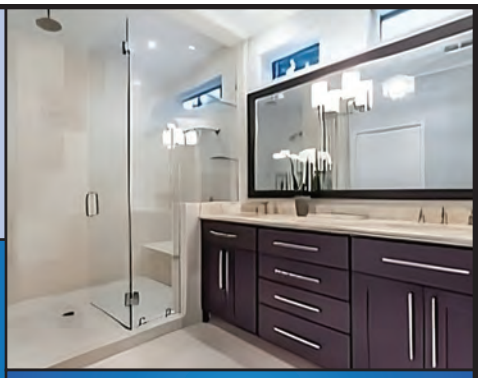


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Clubs

COMPUTER

The Computer Club, located in Anthem Center, is open to all SCA residents in good standing. Visit our website at **computer.scaclub.org** to learn about us in detail.

On November 5 at 1 p.m., the Computer Club will hold its annual general meeting. This meeting is open to all SCA residents. There will be a chance to win $50, and guest presenters will discuss and demonstrate home automation protocols and products.

To join, visit our website and click on "join the club." Fill out the online application. Then stop by the Computer Room so that the monitor on duty can finish processing your application. Be sure to bring your SCA membership card. Dues – $10 per person per year – can be paid in cash (exact amount, we do not make change) or by check. Check should be made payable to Sun City Anthem Community Association, Inc. The monitor has a stamp, so you won't have to write it all out.

Computer Club hours are Monday through Saturday, 9 a.m. to 3:30 p.m. We are closed on Sunday for maintenance. Here are some benefits of membership:

- Access to our club facilities and use of our computers, scanners, printers, DVD duplicator, and fax machine. Members may print or copy a maximum of 10 pages per day. The club provides all paper. *We do not allow members to use their own paper.*
- Free classes – computer and iPhone/iPad. Check out the Calendar and Classes sections on our website for class offerings and descriptions. Classes may be taken as many times and as often as one desires.
- Monthly newsletters.
- Access to our house call program. For a $20 donation to our club, our house call volunteers can provide personalized instruction, assistance in troubleshooting and resolving computer issues, setting up a computer on your home network, etc. Visit the House Call section on our website for details, as well as a list of the volunteers and their areas of expertise.
- Learn and share useful information with fellow members. Discuss computer products, security, resolving issues, using specific applications, etc. See the calendar on our website for dates and times for Computer Talk and Apple Talk. All sessions meet in the computer classroom in Anthem Center.
- Periodic general membership meetings with the chance to win $50.

To get more involved in our club, consider volunteering as a monitor, instructor, classroom aide or house call volunteer. Contact Warren Begas at manager@computer.scaclub.org for more information. To reach the computer lab call 702-614-5871.

CURRENT EVENTS AND HISTORY



The magic of September lies in its balance between what was and what's next. At every meeting of the Current Events & History Club, this, no matter what month, is what we are about. We do share our own memories of personal and worldwide events, current affairs, just nonsense, and history. Sometimes, our discussions are warm, as in heated, and frequently, warm as in caring. We are just your friends and neighbors with opinions and ideas, meeting and discussing anything about almost any subject. One thing is virtually certain; our meetings are informative and fun.

Our meetings are usually a positive way to spend a few hours twice each week. Meetings are lively, interesting, varied, and educational! Some of the issues we have discussed recently included:

- What does the U.S.A. mean to you?
- Traffic circles or roundabouts, yes or no for Anthem?
- To benefit our country, what would you do with 658 billion dollars?
- Should our military leave the Middle East completely?

Perhaps you have some thoughts on these issues? If so, consider joining us! Since opinions can (and do) vary widely, we have rules designed to encourage participation and also keep the discussions on topic. These rules include a reminder that our meetings are for "information and entertainment," that "all opinions are encouraged and welcome, and will be respected," and "civility and politeness are expected." This is important as we do our best to respect the opinions of all.

We continue with our Speakers' Forum as well. Our Speakers' Forum allows club members who have particular knowledge in an area and wish to highlight their expertise by doing a presentation to the club, with all visitors welcome. In August, it was "You can't make this up: Real law cases that will make you laugh," well presented by Chuck Mazursky, a real lawyer person. This month it is Ron Hrebenar presenting "The 2026 Midterms." Ron is a true expert in the art of Political Science.

Our regular club meetings are on Monday mornings (10 a.m. to noon) and Thursday afternoons (2 to 4 p.m.) On Mondays we start with sports. This gives members a chance to brag (or lament) about their favorite school or hometown team or a sports incident that has caught their attention. On Thursdays we start with what happened on that day in history. Next come "Flips," which are short statements regarding an issue you may like (flip up) or dislike (flip down). Following Flips are "PSA's." They are generally announcements made about club, personal, and association interests. Topics are then introduced, and club members then

may choose to offer their opinions or listen to others. Typically, there are two to four topics presented each meeting. Each meeting is overseen by a club moderator who introduces the topics and manages the flow of the discussions.

If this sounds interesting, stop in Anthem Center from 10 a.m. to noon on Mondays, or 2 to 4 p.m. on Thursdays to meet some of your friends and neighbors. You'll find out what others are thinking and have the opportunity to share your opinions. If you enjoy the experience, you can join the club for $15 per year.

And, no matter what the month, you are always welcome!

DEMOCRATIC

Every election is determined by the people who show up. ~ Larry J. Sabato.

The Sun City Anthem Democratic Club promotes informed citizenship, civic engagement, and respectful discussion about the issues shaping our community, state, and nation. Through educational programs, candidate forums, and community discussions, we encourage members to stay informed and actively involved in the democratic process. We support affordable healthcare, reproductive rights, voting rights, minority rights, and a fairer, more equitable society.

The 2026 general election will be held on Tuesday, November 3. Early voting in Clark County begins Saturday, October 17, and continues through Friday, October 30. SCA may once again serve as an early voting location on selected days during the early voting period. For the latest voting information, including early voting locations, mail ballot drop-off sites, and Election Day voting locations, visit ClarkCountyNV.gov/vote.

Every registered voter in Nevada will receive a mail ballot. If you choose not to vote in person, consider returning your completed ballot to an official ballot drop box or voting location rather than relying on the mail, especially as Election Day approaches. Ballot drop-off locations are available throughout Clark County during the early voting period and on Election Day.

Voting is one of the most important rights and responsibilities of citizenship. Local, state, and federal elections shape decisions that affect our daily lives. Whether you vote early, vote on Election Day, or return your mail ballot to an official drop box, plan now to participate. Every informed vote helps strengthen our democracy. Our vote is our voice—use yours by voting and encouraging family, friends, and neighbors to participate.



Join us at future meetings and connect with neighbors who share an interest in public affairs. We invite all who share our values to get involved. For information or to join, contact Margy Feldman at margy613@gmail.com or visit **democratic.scaclub.org.**

DUPLICATE BRIDGE

The Duplicate Bridge Club welcomes both new and experienced players to games Wednesday evenings and Saturday afternoons.

Bridge is a trick-taking card game featuring four players in competing partnerships of two. While it is challenging to learn and takes a lifetime to master, the club supports players at all levels, including novices, those returning to the game, and



experts. In duplicate bridge, each table plays the same hands in rotation. Scoring compares each pair to others in the room; this differs from party bridge, where each hand is dealt and scored individually.

The club plays twice a week: Wednesdays from 5:20 to 8:30 p.m. and Saturdays from noon to 3:30 p.m. Arrange a partner ahead of time and arrive 15 to 20 minutes before the posted session start so play can begin on time. The format of play depends upon the number of pairs in attendance.

If you know how to play bridge but do not have a partner, email us with the date you wish to play and your preferred contact method.

For those looking to learn or brush up on their skills, help is available. Advanced beginners and intermediate players meet Tuesday mornings at 9:30 a.m. with Arline Rubin to discuss difficult hands, review bidding conventions, and engage in practice play. Intermediate players also review rules and strategies Friday mornings at 10 a.m. in the Anthem Center lobby. We can also arrange lessons for beginners.

The club does not award American Contract Bridge League (ACBL) points; however, we abide by ACBL rules and standards of play. We email scores and recaps to all members following each game. Yearly dues of $10 provide a great opportunity to play in a competitive yet friendly environment. SCA residents are welcome to play twice before they are required to join.

All sessions and lessons are held in the Emerson/Franklin Room. Contact the club for additional information about lessons or to find a partner at scadupbridgeclub@yahoo.com.

FILIPINIANA

As our summer hiatus comes to an end, we hope you managed to stay cool and are ready to reconnect with fellow members.

We have trips to Tuacahn planned for Monday, September 14, for *Les Misérables* and Tuesday, October 6, for *Grease*. Also, the Christmas party will be on Friday, December 4.

Refer to our website for information and dates on upcoming occasions and for picture galleries of past functions. The website can be navigated through the SCA website under Clubs, or you can add **fc.scaclub.org** to your favorites.



Membership updates
If you are new to the community or have any phone or email changes, contact Bob Gordon at benagordon@yahoo.com or 702-461-2274.

FINANCIAL



The Anthem Financial Club empowers our members to take control of their financial choices while fostering meaningful discussions on financial topics and challenges through dedicated forums.

Lack of money is the root of all evil. ~ George Bernard Shaw.

Our next meeting will be Thursday, September 3 at 4 p.m. in the Delaware Room. This meeting is open to all SCA residents.

Our speaker will be a representative from the Federal Bureau of Investigation's Las Vegas Field Office. The FBI partners with federal, state, and local agencies to form statewide anti-fraud task forces to investigate Medicare fraud, pandemic relief scams, and romance fraud.

Topics will include:

- **Medicare fraud:** How it is detected and stopped, and what to watch for to recognize if you are an unknowing victim.
- **Fraud unique to Nevada:** Local fraudulent schemes target Las Vegas residents through text and email schemes.
- **AI-fueled impersonation:** Fraudsters increasingly use artificial intelligence to mimic the voices or likenesses of trusted officials or family members.
- **Government impersonation**: How criminals pose as FBI agents or federal officials demanding wire transfers, cryptocurrency, or cash.
- **Elder financial abuse:** Scammers target senior citizens with romance, inheritance, and tech-support ruses.

Join us to listen, learn, and ask questions. Don't miss this opportunity to stay informed, recognize common fraudulent practices, and reduce your risk of becoming a victim.

In addition to general meetings, the club conducts discussion groups in Liberty Center.

- The Breakfast Group discusses a variety of subjects, from fixed investments to insurance. Next meeting is on Wednesday, September 9 at 9 a.m.
- The Stock Group examines aspects of selecting, timing, buying, and selling stocks. Next meeting is on Friday, September 18 at 2 p.m.
- The ETF/Mutual Fund Group focuses on exchange-traded funds and mutual funds for income and growth in your portfolio. Next meeting is on Friday, September 25 at 2 p.m.

Check the club website at **financial.scaclub.org** frequently for updates.

GARDEN

Welcome back to the garden: Embracing southern Nevada's second spring
As the relentless triple-digit heat of summer finally begins to fade, southern Nevada enters what local green thumbs affectionately call the second spring. It is a beautiful time of renewal where we shift from mere survival mode into a season of active planting and maintenance. September is easily one of the most productive months for the Mojave Desert, and your fellow SCA Garden Club members are thrilled to return from our summer hiatus, and we are eager to get back to planting.

On September 14, Master Gardener Gail Brandys will join us to share the many benefits and challenges of growing native and desert-adapted plants in your home garden. Although many books have been written on wildflowers of the Southwest as they grow in the wild, little if any advice exists on wildflowers in captivity in the urban landscape. Sourcing plants and seeds, incorporating them into an existing landscape, and avoiding the common pitfalls of overwatering, over-fertilizing, poor soil quality, and excessive shade will be discussed. Gail will also share essential propagation, timing, and soil preparation techniques, and a wide variety of free native seeds will be available to all attendees.



Blanketflower *Gaillardia* is a genus of flowering plants in the family Asteraceae



Desert marigold *Baileya multiradiata* is a species of sun-loving wildflower in the family Asteraceae



Our September presenter, Master Gardener Gail Brandys

In October, we are trading our traditional meeting for a special behind-the-scenes tour of Bellagio Conservatory & Botanical Gardens. While often viewed as a simple photo opportunity, the conservatory functions as a living classroom for those interested in high-level floral design and environmental sustainability. This field trip is sold out.

Our November program will feature a presentation by Master Gardener Diane Eisen, who will share her expertise in the art of container gardening. Container gardening serves as a strategic workaround for some of the harshest growing conditions in the Las Vegas valley. By utilizing containers, gardeners can bypass the valley's notorious caliche, and they can maintain better control over soil quality. Diane will provide insights on the do's and don'ts of successful container design.

Our annual election of the leadership team and approval of the 2027 budget will be conducted, for members only, at our November meeting. The election meeting will begin at 9 a.m. followed by our regular meeting at 9:30 a.m. We are calling on our 200-plus members to bring their energy and ideas to the team—why not toss your gardening cap or sunbonnet into the ring?

To wrap up the year in style, a festive grand finale awaits our members in December. This exclusive event promises to be a memorable celebration of the year, so stay tuned.

Aside from our summer break in July and August, and the months of our field trip, garden tour, and holiday meeting, we meet on the second Monday of each month from 9:30 to 11 a.m. in Independence Center. For more information, visit our website at **Garden.SCAclub.org**.

We look forward to seeing everyone as we kick off the final months of this exciting season.

HAND AND FOOT

You get two "hands" in our game. Hand and foot gives you a second chance to score; after you play all the cards in your first hand, you pick up and play the second (your "foot"). With the help of a partner, you compete against another duo and play to the finish!

Seven identical cards are "booked," and if there are no wild cards, (twos and jokers) they are clean or red and count 500 points. With one or two wild cards, they are dirty or black and count 300 points. Red threes count against you (100 points each) when you add up the final points.

We meet twice a week in the Morris/Nelson Room in Independence Center. We ask that you arrive by 5:15 p.m. for Tuesday games and 12:15 p.m. for Friday games. Once all tables are filled, cards are distributed, and play begins.

New players will be paired with an officer or mentor to familiarize themselves with the club rules. We welcome newcomers to enjoy the camaraderie and game. Questions? Contact Charlene Wakkuri at acwakkuri@gmail.com or Lisa Daenzer at daenzerx4@aol.com.

HAVURAH

Shalom! "Havurah," loosely translated from Hebrew, means "friendship circle." The club began in 2002 when a group of 40 people came together to form a social club to celebrate Jewish holidays and culture. Over the years, the group has grown to over 400 members. We welcome singles and couples of all beliefs to join us. We are dedicated to providing a warm, friendly environment.

Our quarterly membership meeting will take place on Thursday, September 10 at 6:30 p.m. in Independence Center. Rosh Hashana, which begins at sunset on Friday, September 11, is the holiday that celebrates the creation of the world. SCA resident and Havurah member Rabbi Danny Gottlieb will be our speaker, exploring the topic: "What can we learn from the Creation Story?"

Wednesday, September 16: The Men's Club (SIG) will meet in Liberty Center from 1 to 3 p.m.

Our annual Yom Kippur Yizkor Service will be on Monday, September 21 at 6 p.m. in Freedom Hall, led by Wendy Linow, Ricki Weintraub, and Maxine Drapkin. The service is free to attend. Following the service, we will have a dairy Break-the-Fast dinner catered by Bagel Cafe. The reservation deadline for the dinner is Tuesday, September 8. Menu and cost details are available on our website, **havurah.scaclub.org**

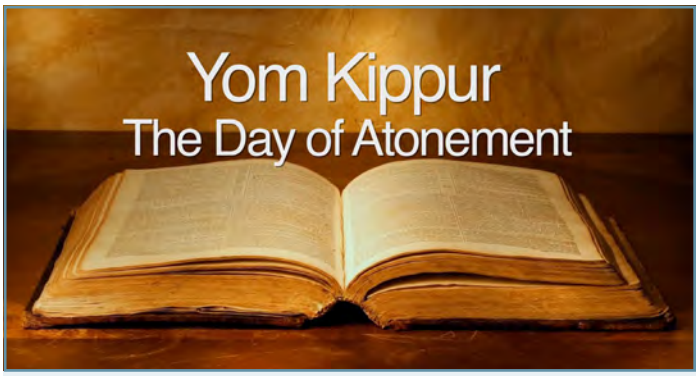
Monday, September 28: Come join our Israeli Dance class from 2 to 3:30 p.m. in the Delaware Room. It's an afternoon of fun, friendship, and connection to our Jewish heritage. Dances consist mostly of walking steps from traditional to more modern music. No prior dance experience needed.

Save the date

Plans are being made for Social Solos to meet in October.



Symbolic foods of Rosh Hashana are sweet and include apples, pomegranates, and honey



Yom Kippur, the holiest day of the Jewish calendar, is a solemn day when the Jewish people make amends for their sins for the previous year

On Friday, October 30, we will have our next Shabbat Dinner. Following dinner, our speaker will be Verla Niebuhr, program manager for caregiver and community education at the Cleveland Clinic Lou Ruvo Center for Brain Health.

Members will receive details for our events via email.

For more information, membership forms, upcoming events, and photo galleries, or to contact any leadership team member, go to Havurah.scaclub.org. You can also find membership forms at the kiosk outside the Activities office. The Havurah mailbox is located across from the fitness desk at Anthem Center. Membership dues are $18 per person. For questions, feel free to contact our president, Mitchell Stein, at myscahavurah@gmail.com.

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A shofar (ram's horn) is blown during Rosh Hashana and Yom Kippur



Ken Price shares his courageous and inspiring health journey

Jewish tidbits:
What are Rosh Hashana and Yom Kippur?
Rosh Hashana (starting September 11) and Yom Kippur (September 20) are the holiest days of the Jewish year. Called the "High Holy Days," they are not celebratory, but are times for self-reflection and prayer.

Rosh Hashana, which means "Head of the Year," commemorates the beginning of the world and the creation of man and woman. Its customs include attending synagogue services, blowing of the shofar (a ram's horn), and festive meals with symbolic foods such as apples dipped in honey to evoke a sweet new year.

Yom Kippur, the Day of Atonement, is a day of repentance for one's sins, along with fasting and prayer.

HEALTH AND WELLNESS

SCA
HEALTH & WELLNESS CLUB

Making the most of summer... one healthy choice at a time. As we continue through the warm days of summer, it is a wonderful reminder that wellness is not about perfection; it is about making small, positive choices that keep us active, connected, and inspired. Whether it is staying hydrated, enjoying lighter meals, spending time with friends, or learning something new, every healthy step counts.

Our July programs certainly inspired us!

We were honored to welcome Ken Price, whose remarkable journey reminds us of the incredible resilience of the human spirit. As the oldest living double-lung transplant recipient in the world, Ken shared the importance of maintaining a positive attitude, becoming an expert in your own health, and never losing hope. His message was both uplifting and empowering, leaving us with valuable lessons that extend far beyond medicine.

We also enjoyed a delicious culinary presentation by Chef Romana, who demonstrated that healthy eating can be both simple and flavorful. Members sampled a refreshing cabbage and apple slaw with a light vinaigrette along with savory black bean sliders topped with fresh aioli. The appetizers, mimosas, and great conversation made for a wonderful morning shared with 35 of our members.

As summer begins to wind down, let us continue building healthy habits that will carry us into fall. Every choice we make today contributes to a healthier tomorrow.

Looking ahead

- **Wednesday, September 9:** Dillon Martin, Registered Dietitian. Learn the facts about gluten and discover practical tips for reading nutrition labels with confidence.



Members enjoy a delicious brunch at our "Chef Romana" culinary event



Our featured chef along with our happy door prize winners

- **Wednesday, September 23:** Diane Thomas, Alzheimer's Association. Join us for an important discussion on brain health, including early warning signs of Alzheimer's disease and steps we can take to support lifelong cognitive wellness.

We look forward to seeing you at our upcoming meetings and always welcome new members. Until then, stay active, stay cool, and continue to make health a priority!

Take care of your body. It's the only place you have to live.
~ Jim Rohn.

Visit our website **healthandwellnessclub.org** or email sca.hwc@gmail.com.

HIKING AND OUTING

Welcome back, sunbirds! We missed you over the summer, but we certainly get it! For those who stayed close to home, the club found plenty of ways to keep active, cool, and connected.

Challenging hikes in the Mount Charleston lower hills

Summer hikes on Mount Charleston are always worth the hour-long drive. The cooler temperatures, changing elevations, and rugged beauty offer a welcome escape for both experienced hikers and newer members ready to stretch themselves a bit, and the mountain did not disappoint.

On the Wild Horse Canyon hike, hikers enjoyed Ponderosa pines against a brilliant blue sky before climbing higher into the realm of ancient bristlecone pines, with their beautifully twisted trunks shaped by time and weather. The route then descended into Wild Horse Canyon, where flowery meadows and small streams added a peaceful finish.

Another favorite outing was the Escarpment Trail, beginning behind Kyle Canyon Visitor Center. After crossing the wash and making a steady climb, hikers were rewarded during a rest stop with a sighting of the elusive Mt. Charleston Blue Butterfly, one of eight butterflies found only in this region. Afterward, the group gathered for lunch at PKWY Tavern, where one could quench thirst with a hiking club favorite, Peanut Butter Milk Stout by Belching Beaver, one of the 250-plus ales and beers offered.



Wild Horse Canyon hike. Led by Steve Nelson (left), members enjoy sweeping views and rugged, timeless beauty of Mount Charleston's bristlecone pines

Other events

The annual bowling trip at South Point Hotel and Casino was another summer highlight. Organized by Marc Dubin, it brought together at least 25 members, from seasoned bowlers to once-a-year players. Everyone was welcome, and the fun continued afterward with happy hour at Baja Miguel's Restaurant.



South Point bowling trip. Members enjoy an afternoon of indoor bowling and happy hour at Baja Miguel's Restaurant



Fourth of July celebration. Friends gather at David Starr's home to enjoy good company, valley views, and fireworks in honor of our nation's 250th birthday

On the Fourth of July, Hiking Club member David Starr graciously opened his home to the club for an evening of dancing, conversation, laughter, and beautiful views of the Las Vegas Valley. As guests socialized, classic Ed Sullivan clips played on the TV, featuring beloved groups like The Beatles, Jefferson Airplane, The Rolling Stones, and The Mamas and the Papas. Later, guests line-danced to tunes sung by the talented Gloria Triggs, who also leads fitness classes at SCA when not singing with her band. As night fell, binoculars came out, and fireworks sparkled across the valley floor. It was a joyful and memorable celebration of the Fourth, made even more special by the 250th anniversary of our nation's birth. Thank you, David!

Looking ahead, we hope you will join us for more fun, including an evening at Super Summer Theatre to see *Come From Away*, our annual picnic at Cornerstone Park, a Halloween house party, and a volunteer day at Three Square Food Bank.

Our next general meeting will be held Wednesday, September 23, in the Delaware Room. Doors open at 8:30 a.m., and the meeting begins at 9 a.m. For more information about the club, contact new member advisor Joel Hawk or visit **scahikingclub.com**. We look forward to seeing you soon!



HORSE RACING



Have you ever walked past a casino sportsbook, heard the roar of the crowd during a horse race, and wondered what the excitement was all about? If so, the Sun City Anthem Horse Racing Club is the perfect place to find out.

We have a series of handicapping training sessions designed specifically for new and less experienced members. This is the ideal environment to ask questions and gain hands-on experience with the various tools available to players.

On selected Friday mornings, many club members meet online to handicap the following Saturday's races. We are currently experimenting with a hybrid schedule of Zoom meetings and in-person sessions at South Point. In the spring, we concentrate on three-year-old races, the Kentucky Derby, the Oaks, and the rest of the Triple Crown. In the fall, our focus shifts to the Breeders' Cup. For these major events, we get tables at South Point to handicap and wager together.

Don't be late at the gate! Join our club—we wager you are bound to have a great time. We are a dues-free club. See you there.

For any questions, send us an email at SCAHorseRacingCLUB@gmail.com.

INTERNATIONAL CULTURAL CONNECTIONS



The great American story is written in the variety of its valleys and the diversity of its people. We are a nation built on differences, harmonized under one sky.
~ William O. Douglas.

Save the date: Oktoberfest and Wurst Festival fun
Dust off your lederhosen! Our big Oktoberfest celebration takes place Saturday, September 26, at 9 a.m. We are heading to the Wurst Festival at Bicentennial Park in Boulder City, Nevada, for a day



featuring a car show, food trucks, bratwurst, live entertainment, and an auction. The journey in an air-conditioned luxury coach includes trivia, games with prizes, a costume contest, and a swag bag. This member event welcomes new members. Seating is limited. The cost is $20.

Reserve your spot today by emailing intlconnectionsinfo@gmail.com. Find details at **iccc.scaclub.org**, visit the club kiosk in Anthem Center, or stop by one of our classes.

Kick up your heels with line dancing

Show off your moves! Line dancing will be a highlight at the Wurst Festival, but you can practice every week. Join free sessions Thursdays at 1 p.m. in Liberty Center. Guests are welcome to attend twice.

Genealogy highlights

Our July workshop was a blast! Thank you to Linda Miller and Gary Parriott. Dr. Linda Miller, a 22-year resident of Anthem, has been a first-person interpreter of the life of Helen Stewart, Nevada's first lady, since 2003. A member of 19 heritage societies, she served as governor of the National Society of the Sons and Daughters of the Pilgrims and the Continental Society Daughters of Indian Wars. Currently on the Atomic Museum Board of Trustees, she recently coordinated an America 250 educational event.



Linda Miller, Gary Parriott

Gary Parriott serves as elder of the Nevada Southern Branch of the National Society Sons and Daughters of the Pilgrims and historian of the Nevada Society Sons of the American Revolution. Recently, he served as project manager for American Legion Post 76's America 250 Monument at the Southern Nevada Veterans Memorial Cemetery.

Membership promotion

Do not wait for the Club Fair on Saturday, November 21, to join. Register in October to receive the remainder of the year free, with membership valid through 2027. Join online or via the kiosk in Anthem Center.

Ukulele: Strum along with us

- **Beginner classes:** E Komo mai—Welcome! Join the fun on the first Monday and third Thursday of every month at 9:30 a.m. in Independence Center.

- **Intermediate ukulele:** Ready for meetups, Aloha Fridays, and kanikapila? Email phyllperryiccc@gmail.com or drop a note in the ICCC mailbox to get involved.



July 4th flashback

The sunset was the real star on July 4. We had a fantastic turnout of 300 to 400 residents on the Anthem Center lawn to watch fireworks. From popcorn and hot dogs prepared by our Activities team to our friend "Bilvis" leading a patriotic patio sing-along, it was a night to remember. View our photo and video gallery for festivities.

"Connecting Cultures, Creating Friendships"

ITALIAN FORUM

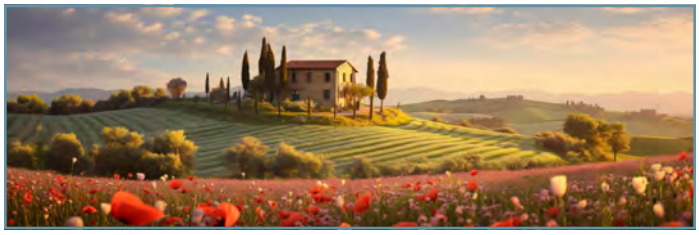
ITALIAN FORUM CLUB
Sun City Anthem

The Italian Forum Club is focused on having a great time Italian style, with delicious food and excellent entertainment. All nationalities are welcome to join in on the fun!

Serving as your club president is truly a privilege. Whether your roots trace back to Italy or you simply cherish its culture, you will always find *buona compagnia* (wonderful company) and a warm welcome among us. If you would like to get involved or learn more, I would love to connect. Call me at 702-245-3567. Here's to the beauty of September and living *la dolce vita* together.

Con gratitudine e amicizia (With gratitude and friendship).

Dean McQuillan, Italian Forum Club President



Clubs

LGBTQ+

Being an ally to the LGBTQ+ community
According to Google, an LGBTQ+ ally is a heterosexual individual who actively supports equal civil rights, gender equality, and LGBTQ+ social movements. Being an ally means confronting discrimination, championing inclusivity, and continuously learning about the experiences and challenges faced by the community.

We have 10 couples and three individual allies in our club, and they are just as important to us as any other member.

Personal statements from our allies
Being an ally to the LGBTQ+ community means showing respect, support, and action in everyday life. Allyship starts with listening and learning. It is important to understand that LGBTQ+ people have different experiences, identities, and challenges, and allies should avoid making assumptions about someone's gender, pronouns, relationships, or personal story.

We want to be allies because if anyone is made to feel like less—or worse, nothing—then all of us are less. It is hard to speak up when hearing harmful jokes or comments. Being an ally has risks; we have had to disassociate from a family member due to our stance on being allies.

It means being visible, such as attending the Pride Month party, and being consistent in showing up. We do not expect LGBTQ+ individuals to accept us immediately, although some may. Keep showing up and remain respectful.

Being an ally also means supporting equal rights, safe spaces, and fair treatment at school, work, and in the community. True allyship is not about being perfect; for example, we accept that we do not completely understand the use of pronouns. We have an equal sign on the back of our car, which signifies support for LGBTQ+ rights and equality, promotes awareness of social justice issues, and specifically shows that we are allies.

~ Tina and Tony Aguiar.



Tina and Tony Aguiar



Barb and Jim Long

Several high school and college friends stayed in the closet because of how they were treated. They are now happily married to their partners. We have a transgender relative who was diagnosed with autism because of the way she coped. She is now happy living as a woman. I worked in the field of corrections, and I saw the horrible things people do to one another. We do not care who you love, only who you hurt. Let's be kind!

~ Barb and Jim Long.

We are a straight couple who fully support the hard-won legal victories leading to anti-discrimination statutes and protection of marriage equality. It is not enough to be non-discriminatory in our own lives. In SCA, there are still opportunities for growth and acceptance for all members of our shared community. We believe in equal civil rights for everyone, and the club will enable us to take action to support these values. That is why we joined the SCA LGBTQ+ Club as straight allies. In the club's welcoming space, there really is room for everyone, and it is a great place to meet new people and make new friends!

~ Cynthia and David Stroud.

LIFELONG LEARNING

The Lifelong Learning Club pursues knowledge through the presentation of lectures on topics of general interest to the Sun City residents.

Sandbox Laws and Business Regulation in Nevada
John Tsarpalas, President Emeritus, Nevada Policy
Anahit Baghshetsyan, Data Science Policy Fellow at 50CAN
Wednesday, September 9, 10 a.m., Delaware Room



Nevada Policy is a private, nonprofit think tank that focuses on research and analysis of education policy, economic issues, and government accountability. Government provides security and promotes general welfare and opportunity for citizens. Part of

that process requires regulation. Some professions, like medicine and law, require extensive education and credentials. But is it necessary for a beauty salon worker who has 10 years of experience in another state to complete hundreds of hours of training to get a license in Nevada? This presentation will discuss the cost to you, the consumer, of over-regulation of business and explore possible solutions.

How To Make Money with A Slot Machine: The Secrets Behind the Casino Slot Floor

Chuck Berg, Former Engineer at Silicon Gaming
Wednesday, September 16, 10 a.m., Delaware Room



Meet SCA resident Chuck Berg, former vice president of engineering at Silicon Gaming—the company behind industry firsts such as The Odyssey, the first PC-based slot machine with a disk drive, portrait-mode touchscreen, full-screen movies, and public-key encryption, plus the smash hit Family Feud Slots. Chuck reveals the one thing that quietly controls every spin, every payout, and every jackpot: the pay table.

Learn how random number generators really work, why the pay table—not luck—decides who wins, and why casinos love slots above every other game. This is a fascinating, funny, and eye-opening look at the technology of chance from someone who engineered it.

Want to know the one reliable way to make money with a slot machine? See the presentation for the answer!

Discussion Group: Has the worldview of the U.S. changed since the World Cup?

Friday, September 25, 10 a.m.
Penn Room, Independence Center

MAH JONGG

Members of the SCA Mah Jongg Club play two types of mah jongg: Asian and American. How much do you know about their history? Ready for a mah jongg lesson? Let's learn about the history of Asian mah jongg.

Legend has it that Confucius created mah jongg in 500 BCE. Other legends hold that mah jongg originated in eastern China in the 1850s as a variation of card and domino games. Played primarily by the upper class, the game served as a medium for social bonding, gambling, and mental exercise.







Mah jongg translates to "sparrow," a name derived from the clattering sound made when shuffling tiles.

Certain tiles carry symbolic meaning. Dragon tiles represent strength, power, and good fortune, while flower tiles represent the Four Noble Ones, each symbolized by a distinct plant: bamboo (flexibility), chrysanthemum (tranquility), orchid (integrity), and plum blossom (inner beauty).

Mah jongg was introduced to America in the early 1920s, marketed as an exotic and mystical game. As its global popularity surged, the game came to be viewed as a symbol of capitalism, leading to a ban in China from 1949 through the mid-1980s.

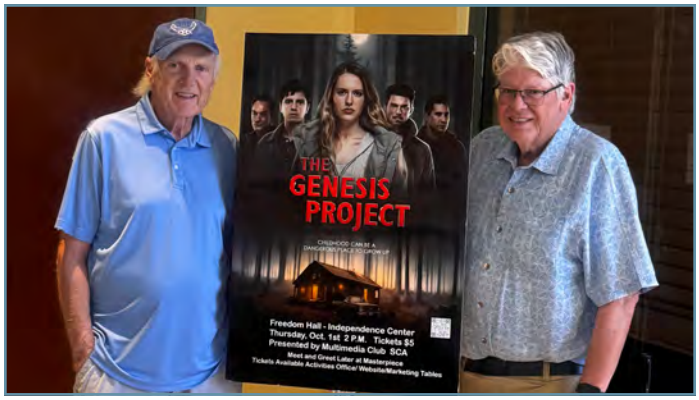
While the history is captivating, playing the game is even more rewarding. The club meets Tuesdays from 10 a.m. to 4 p.m. in the Morris/Nelson Room in Independence Center. Members play both American- and Asian-style games, and the club provides full sets for both variations along with free lessons. Still on the fence? Be sure to read next month's article on American mah jongg.

MULTIMEDIA



Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young.
~ Henry Ford.

Yes, it is back to school at Multimedia Club. Our workshops are specifically designed for seniors to explore AI in a welcoming environment. Learn to create eye-catching images, write with confidence, and produce music and videos. Whether you want to express yourself or assist your local clubs, curiosity is all you need — we will learn the rest together. Creativity does not retire.



Producer Frank E. Johnson and treasurer Dennis Palsgaard display a poster co-created for an upcoming movie screening at Freedom Hall.

Save the date
October 1, 2 p.m., Freedom Hall, Independence Center
Join us for a special screening of *The Genesis Project*. Tickets are $5 and can be purchased through the Activities office. Described by Tubi as a "psychological crime drama and thriller," it is the perfect fit for the spooky month of October.

The event will also feature previews of short AI videos created by our members for AIMIE awards of recognition in the field of AI media, followed by a meet and greet at Masterpiece Cuisine Restaurant. You will have the opportunity to speak with producer Frank E. Johnson (DGA, ASC) about his 40-plus-year career in movies and television. We sincerely thank Frank for allowing us to show the movie right here at SCA, with all proceeds going to the Multimedia Club to benefit educational projects and mentoring programs for seniors.

Community outreach project



Phyll Perry, Frank E. Johnson, Dennis Palsgaard, Lena Walthers, John Paul Molfetta, Ken Walthers, and Kim Keels

Multimedia Club is also working on an outreach project for Clark County School District in collaboration with resident member Lena Walthers and her "Awareness is Prevention" foundation. Our members are creating music, videos, and a documentary to educate students, teachers, parents, and community on the growing epidemic of online sextortion among our youth. Thank you to James Stewart Evans for the great background image.

More information and links are on our website. To participate or contribute to this worthwhile project, contact us at multimediasca@gmail.com.



Making music

Our AI team is producing music and music videos for several projects. Pictured are resident vocalist Sherry Winger and AI wizard Mike Molony creating magic in our SCA studio. AI how-to videos are available on our website, but hands-on mentoring is even better. Drop in on the calendar days available right here on campus to be amazed! Links to YouTube, Suno, and other video and audio sites are also on the website. The goal is to use new ways to better our lives and enhance our community.

Wanted

Editors, camera and teleprompter operators, script continuity, and on-camera talent. No experience necessary; we provide all training. Join "The Dream Makers."

It's a wrap!

NEW YORK METRO

NEW YORK METRO CLUB



September on the East Coast always meant back to school and new beginnings. The lazy days of summer were over, and work resumed. Routines were back, and the hustle and bustle were beginning all over again.

That is also the case with many of the clubs around SCA. Residents have returned, and they are eager to resume the activities that they have come to associate with our wonderful home in Henderson.



Attendees paid tribute to victims and heroes of September 11 during last year's remembrance service

Unfortunately for the New York Metro Club, our September event is one of sadness and heartbreak, but also resilience and strength.

Twenty-five years ago on September 11, 2001, 2,977 victims were killed across three locations. Victims ranged in age from 2 to 85. Among them were 343 firefighters and 71 law enforcement officers. An estimated 400,000 people were exposed to hazardous agents in Lower Manhattan. Illnesses from 9/11 exposure have claimed the lives of thousands of additional first responders and survivors over the years.

We owe it to the people who were in NYC, the Pentagon, and Shanksville, Pennsylvania, and on those planes that day to never forget. Join us for a touching memorial Friday, September 11, at 10 a.m. in Freedom Hall. Afterward, there will be time to share stories and wipe away tears.

On a more pleasant note, save October 1 for Italian Night. More details will follow. Look for the email.

Membership applications are available in Anthem Center or on our website. The cost is only $15 to join. We look forward to meeting you and welcoming you back to the East Coast. For more information about our club, upcoming events, or any questions, visit our website at **newyorkmetro-scaclub.org**.

PADDLE TENNIS

PADDLE TENNIS CLUB
SUN CITY ANTHEM, NV

What fun and unique outdoor activity is happening at Liberty Center? It's PADDLE TENNIS!

The sport is a scaled down version of tennis played on a smaller court available to people of all ages and skill levels. It provides a wonderful way to improve your health while making new friends at the same time.

Paddle tennis is a perfect transition for players of any racquet sport, as well as for beginners. The rules and scoring are like tennis, and it uses special low-bounce tennis balls.

The club meets at Liberty Center on the three courts closest to the cell tower on Tuesdays, Fridays and Sundays at 8 a.m. during the summer months and 8:30 a.m. when it is colder. On the first Sunday of each month, members participate in a potluck.

The club provides balls, paddles and lessons for those new to the sport. All you need is to wear non-marking court shoes and bring water or sports drinks for hydration.

So, what are you waiting for? Get off the couch and join us for a fun time while improving your overall physical and mental well-being.

Our dues are low at $10 per year. For more information, contact Jerry Cant at jc44lv@gmail.com.

PAN



Come join us! Get out of the house and learn an exciting new card game similar to gin rummy. This game is played with up to eight people using eight decks of cards. There are runs and sets, and no 8s, 9s, or 10s, so a run would be 6, 7, and jack. Certain cards are pay cards, and all spades are double.

We play in the Anthem Gallery near the Fitness Center on Mondays, Thursdays, and Saturdays from 12:15 to 3:15 p.m. Arrive about five minutes early, as we draw for seats. Annual dues are $10. We will be giving pan lessons upon request. Hope to see you soon!



For more information about the club, contact our president Laurie Nagle at 310-977-0865 or email laurie.a.nagle@gmail.com.

Pan, a fun game played differently.

PARTY BRIDGE

Party Bridge sessions are held every Sunday, Tuesday, and Thursday from 1 to 1:30 p.m. in the Emerson/Franklin Room. For more information, contact Ann Murray at 619-820-4306.

The roots of contract bridge grew out of 16th-century European trick-taking games, most notably whist. Whist had no bidding and very simple scoring, and players simply tried to win tricks. By the late 1800s, whist evolved into early forms of bridge, introducing the double, redouble, declarer, and dummy. These innovations transformed the game into the strategic, bidding-based version played today.

Getting to know Helen Wade



Helen Wade was born in Los Angeles and raised in Pasadena, where she enjoyed an active childhood filled with school, sports, and sunshine. She attended Pasadena City College and later California State University, Fullerton, playing softball in high school and tennis in college. Tennis soon became central to her life. Her former father-in-law, a well-known professional player and longtime pro at Altadena Country Club, introduced her to the sport. Through him, Helen spent many hours at tennis clubs watching top players and sharpening her own skills.

Her family became a strong tennis trio, winning numerous tournaments. One unforgettable day in Santa Barbara, Helen played an astonishing 104 games—first doubles with her daughter and then doubles with her son. After moving to Anthem, she was even invited to play on the men's tennis team, practicing four mornings a week and playing pickleball twice weekly. She continued until age 80, when health issues ended her playing days. A fun claim to fame from her Santa Barbara years was having weekly breakfasts with Jane Russell and playing tennis with Bruce Jenner.

Adopted as an infant, Helen always knew her story, but she quietly wondered about her biological family. A vivid dream once prompted her to turn on the television at night, where she learned about an agency that helped adoptees. Through the Alma Adoption Agency in Los Angeles, she located her biological father, and she discovered a sister living in Oroville, along with other siblings. While deeply grateful for the loving family who raised her, she was excited to learn about her roots.

Helen built a long and successful career in real estate, living in Santa Barbara for 20 years while buying, selling, and managing homes. Over the years, she purchased and lived in about 30 different residences. She also worked for the Federal Deposit Insurance Corp. for three years as a property appraiser, handling transactions across several southern states. Later, she returned to



We will all miss Tony (right), and her partner, Beth, will certainly miss her

Pasadena to care for her ailing father while continuing part-time real estate work.

Her connection to Del Webb began in Roseville, California, where she lived in a Del Webb community and worked for the company, even helping open a new development. Helen has been married for 22 years to her husband, Jim, a former construction project manager known for his memorable hot cinnamon rolls.

Helen began playing bridge in the 1970s, and she is now a happy member of the Party Bridge Club.

PERFORMING ARTS

Sun City Anthem Performing Arts Club

As the dog days of summer slip inexorably to a close, and the cooling temperatures of fall drop in like a welcome friend, PAC's jam-packed schedule heats up. Shows. Song. Dance. Comedy. A little bit of this, a little bit of that. The opening lyrics of *Anatevka* from *Fiddler on the Roof* appropriately mirror what PAC has to offer, and not coincidentally, signal the start of auditions and rehearsals for this uber-popular revival. So come along and join the fun. Contact scdurgin@gmail.com or check out our website at **pac.scaclub.org**.

It's show time

And Then There Were None

Tickets are now on sale for the Agatha Christie mystery, *And Then There Were None*. Directed by Alan Scharf, the acclaimed mystery comes to life – and death – on the Freedom Hall stage. A group of 10 people gathers at a mansion. A recording plays, accusing each guest of murder. When the first guest is murdered, they understand they have been brought to the island by a maniac intending to dispense their own perverted form of justice.

Show dates are October 14, 16, 17, and 18. Tickets are available at scahoa.com and Activities.

Fiddler on the Roof

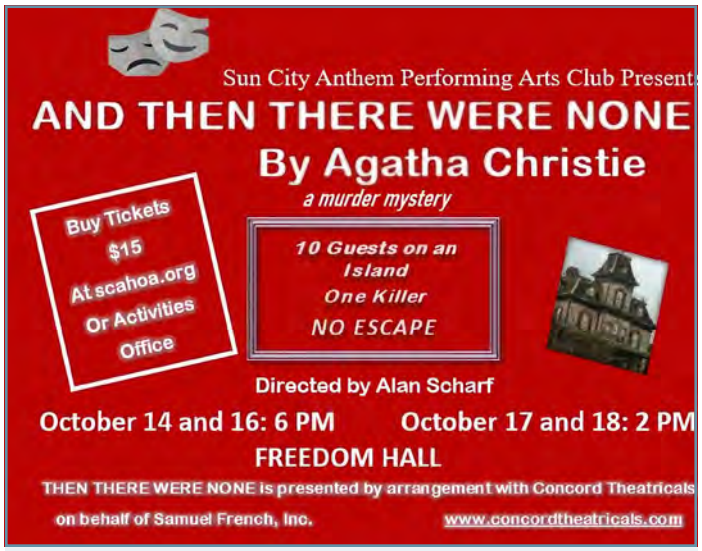
The Fiddler is in town May 2027. PAC's spring show will hold auditions in early November. Singers, dancers, actors, tech, and stage crew should prepare to participate in this new production. More information will be available soon. For questions or to express interest, contact Paula Phelps at rphelpsciyc@aol.com.

The beat goes on – dance and song

- **Anthem Jazz:** Mondays at 3 p.m. in the Dance Room, Liberty Center.
- **Lyrical Ballet:** Thursdays at 2:30 p.m. in the Aerobics Room, Independence Center. Contact Linda Molony at vegaslindalou@gmail.com.
- **Karaoke:** Second Thursday of each month at 5 p.m. in the Emerson/Franklin Room. Contact Samaria Graham at airamasretten219@gmail.com.

Laughs

Comedian Linda Molony (known on stage as Linda Lou) will present an eight-week course in "How to Write and Perform Standup Comedy." Topics include why we laugh, how to craft material, how to develop your stage persona, performance



And Then There Were None premieres in October



Standup comedy course with Linda Molony



Learn Podcasting

techniques, and how to overcome stage fright. The bravest participants may perform in a student showcase or a real live open mic!

Schedule: Eight Mondays at 6 p.m. in Freedom Hall. Contact Linda Molony at vegaslindalou@gmail.com.

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Podcasting

A podcast is a digital audio show – modern-day radio that people can listen to anytime, anywhere. If you enjoy a great conversation over a cup of coffee, you have the skill to be a podcaster. We will guide you through every step of the process, from turning on a microphone to recording, editing, and publishing your own episodes. Learn by doing in a relaxed and supportive environment.

Schedule: Third Sunday of each month at 9:30 a.m. in the SCA TV Studio, Independence Center. Contact Alan Gerstner at traveldoc3@icloud.com.

PET



Dogs look up to us. Cats look down on us. Pigs treat us as equals. ~ Winston Churchill.

Our summer hiatus has come to an end, and we resume meeting on Wednesday, September 16, at 10 a.m. in the Independence Center courtyard. Leashed pets are welcome to join us. We are pleased to welcome back Dr. Robert Loose, veterinarian and practice manager at Inspirada Animal Hospital, to answer questions about pet health. Dr. Loose attended the University of Florida for his undergraduate degrees in biology and business and North Carolina State University for veterinary school, where he graduated with distinction in anesthesia. His professional interests include chronic pain management, anesthesia, and orthopedics.

Our annual "Dogtoberfest" takes place on Monday, October 19, at 4:30 p.m. in the Independence Center courtyard. In addition to dinner and our famous Halloween costume contest, we will feature entertainment by professional guitarist and vocalist Joe Buonanno. Known as "Guitar Joe," he plays acoustic shows, sings, and handles crowd requests from a massive catalog of over 1,000 songs. Reservations are required for this members-only event. Details will be emailed to our membership and are available on our website at **pet.scaclub.org**. This event alone is a great reason to join the Pet Club!



Diane Rosen ("Mrs. Bingo") presented $1,050 to Hearts Alive Village at July Bingo. Steve Krol matched the gift, and generous players pushed total support to nearly $2,500

Annual club dues are $15 per household. Membership forms are available at the kiosk in Anthem Center.

We are proud to host Community Bingo on the last Wednesday of the month from January through October in Independence Center. This month's Bingo is on September 30. Doors open at 5:15 p.m., card sales ($20 each) end at 6:10 p.m., and play begins at 6:30 p.m. Daubers are also available for purchase. ALL SCA RESIDENTS ARE ELIGIBLE TO PLAY. There is a one-time registration, and residents sign up for each session they wish to attend at **pet.scaclub.org/bingo**. Bingo manager Jo Phillips is happy to help and can be reached at jo1571@gmail.com.

Our rescue recipient for September is Nevada SPCA. They are a no-kill shelter that offers a Pet Food Pantry for families in need. They do not receive funding from any national SPCA or ASPCA organization, nor from any government agency. The Nevada SPCA's Community Support Program is a grant-funded initiative designed to help keep pets with the families who love them. Based on pet needs and approval of grant requests, they connect pet owners with low-cost or no-cost care through their vetted network of veterinary clinics.

For questions about Pet Club, contact us at petclubatsca@gmail.com.

PHOTO

Photo Club

Thanks to all who entered the club's Summer Photo Challenge, "Celebrate America's 250th Birthday." More information will follow.

Congratulations to Neil Nesheim for earning an honorable mention in the 2026 IPPAWARDS, an international competition for iPhone and iPad photographers. This year's competition had thousands of entries from more than 140 countries.

Now that the Photo Club is back from summer hiatus, meetings resume September 17. Our guest speaker will be Harry Ghuman, master photographer. He was the Nevada Camera Club's photographer of the year in 2023 and is the NCC's education coordinator. His presentation will be "Cropping with Intent."



Cowgirl. Photo by Nicholas Nizich



Snake charmer in Varanasi, India. Photo by Susan Barcomb

During our members' travels, what subjects captured their imaginations? In addition to landscapes, seascapes, plants, and animals or birds, a few photographers provided glimpses into the lives of working people.

When we think of people at work, we forget some occupations are outside our realm of experience. Certainly, Susan Barcomb's Indian snake charmer falls into this category. The man seems successful at "charming" two rather large cobras! Here at home, the Las Vegas Valley is a treasure chest of "entertaining" occupations. At South Point Equestrian Center, Nicholas Nizich took an action shot of an iconic American cowgirl. Her skill and determination are evident as she closes in on a calf. Also at South



Where the beat meets the bass. Photo by Dale Popkin

Point, Dale Popkin photographed music legends Bill Medley and Bucky Heard getting soulful during a Righteous Brothers concert. In our area, the music goes on and on!

The club's next meeting is September 17, from 1 to 3 p.m. in the Penn Room, Independence Center. Our informal Cameras and Chat follows on September 23, from 10 to 11 a.m. in the Knox Room. For more information on the Photo Club, visit our website at **scaphotoclub.com**. To join, contact scaphotoclub2023@gmail.com. If you are an SCA resident interested in photography, no matter what your level of experience, we want to meet you.

PICKLEBALL

Sun City Anthem PICKLEBALL Henderson Nevada

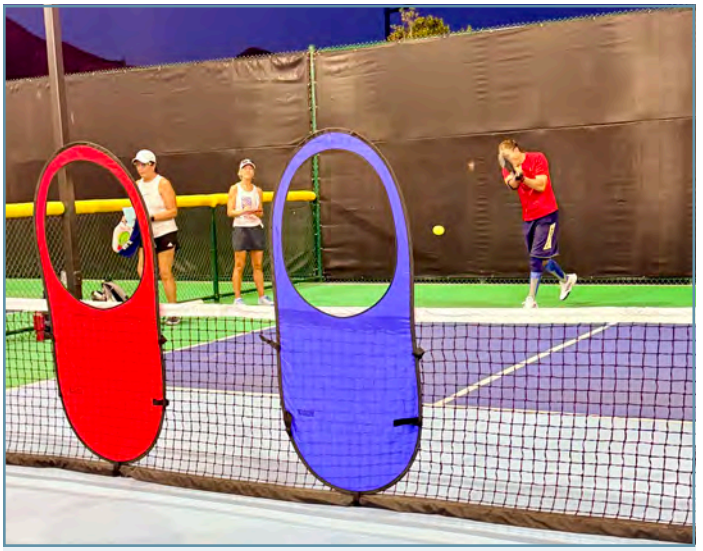
The fastest way to lose a pickleball point isn't a bad shot—it's two partners saying, "I thought you had it!" at exactly the same time.

Whether you're playing in a casual game with friends, a round robin, or a tournament, communication with your pickleball partner is one of the most important factors in your success. Strong communication improves teamwork, reduces unnecessary errors, and helps both players stay confident and focused throughout the match. Regardless of the score or level of competition, doubles is a team game, and effective partnerships are built on clear, positive communication.

Before stepping onto the court, take a few moments to discuss your game plan. Talk about whether your partner is right- or left-handed, who will cover the middle, and how you'll handle lobs. Even if you've never played together before, as often happens during open play and round robins, a brief conversation can help establish expectations, and it can make both players feel more comfortable.



Winners in the club's Independence Day skills competition



After the round robin came target practice

During play, communicate consistently with simple, clear calls such as "Mine," "Yours," "Switch," or "Out." These verbal cues prevent confusion, avoid collisions, and allow both players to react quickly. Calling the score clearly before each serve also keeps everyone on the same page, and it helps maintain the rhythm of the match.

Equally important is the tone of your communication. Mistakes happen to every player, from beginners to professionals. Encouraging comments such as "Nice try," "Great hustle," or "We'll get the next one" help your partner stay positive and recover quickly after an error. Negative reactions, criticism, or visible frustration can damage confidence, and they can create tension that affects the entire team.

Communication is especially valuable in tournaments, where nerves and pressure can influence decision-making. Between



Braving the heat: Players compete during a Wednesday night summer meetup league

points, a quick word of encouragement or a reminder about strategy can help both partners stay composed and focused. In round robins, where partners often rotate, good communication helps build rapport quickly.

No matter if you're playing for fun or competing for a championship, effective communication strengthens teamwork, builds trust, and creates a more enjoyable experience for everyone involved. A partner who communicates clearly will always be an asset on the pickleball court.

Mark your calendar
Daily meetups return this month. Meetups begin at 6:45 p.m.

- **Monday:** Women only.
- **Tuesday:** Mixed.
- **Wednesday:** Beginners and low-intermediates.
- **Thursday:** Men only.
- **Friday:** Mixed.
- **New player orientation**: Tuesday, September 1, 9 a.m. at the Liberty pickleball courts with Larry Strumwasser.
- **General meeting:** Monday, September 14, 5 p.m.
- **Fall Fun League:** Set for five Saturdays in a row, from October 10 to November 7.
- **Bingo night:** Saturday, October 10, 5 p.m.
- **Mixed Doubles Tournament:** Thursday, October 22, 10:30 a.m.
- **Men's Doubles Tournament:** Thursday, November 19, 10:30 a.m.

For a membership application, a calendar, and more info, visit **pickleball.scaclub.org**. Search for our members-only Facebook page, Sun City Anthem Pickleball Club Henderson Nevada. Questions or suggestions? Contact us at scapickleballclub@gmail.com.

PINOCHLE



Play or learn the Pinochle game! Pinochle is an engaging card game that offers a mix of strategy, luck, friendly competition, and fun. Playing can help keep your mind sharp.

Pinochle is played in partnerships, requiring collaboration and teamwork. If you enjoy friendly competition, the game offers a platform for testing your skill against others.

New members wanted! Annual dues are $10. If you already know the game, please join us. If you want to learn or need a refresher, we will teach you. We play both single-deck and double-deck pinochle.

We play every Wednesday from 11 a.m. to 4 p.m. in the Emerson/Franklin Room. Double-deck play starts promptly at 11 a.m., and single-deck play starts at 1 p.m. For those new to single-deck or experienced players needing a refresher, instruction is available at 1 p.m. on Wednesdays.

For double-deck instruction, contact Lisa Detrick at 949-525-2255. She can arrange to meet at 11 a.m. on Wednesdays. For more general information, contact Lisa Detrick or Cyndy Crossman at 951-897-1701.

POKER



Learning to play two pair correctly is as difficult as getting a college education, and just as expensive. ~ Mark Twain.

The Poker Club has joined the HOA charitable gaming permit. This means that a portion of all of our prize pools will be going to charity. The club is proud to support Shade Tree, Meals on Wheels, Rebuilding Together, and U.S. Vets Las Vegas.

We play well with others! Whether you are brand new to the game or a long-time player, you are welcome to play with the SCA Poker Club. Join our wonderful mixed group for a variety of assorted games. We feature:

- **Texas Hold'em** tournaments every Tuesday, Thursday, and Saturday at 10 a.m., with an additional session every other



Thursday at 5 p.m. Morning sessions have open seating, while evening tournaments require online registration to reserve a spot.

- **Seven-card stud** sessions every Saturday at 1 p.m. This session has a limited number of players; therefore, advance online sign-up is encouraged.
- **Omaha hi/lo** games every Tuesday at 12:30 p.m. Because capacity is limited, reserving your spot online is highly recommended.
- **Dealer's choice** games every Tuesday at 12:30 p.m. Everyone deals their own game! Most are high and low, with some declare games included. There are lots of crazy games, but no wild cards. Due to its popularity, this game requires advance online registration to ensure everyone has a place at the table.
- **Texas Hold'em** limit games every Thursday at 1 p.m. and Saturday at 9:45 a.m. Open seating is available for these sessions, so you can just show up and play.

Our website at **poker.scaclub.org** shows our rules under the Information tab, and it provides a listing of our club officers. You can also join the club by clicking on How To Join and following the instructions.

Our membership dues are $20 a year (cheap!) and your annual holiday dinner is included. If you are unsure, you can play as a guest up to five times before joining. If you have any questions, contact us at scapokerclub@gmail.com or through the website.

Joint SCA-Solera poker tournament

Our annual joint tournament with Solera Poker Club will be held on the first Saturday in October. This is an extremely popular event, with 28 players from SCA and 20 from Solera. All eight players at the final table will split the prize equally, and the chip leader will be awarded the bracelet. There will also be a raffle, so there are multiple ways to win! This is a members-only event, so if you are not a member yet, why not join today?



PORCELAIN

Fall is around the corner, and our Porcelain Club members are busy working on holiday projects for gift-giving and home decorating.



Kim's decal plate

Join us

Participate in the fun. Stop by any Wednesday morning from 9 a.m. to noon in the Ceramics Room to see what we are working on. Our club is a welcoming space for all skill levels.



Santa gift



Ready for color painting

When you join our organization, you will receive paint access and a piece of glazed porcelain to get you started.

Members source unique glazed porcelain pieces for painting from popular retailers such as HomeGoods, Amazon, T.J. Maxx, and Maryland China.

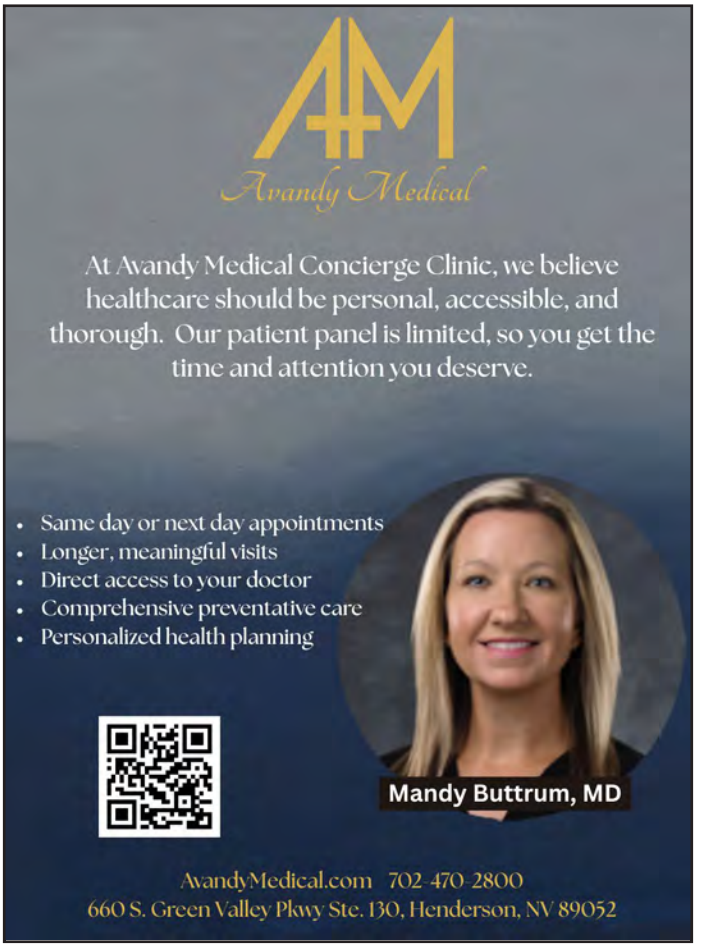
REPUBLICAN

More than a club—a community

The Republican Club of Sun City Anthem is more than a political organization—it is a vibrant community where neighbors connect, friendships grow, and civic engagement comes to life. United by shared values and a commitment to staying informed, our members enjoy meaningful discussions, outstanding guest speakers, and opportunities to become more involved in the political process.







We meet on the second Saturday of each month at 10 a.m. in the Morris/Nelson Room, Independence Center. All SCA residents are welcome. We invite individuals of all genders, races, ethnic backgrounds, cultures, nationalities, and religions. We believe strong communities are built through mutual respect, thoughtful dialogue, and a shared commitment to making a positive difference.

Upcoming meeting
Saturday, September 19, 10 a.m., Delaware Room
Our featured speaker will be announced soon. Be sure to watch your email for exciting updates and meeting details.

July meeting recap
Our annual Happy Birthday USA 250 Summer Social was a wonderful celebration of America's 250th birthday and one of the highlights of the year!

The morning began with games, laughter, and ample time for members to visit with friends old and new. We were also pleased to welcome Republican candidates seeking federal, state, and local offices, allowing members to meet them and learn more about their campaigns.

Following candidate introductions, everyone enjoyed a delicious luncheon catered by New Day Café. Then came one of the day's biggest hits…our spirited game of "Are You Smarter Than a 12th Grader?" U.S. History Edition. It quickly became clear that while many of us once knew the answers, remembering them was another story! The friendly competition provided great fun and a few surprises.

Members also competed in our patriotic attire contest, with one outstanding participant taking home the prize for the most festive red, white, and blue ensemble. Congratulations to our winner!

Our raffle drawings were another exciting highlight of the day. Thanks to the generosity of our members, all raffle proceeds benefited the Bob Sulliman Memorial Scholarship Fund. Congratulations to everyone who went home with a prize while helping support a worthy cause.

And, of course, no birthday celebration would be complete without ice cream and cupcakes! It was the perfect ending to a memorable day filled with patriotism, fellowship, fun, and community spirit.

General election
- Early voting: October 17 to October 30
- Election Day: Tuesday, November 3

Membership and contact information
- Email: inforepclub@gmail.com
- Annual membership dues: $15 per person.

Final thought
The general election is just around the corner, and every vote plays an important role in shaping our community, our state, and our nation. Take time to learn about the candidates, understand where they stand on the issues that matter most to you, and make your voice heard at the ballot box. An informed voter is an empowered voter, and participation is one of the greatest responsibilities—and privileges—of citizenship.

REVERE MEN'S GOLF

The Revere Men's Golf Club (RMGC) develops and coordinates golfing activities and play dates for its members, ensuring that each golf day and format is well organized and responsive to the interests of the membership. Beyond the competition, the club emphasizes goodwill and fellowship as the foundation of all its activities.

Weekly games are held every Wednesday, with start times adjusted seasonally—beginning earlier in the summer and later in the winter. Both Revere courses are used on a rotating basis, with the Concord Course played more frequently.

Membership is open to residents of SCA, with annual dues of $100 per person. This fee includes membership in the Southern Nevada Golf Association (SNGA), which allows members to establish and maintain a handicap index. The balance of the annual dues funds several hosted luncheons throughout the year. Additionally, residents, friends and relatives of members may join as annual guests ($100) when sponsored by a current RMGC member. This sponsorship permits guests to fully participate in the club's activities and traditions. Membership forms are available online at **reveremensgolfclub.godaddysites.com** or at the Revere Clubhouse.

Lexington Course is closed through September 23 for overseeding. Beginning September 24, Lexington Course will be cart path and rough only for powered carts.

Upcoming schedule
September
- September 2, Chapman and Deuces
- September 9, Individual Gross and Net
- September 16, Stableford and Deuces
- September 23, Individual Net and Deuces
- September 30, Two-Man Team Scramble and Skins and Closest to the Pin

October
- October 7, Individual Gross or Net
- October 14, Stableford and Deuces
- October 21, Chapman
- October 28, Four-Man Scramble at Legacy

ROCK AND ROLL PLUS DANCE

Do you love music and enjoy dancing? This is the club for you! We celebrate the spirit of "Old Time Rock and Roll." Our events offer members the opportunity to dance East and West Coast swing, country two-step, twist, freestyle, line dances, disco, and even the occasional cha-cha or foxtrot. No partner is required to join the fun!

You won't want to miss our next dinner dance, "Hibiscus Hop," scheduled for Sunday, September 20. There is still time to join the celebration! The ticket deadline is 5 p.m. Wednesday, September 9.

Pick up a registration form at the club kiosk outside the Activities office and drop off your completed form with payment at our club mailbox across from the fitness desk in Anthem Center. We are transforming the Anthem Center Ballroom into a Hawaiian beach party! Come dressed in island attire (coconut bra optional). The evening features games with prizes, a luau-inspired menu, hula lessons, and live music from the ever-popular Randy Anderson Trio. Tickets are $48 for club members and $55 for guests. Each member may bring up to three guests (resident or nonresident).

Mark your calendar for the remaining Rock and Roll Plus Dance Club events: Sunday, September 20, Hibiscus Hop dinner dance; Saturday, October 10, Saturday social dance; and Sunday, December 20, dinner dance (theme TBA).

It is that time of year again! We are seeking candidates to serve on the 2027 Rock and Roll Plus Dance Club leadership team. All members in good standing are eligible to apply. Open officer positions include president, vice president, treasurer, and secretary, along with five at-large seats. The application deadline is 5 p.m. Wednesday, October 28. Interested members may email one of our election managers: Tamara at tamarae9@hotmail.com or Mary Ann at flowersbymaryann@gmail.com. Voting will take place during our general meeting at 3:30 p.m. Wednesday, November 11 in the Greene Room. All members are encouraged to attend.

Interested in joining our club? Annual dues are $15 per person. Simply pick up a membership form from the club kiosk outside the Activities office, fill it out, and drop it with payment into our club mailbox. Your $15 annual membership quickly pays for itself across our final three events of the year, offering free admission to all social dances and discounted member pricing for dinner dances.



REVERE GOLF CLUB

Revere Golf Shop 702-259-4653 | Buckman's Grille 702-617-5780



GOLF

- Closed with Driving Range – CLOSED
- September 1 through September 20
- September 21 through October 4
- Lexington is CART PATH ONLY with no exceptions due to recent overseeding.

CONCORD

- September 15 through September 21
- Concord fairways and tees are being prepared for overseeding. Greens are unaffected and in great shape.
- Closed – September 21 through October 4
- October 6 through October 20
- Concord is rough and cart path only. Carts may drive in the rough but never in the fairways due to recent overseeding

FOOD & BEVERAGE

Buckman's Grille Early Closures:

September 6 ..... Last seating 4 pm
September 26 ..... Last seating 2 pm

Events Happening at Buckman's Grille:

- Come sing along to Live Music featuring MICHAEL DEAN **Thursday, September 3rd from 5 pm – 7 pm**. Reservations encouraged to save you a seat and enjoy all the 60s, 70s, 80s hits.
- Test your knowledge with Classic Trivia on **Thursday, September 17th from 5 pm -7 pm**. Happy Hour drink and food options available. Reservations required: 702-617-5780.
- Sip, savor, and enjoy our wine dinner at Revere on Friday, **September 25th from 6 pm - 8 pm**. Chef Kreg's 3-course menu paired with 3 hand-picked wines—with a quick guide to each wine's flavor and origin. Love a bottle? Take one home after the event! Reservation Required. Call 702-617-5780.
- Sip on mimosas for brunch every Saturday and Sunday till 2 pm!

Dates and times subject to change. Please confirm your reservation through OpenTable or call 702-617-5783.

Clubs

RV

With summer in full swing, one of the greatest joys of RVing is the opportunity to meet up with family while exploring the beauty and diversity of the United States.

Family caravans, campground reunions, and evenings spent around the campfire create memories that last a lifetime, while each new destination offers another shared adventure. It is not just about the destination; it is about the laughter, shared experiences, and special bonds that grow stronger with every journey across America.

Memorial Day and the Fourth of July are two of the most cherished holidays for families, especially those traveling in RVs. On Memorial Day, many families begin the summer season by gathering at campgrounds, honoring the brave men and women who gave their lives in service to our country. They often attend local parades, visit veterans' memorials and cemeteries, participate in flag ceremonies, and enjoy quiet moments of reflection before sharing a barbecue or picnic together.

Independence Day brings a festive atmosphere filled with patriotic decorations, campground golf cart parades, cookouts, potluck dinners, outdoor games, swimming, and evenings spent around the campfire. As the sun sets, families gather with lawn chairs and blankets to watch spectacular fireworks displays, creating traditions that span generations.

Whether honoring those who served on Memorial Day or celebrating America's independence on the Fourth of July, these holidays offer families the perfect opportunity to reconnect, make lasting memories, and enjoy the freedom of exploring the country together.

Some of the favorite places RVers traveled to this summer include the scenic Pacific Coast, the Black Hills of South Dakota, and the red rock landscapes of Utah. National parks such as Yellowstone, Grand Teton, Glacier, Zion, Capitol Reef, Yosemite, Arches, Sequoia, and the Grand Canyon remain favorite gathering spots because they combine breathtaking scenery with endless opportunities for hiking, wildlife viewing, fishing, and sightseeing.





From traveling north for cooler summer weather to following the changing seasons, or simply discovering charming small towns along the way, RVers know that the journey is made even more meaningful when it is shared with family and friends.

Upcoming rallies

Palm Desert, CA: October 21 to 26. Enjoy an upscale retreat to Palm Desert at Sunland's Emerald Desert RV Resort. Experience a luxury RV resort in the Coachella Valley, near Palm Springs and close to golf, shopping, and desert festivities.

Lake Mead, NV: October 28 to November 2. Enjoy an end-of-summer trip just 45 minutes from home, featuring lake-view lots and plenty of fun over Halloween weekend.

SCA RV Club meets the last Tuesday of the month in the Penn Room, Independence Center at 4 p.m. There are no meetings in June, July, or December. Look for us on the web at **SCA-RV-Club.com**. For more specific information, contact Lennard Grodzinsky, president, at Lennard@rgrgroup.com or 702-499-8570.

Want to join? Scan the QR code.

SCRABBLE

Twelve players participated in our second 50-minute one-on-one round-robin activity of the year. Our club plays Scrabble in a very relaxed, social way all year long, but occasionally a few members want to evaluate how much they have learned and improved. These round-robin games are still friendly but adhere to strict Scrabble rules.

The round-robin groups were:

- **Yellow group:** Ellen Dreyer, Renee DuBoff, Samaria N. Graham, and Dave Sobel (average score: 328).



"Hot Ladies" Elaina, Dana, and Janice

- **Blue group**: Diana Francois, Linda Jarosz, Shelley Lake, Helene Linden, Jan Rohde, Ron Santo, Kathy Stieren, and Audrey Uchill (average score: 285).

Top scorers' averages were Renee DuBoff with 385 and Diana Francois with 333. Hip, hip, hooray to all who participated in our round-robin session!

Our social players enjoyed themselves as usual, especially our "Hot Ladies," who don't even bother keeping score.

Scrabble Club's salute to Labor Day



Ronnie Savino in a 1993 school photo

After graduating from Hunter College with a major in Italian and a minor in education, Ronnie Savino taught first grade in the Bronx. After maternity leave, she returned to teaching at Walden Elementary School in upstate New York. Her greatest reward was seeing how much educational growth the children showed by the end of the school year, especially the kindergarteners. She enjoyed doing special things with them, like making applesauce in the fall or making sugar cookies at Christmas time. She loved her job and never regretted choosing teaching as a profession.

Engineering at United Technologies Research Center from 1978 to 2014 to Dave Sobel hardly seems related to Scrabble. However, early in his career, his supervisor was fiercely intolerant of misspellings, grammatical errors, and poor word choices in technical reports. Over four decades, he proudly inherited that reputation and a lifetime habit of language fussiness that serves him well on the Scrabble board.

Samaria N. Graham is proud that her first job after graduating with a Bachelor of Science from Hunter College was as a research nutritionist at Bellevue Medical Center (formerly Bellevue Hospital). Working with distinguished scientists sponsored by New York University and Columbia University, she contributed to work that benefited the world.

The most significant scientific breakthroughs were:

- Creating a formula that led to commercial products for babies suffering with phenylketonuria (Similac and Enfamil).
- Discovering the importance of potassium in our diets.
- The most dramatic study: A patient entered with "frozen" hands but was able to crochet after our protocol of a high-calcium diet, calcium supplements, and exercises.
- Other studies helped improve techniques for dialysis and leukemia.

Special treat



Mike Molony with his AI dream

Mike Molony, a member who supports our club and is very talented working with AI, sent in his dream vocation of surviving *War Games*. A week of intense, secret fighter pilot training for "Project Chimera" has concluded. Pilots pushed limits while guarding unknown secrets. The covert operation hints at a grave national threat, fueling speculation about its true scope: "Always be ready in 20??"

Come join us

SCA Scrabble plays every Friday from 12:30 to 4 p.m. in the Emerson/Franklin Rooms. Annual dues are $10.

SEWING & QUILTING

September is here, and that usually marks the beginning of fall, but we all know we are still experiencing summer heat. However, it is cool in the Sewing Room! Members are working on holiday projects both for the club and for themselves. With only a few short months left in the year, we have a lot to do.

SCA Annual Holiday Craft Fair is set for Saturday, November 7 in Anthem Center. The Ballroom will feature many vendors, and additional vendors will line the hallway. Stop by the Sewing Club tables. It is not too early to start holiday shopping. We will be displaying some of our holiday items. There are so many items and so few spaces to list them all, but with everything going into preparing for the holidays, you can see our members are busy!

Spotlight this month is shining on our Special Interest Group, **Quilters for Charity**. This group is chaired by Shiela DeFrancesco. They meet on the first Tuesday of the month in our Sewing Room. To quote their mission from our website: "Are your cupboards filled with quilts?" and "Would you like to meet new friends?"



Donna showcases a custom quilt made for her daughter using 4,000 hand-cut strips



Georgia displaying her awesome, fully embroidered quilt

Their purpose is to keep us active utilizing our talents and, most importantly, giving back to our community by making quilts for charitable organizations. All are welcome to share their talents and make new friends at the monthly gathering. In the five years of their mission, they have donated 1,763 quilts to 17 charity organizations across our valley. Members are welcome to attend, and perhaps they too will want to become part of this awesome group. They accept any unfinished quilt tops that are sitting in sewing rooms, as well as completed quilts waiting for a home.



If you are looking for a last-minute gift, visit the Sewing Room. We have many items to choose from. Our room is open Monday through Thursday from 9 a.m. to 6 p.m., Friday from 9 a.m. to 3 p.m., and weekends from 10 a.m. to 4 p.m. We thank our monitors for volunteering to keep this space open so members can work on their projects and residents can shop our window displays. We appreciate our monitors!

Continue to be safe. This community is the best that there is, and we need to stay safe for all of us. The club website is **saq.scaclub.org**. The phone number to the Sewing Room is 702-614-5830. Katrina Heath, club president, can be reached at Alaskak64@gmail.com. She will be more than happy to answer your questions or provide information regarding our Facebook group.

SILVER FOXES SOCIAL AND TRAVEL

The Silver Foxes Social & Travel Club was established nearly 13 years ago to foster an adventurous spirit of travel and to enrich social experiences through group activities. Each month, members indulge in dining out, touring local sites, and joining others for exciting and varied cultural events. For detailed information regarding club activities, check our website at **silverfoxes.scaclub.org**.



Special Interest Group: Gourmet Club fun

International travel. Make this a memorable year to travel, explore, learn, and understand. Our club members develop cultural insights and personal enrichment through a variety of international trips, with ongoing additions from our travel professionals. It is more fun to travel with your Silver Foxes friends! Enjoy exotic destinations like Italy, Japan, Bali, Dubai, Abu Dhabi, Egypt, Tahiti, Singapore, Thailand, South Korea, China, Malaysia, and Vietnam. Travel to the Best of Switzerland, Zurich to Zurich, or take a cruise to the vineyards and villages of the Douro Valley wine country in Portugal. These adventures are a few of the great itineraries made available to our members.

Domestic travel. Silver Foxes also provides many social and learning opportunities through a variety of domestic options. This September, travel with friends to enjoy Wines, Trains, Redwoods-Pacific Northwest Splendor. Later this month, there is an opportunity to travel to the Northeast for the spectacular Globus-Classic Fall Foliage experience. Our travel professionals make booking your journey a pleasure. More enticing opportunities are underway. Stay tuned.

Local. For those who want enrichment closer to home, the leadership team continues to search for a variety of delightful surprises. Consider meeting with old friends and making new ones at a monthly Foxy Ladies Lunch, Dinner with the Den, or both. There will be outings to local points of interest, Stay & Play activities, and the Lunch 'n Learn program.

Shared interest groups. Shared interest groups (SIGs) are designed to enrich and engage our members. Join us for bunco, book clubs, gourmet clubs, and Silver Wolves (focused on the men). Our very popular Wine Appreciation Group partners with local professionals and businesses to bring you educational meetings and wine tasting events.

Membership. Not a member yet? Fill out the online registration form found on our website. On your browser, type in **silverfoxes.scaclub.org**. Afterwards, submit your cash or check for $15 per person to our mailbox in Anthem Center. Checks should be payable to Sun City Anthem Community Association, Inc.; add "Silver Foxes membership" to the memo line. Our website offers a rolling renewal date, meaning annual membership is due for renewal one year after your registration and payment.

Questions. Check out our club overview on the SCA website. Also, reach us at silverfoxessocialandtravelclub@gmail.com or contact club president Debra Reckling at debrscasilverfoxes@gmail.com.

SILVER STEPPERS



Silver Stepper members are showing off their cool moves and snazzy T-shirts on dance floors around town. In late June, some of our members went line dancing at the M Casino patio. Silver Steppers also danced up a storm at several SCA events.

We are planning additional gatherings at the recently opened Stoney's at Sunset Station and Gilley's at Treasure Island. Additionally, we are planning a return trip to our tried-and-true spot for line dancing, Viva Tequila. Members, watch your email for details.

Our Halloween Hoe-Down party on Saturday, October 31, is accepting reservations through October 15. We will be grilling and dancing at Independence Center courtyard to celebrate the Silver Steppers' first anniversary as a club. The menu includes burgers and hot dogs, with all the fixings.

Our weekly dance classes are FREE for members. The current dance class schedule is:

- **Sundays:** Line dancing, 11 a.m. to 12:30 p.m., Liberty Center
- **Tuesdays:** Ultra-easy beginner line dancing, 12:30 to 1:45 p.m., Liberty Center
- **Fridays:** Line dancing, 11:15 a.m. to 1 p.m., Liberty Center

Our goal is to inspire connection, build self-confidence, and bring excitement to the dance floor through inclusive, fun-filled programs that welcome everyone.



Summertime line dancing on the M Casino patio

Clubs



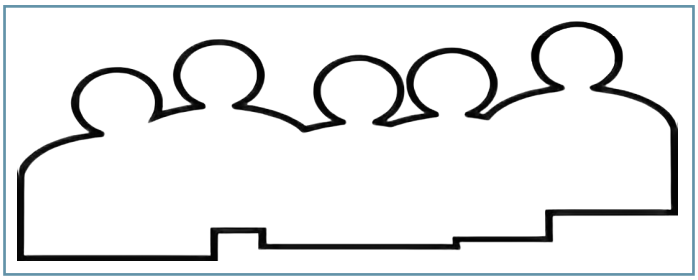
Happy hour line dancing at SCA

You may join our club for $10 per calendar year. We offer dance instruction, group trips to local dancing venues, and friendship gatherings. Application forms are available at the kiosk near the Activities office. Submit your completed application and dues to our club mailbox located in Liberty Center.

If you need additional information or have questions, contact us at scasilversteppers@gmail.com. See you on the dance floor!

SINGLES

Welcome. Are you single and searching for new friends and exciting experiences? Would you prefer to attend events with other singles rather than going alone? We would love for you to join our club meetings to see if you would like to become a member. We are excited for a season filled with friendship and fun.



Monthly meetings. Fall is here, and we are looking forward to an active season. We meet twice a month. Each month, we gather at local restaurants for dinner, lunch, or happy hour. These meetings provide a wonderful opportunity to socialize with old friends and meet new singles. We invite all single SCA residents to join us for refreshments, to socialize, and to learn about our club. Those who are not Singles Club members are always welcome to attend as guests up to three times before becoming members.

Special events. The Singles Club offers various events throughout the month, along with our dining-out gatherings. One popular activity is meeting weekly for Rummikub games. Other activities, such as mini-golf, movie afternoons, bingo, and bowling, are available. Sign-up sheets are available during our monthly meetings and via email invitations.

Membership. Annual dues are $10 per person. A membership form can be found at the kiosk next to the Activities office in Anthem Center. Checks should be made payable to Sun City Anthem Community Association, Inc., with Singles Club noted on the memo line and deposited in the Fitness Center mailbox. You can also sign up at any of our meetings. Direct any questions to our club president, Gunnar Oehman, at scasinglesclub@gmail.com.

Upcoming elections. We are soon going to welcome a new leadership team of officers for 2027. At present, we are looking for members interested in serving. Each role is small but especially important, and previous team members are available to teach and assist newcomers. Step forward and let us know your interest or nominate a friend whom you think would love to serve. Reach out to Gunnar to get involved. We have many singles here at SCA, and our club has provided a wonderful way to get to know others in this community. We want our club to thrive, and to do so, we need each member's support.

SOFTBALL

Did you know September is the best sports month of the year? Football, hockey, and basketball kick off, and the greatest sport of all—baseball—is in the final pennant drive toward the playoffs and World Series.

With cooler weather arriving, there is no better time to play the senior version of our national pastime as part of the Sun City Anthem Softball Club. We play softball all year round; the only things stopping us are holidays and rain.

If you have thought about returning to the game, why not step back onto the diamond with fellow seniors who play purely for the love of sport? Sun City Anthem Softball Club has been part of our community since the very beginning of SCA. We are approaching our 30th anniversary, and our annual dues have not changed in over a decade. For just $20, you can join us for 12 full months. Dues cover the cost of new softballs provided at every scrimmage, a new softball club T-shirt as they become available, and any field trips we take to the Big League Dreams ballpark here in Las Vegas.





We play coed underhand slow-pitch softball in a fun and competitive environment. Our members include men and women of all ages, from their late 50s to a couple of 80-plus-year-olds. Most members who join have not played in many years. We welcome players of every skill level, and the primary goal of the club is to have fun.

Every Tuesday and Friday morning, senior slow-pitch softball games are hosted by Sun City Anthem Softball Club at Anthem Hills Park field No. 1, next to Anthem East Trailhead at 2256 N. Reunion Dr., Henderson, NV 89052. The bright blue sky and views from the ballfield are simply awesome.

Our summer start time of 7:30 a.m. will continue into September. As weather finally cools off, we will transition to a later morning start time. Attendance is not required for any of our softball club scrimmages. We count the number of players who arrive and divide into two or three equally skilled teams, with everyone choosing their own position. With seniors of every age, we have a spot for everyone.

If this sounds like an experience you would like to try without obligation, join us at Anthem Hills Park on a Tuesday or Friday morning to see the action firsthand.

Each year during August, Henderson Parks and Recreation works on our regular Anthem Hills Park softball field, and we relocate just down the street to the Sunridge Park softball diamond. The photos featured here highlight our backup field in all its beautiful glory.



SPOTLIGHT

The Spotlight Club is currently on hiatus. All Spotlight members are encouraged to attend the upcoming membership meeting. Stay tuned for more information. Meanwhile, enjoy the rest of the summer — stay safe, cool, and keep hydrated!



Gail Beckman and George Gingerilli sing *Could It Be Magic*



Christina Challey-Starr and Jim Starr sing *Living in a Magical World*



Judy Kowalczyk, Don Walsh, Julie DuMay, and Linda Cusick-Walsh in *You Can Do Magic*

STRATEGY GAMES



The Strategy Games Club has many fun and challenging games, to suit players of all skill levels. ***Players new to modern board games start with easy games and advance at their own pace.***

Come check out our games library, where we have over 80 games ranging from easy to complex. Each session, members select games from our cabinets that they wish to play, and others join them. We have something for everyone.

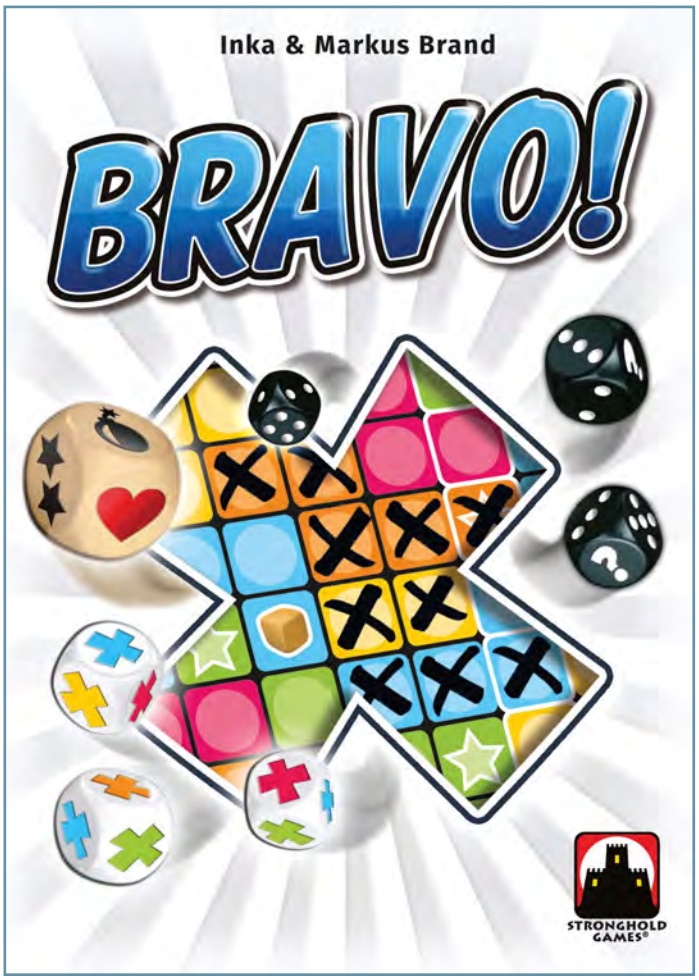
We have many small and portable games that involve players rolling dice and marking the results on sheets of paper or erasable boards. These are often called roll-and-write games. They sometimes have a solitaire variant.

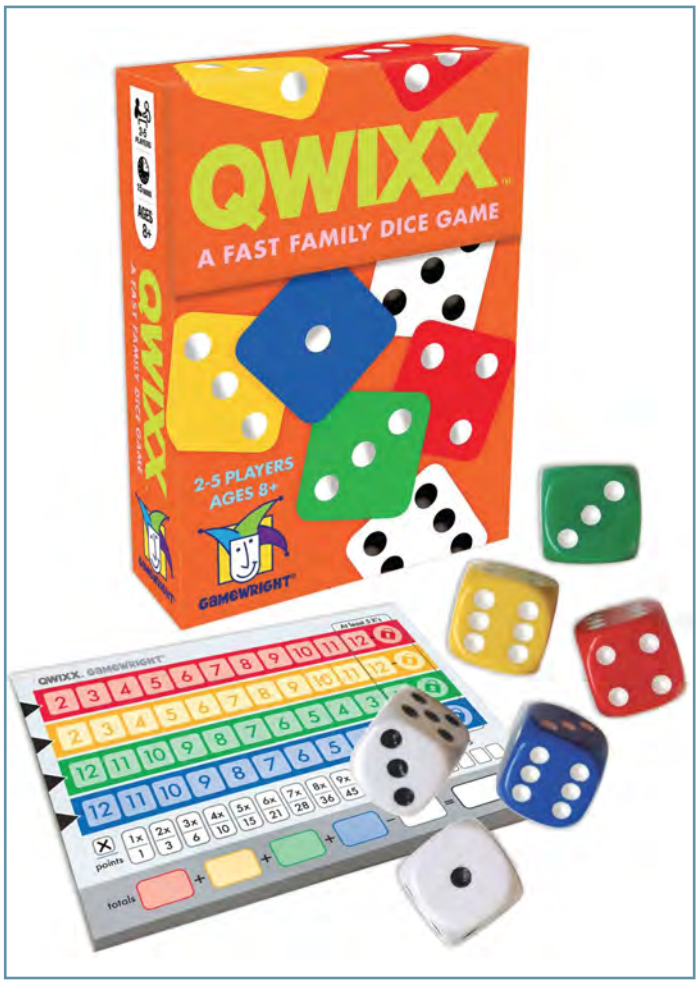
BRAVO! is a roll-and-write game for one to six players where you fill in colored blocks on your own score sheet. The dice determine which color and how many spaces you can mark off.

There are seven dice – one of which has elements like a bomb, a heart, double stars – which provide options for crossing things off your scoreboard. The active player chooses one or two of the dice, and the other players choose from the remainder. Rows and columns, and completed colors, are scored.



QWIXX is a dice game where each player has a scoresheet with the numbers 2 to 12 in rows of red and yellow and the numbers 12 to 2 in rows of green and blue. To score points, mark off as many numbers as possible, but you can mark off a number only if it's to the right of all marked-off numbers in the same row.





On a turn, the active player rolls six dice: two white and one of each of the four row colors. All players can choose to mark off the sum of the white dice on one of their four rows. Then, the active player can choose to additionally mark off the sum of one colored die and one white die in the row that's the same color as the die.

The more marks you can make in a row, the higher your score for that row. Fail to cross off a number when you're the active player, however, and you must mark one of four penalty boxes on your scoresheet.

Players tally their points for each color, sum these values, then subtract five points for each marked penalty box. Highest score wins.

Come to one of our club's three weekly sessions, and we'll teach you how to play **BRAVO!**, **QWIXX**, or any of our other games. We meet in Liberty Center on Mondays and Saturdays from 1 to 4 p.m., and Thursdays from 5 p.m. on.

Our dues are $10, but come try us out for free! Come at the beginning of the session, and stay for one game, two or more! We are a congenial group that just wants to have fun, and we look forward to meeting you.

For more information, click on Strategy Games under the Clubs section of the SCA website, email sca-sgc@googlegroups.com, or call Doug Chorey at 425-802-4718.



Club members Larry Berger and Odo Wang

TABLE TENNIS

The Table Tennis Club is open to all SCA members and their guests, regardless of experience. Table tennis is a fantastic way to stay fit while enjoying a friendly, social environment. Benefits include:

- Improved cardiovascular health
- Increased muscular strength and endurance
- Enhanced joint flexibility and range of motion
- Low-impact exercise suitable for all ages
- Calorie burning and weight management
- Better hand-eye coordination
- Mental focus and quick decision-making

Whether you are a seasoned player or brand new to the sport, you will fit right in. Our club brings together players of every skill level, from seasoned competitors to beginners.

Open play and membership
You are invited to drop in during any of our open play sessions listed below. If you decide to join the fun regularly, membership is only $10 per year. Applications are available during club hours in Independence Center.

Club schedule – Independence Center
Fitness Room
- Monday, Wednesday, Thursday, and Friday: 5:30 to 9 p.m.
- Tuesday: 7 to 9 p.m.
- Saturday and Sunday: 2 to 7 p.m.



Aerobics Room

- Monday, Tuesday, Thursday, and Friday: 5:30 to 9 p.m.
- Wednesday: 6:45 to 9 p.m.
- Saturday: 2 to 7 p.m.
- Sunday: 5:30 to 9 p.m.

New table tennis robot

All members now have access to a brand-new table tennis robot, and this advanced ball machine helps players practice a wide range of strokes at adjustable speeds. It is available on Mondays in the equipment room from 5:30 to 8:30 p.m. Come check it out to elevate your game.

Equipment and contact

Most players bring their own paddles and balls, but loaner paddles are available. For more information, or if you are not receiving our newsletters, contact any club officer or email Table.Tennis.Club.SCA@gmail.com.

TENNIS

The Tennis Club welcomes everyone, regardless of experience or skill level. Whether you are picking up a racquet for the first time or have played for years, there is a place for you here. We offer a variety of play groups, drop-in sessions, mixers, drills, and tournaments to suit different interests and abilities. Getting started, improving your game, staying active, and meeting fellow players is simple.



Our lighted courts include eight courts at Anthem Center and three courts at Liberty Center, allowing members to play until 9 p.m. year-round. Members continue to enjoy the beautifully resurfaced courts at both locations, providing outstanding playing conditions throughout every season.

Join us on Saturday, September 5, as we kick off the return of Organized Saturday Mixed Doubles with our US Open Team Cup! Celebrate the excitement of the US Open by representing your favorite American tennis player—wear a shirt, hat, or name tag in their honor. Enjoy a fun morning of mixed doubles, friendly competition, and post-match refreshments to start the fall tennis season.

Weekly opportunities continue throughout September. Tuesday Twilight Tennis offers a fun way to enjoy doubles during the cooler evening hours, while Wednesday Morning Drop-In Drills allow players of all levels to improve their skills, build confidence, and meet fellow members in a welcoming environment.

We are looking forward to an exciting fall season filled with organized play, social events, and opportunities to connect both on and off the court. Whether you are a long-time member or new to the club, we encourage you to participate and experience everything the Tennis Club has to offer.

Looking ahead to 2027, the Tennis Club seeks members interested in club leadership. Every event, tournament, social gathering, and organized play session happens because members generously contribute time, talent, and ideas. New leaders and fresh perspectives help the club continue to grow, evolve, and provide the outstanding programs our members enjoy.

No prior leadership experience is required—just a willingness to help and a passion for our tennis community. Whether serving in a leadership role, planning events, or helping behind the scenes, many opportunities exist to contribute. Watch for more information in the coming months as we build our 2027 leadership team.

We look forward to seeing you on the courts!



VETERANS

The Veterans Club welcomes every SCA resident to join us and experience what "thank you for your service" truly means. We meet on the second Tuesday of the month at 6 p.m. in the Delaware Room. Dues are $15 a year. For more details, visit our website at **veterans.scaclub.org**. If you join in September, your membership remains valid through September 2027.

Thank you to everyone who helped make our annual Ice Cream Social a success. It takes many hands to make it all work, and every hour given was deeply appreciated. There was plenty of ice cream in all your favorite flavors. Thank you, Albertsons! More than 44 gifts were raffled off, with proceeds going to veteran organizations that support former service members throughout the area.

Our September 8 meeting is a special one. Abraham Lincoln will be attending to answer questions and share the history behind the Gettysburg Address, so have those Civil War questions ready. In addition, Bonnie Meadows and the Quilts of Valor quilters will be honored for the quilts presented to our members over the past year.

Note changes to our October and December meetings:

- **October 13:** Game Night. Vice president Toni Miller is putting together the games, so it promises to be a lot of fun.
- **December 8:** Member Appreciation Event. Masterpiece Cuisine will cater the event, which will be held in our regular location, the Delaware Room.

We are always looking for ways to improve our club and would love to know how we are doing. Are there changes you would like to see? Do you have great ideas you believe everyone will enjoy? Don Walsh and Bob Meadows are developing a survey to gather your input and will explain more at our upcoming meeting.



Veterans Club treasurer Linda Walsh and member-at-large Don Walsh

WOMEN'S

The Sun City Anthem Women's Club fosters meaningful community relationships, provides charitable contributions to local southern Nevada nonprofit organizations, and creates a spirit of camaraderie, friendship, and informational opportunities for its members. This mission is accomplished through fun and innovative programs and events supported by our membership. If you are looking for a group doing important work in our community while making friends, having fun, and participating in philanthropy, then the Women's Club is the place for you!

We hope everyone had a glorious Fourth of July celebrating our nation's 250th birthday. Did everyone manage to stay cool during our warm summer days and nights? Now that fall is approaching, temperatures should slowly cool down. The fall months mean that the Women's Club will be back in full swing. While we remained active during the summer with special events and charity committee service days (Spread the Word and Project Marilyn), our luncheons start again on Thursday, September 10. Proceeds from our raffle sales will go to a different small local charity for each of the nine luncheons from September to May.

Our September luncheon charity is Positively Arts. This past spring, entertainer Clint Holmes, who serves on the Positively Arts Board of Directors, headlined our luncheon and brought four talented young future entertainers to perform for us as well.



A great turnout of dedicated volunteers at the Spread the Word Nevada service day



Ladies who lunch



Ladies having fun making jewelry

This month we will have a chance to meet other talented young performers from the organization.

The club does more than raise money for charities or host fun social events; sometimes, we act as a middleman. Last year, a former Board member discovered the charity Foundation to Assist Young Musicians (FAYM), which gives violin and guitar lessons to young students in mariachi and the classics. At the end of the school year, they present a Golden Violin worth $1,000 to a deserving student planning to continue their studies after high school. That year, two students received Golden Violins. The Board member donated an inherited violin from a loved relative to help make this possible.

Our matchmaking role continued when the SCA Activities Office contacted the club regarding a donated grand piano. The club put them in touch with Positively Arts, which gave the piano to a deserving family for their children's music studies. These generous musical donations totaled several thousand dollars, and both instruments will be loved and played for many years to come.

We look forward to seeing you at this month's luncheon. Keep your eyes out for the announcement of September's special event.

If you are looking for an active club doing good work in this community and helping to make a difference while having fun, then the Women's Club is the place for you. Come join us!

WOODCHIPS



Google defines a "pioneer" as a person who is first to explore, settle, or develop a new area, idea, or field. Our country and certain businesses have had plenty of pioneers over the years. SCA also has had a pioneer when it comes to the creation of innovative clubs that have enhanced the lifestyle of all types of SCA residents. This person was instrumental in helping to start the Hiking Club, the Sewing Club, the Arts and Crafts Club, and the Woodchips Club. (More on the Woodchips Club in a moment.)

This person is Jeanne Zorick. Jeanne and her husband, Steve, moved to Anthem in May 1999. Over the course of several years,

VIVA VOLUNTEERS – TODAY FOR TOMORROW

Volunteer with SCA and help make a difference in our community!

There are a few ways to apply:

- Complete the online application on the Volunteer Program page at scahoa.com.
- Pick up a paper application from the Membership Office. You can drop off the completed form in the Volunteer Interest mailbox at the entrance to the Fitness Center or email it to volunteer@scacai.com.





Jeanne was involved in the establishment of the clubs mentioned above, as well as the creation of our free lending library.

Jeanne's involvement in the creation of the Woodchips Club required an unusual amount of work and perseverance. During her tenure as president of the Arts and Crafts Club, a member mentioned to Jeanne that Del Webb was not very responsive to the idea of a Woodchips Club, so Jeanne got a petition together and gathered over 100 names, addresses, and phone numbers of residents who would support a club to present to Del Webb management. That, along with some additional information, resulted in the club being established in 2003. Furthermore, when Independence Center was being designed, Jeanne was on the committee that decided what was to be included in the building, resulting in space for the woodshop. Move over, Lewis and Clark!

Jeanne supports the Woodchips Club as a volunteer monitor, and she also has time to build her own wood projects. One type of project she likes is the repurposing of existing wood pieces into items that can serve her needs. In the picture featured, she took an old door and created a coat rack and storage unit for the entryway in her home.



COMMUNITY SERVICE GROUP

THE MORE YOU KNOW



Address Light Bulb Replacements

If you have received a notice regarding your home address light bulbs, the Community Service Group (CSG) Home Maintenance volunteers are here to help.

To ensure consistency and save you money, we recommend contacting CSG for replacement bulbs.

Please contact us at 702-614-5862 or visit our website at scahoa.com and submit a request for your replacement bulbs today.

STAY CONNECTED

SCAHOA.COM



KEY FEATURES
- Buy Show Tickets
- Explore Amenities
- Local Attractions

RESIDENT PORTAL
- Event Calendars
- Fitness Schedules
- Community News

AND MORE...

SUN CITY ANTHEM HOME & HEALTH EXPO



Saturday, October 3, 9 a.m. to 1 p.m.
Ballroom, Anthem Center
Activities Office (702) 614-5822

THE WINTER BAZAAR

at Sun City Anthem

Saturday, November 7, 9 a.m. to 2 p.m.

Anthem Center, 2450 Hampton Road
(702) 614-5822 / scahoa.com



MOVIE Matinee



THURSDAY, NOVEMBER 12, 2 P.M.

FREEDOM HALL, INDEPENDENCE CENTER

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On The Spot Air / 702-713-7912
Air conditioning and heating.
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